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# IAAF Challenge Moves To Italy; Platzer, Fernandez Prevail

Seato San Giovanni, Italy, May 1-Spain's Francisco Fernandez and Norway's Kjersti Platzer scored decisive victories in 20 Km races at the 52nd edition of the Coppa Cittadi Sesto San Giovanni, the fourth race of the 2009 IAAF World Racewalking Challenge. Fernandez simply overwhelmed the rest of the field over the second half of the race to win by nearly 2 minutes in 1:19:57. Platzer had a tougher time but finally cruised home in 1:28:50 with a 13-second advantage over Germany's Sabine Krantz (nee Zimmer). The Norwegian ace scored her third Challenge win of the year to increase her lead in the Challenge standings.

In the men's race, Italy's Ivano Brugnetti went to the front early and at 5 Km he, Fernandez, and Norway's Erik Tysse (Kjersti Platzer's brother) were together in 20:13, 42 seconds ahead of Mexico's Jesus Sanchez and Italy's Giorgio Rubino. When Brugnetti dropped out at 6 Km with stomach problems, it became a two-man race. But not for long. Fernandez made a move at about 9 Km and by 10, which he hit in 40:16, he had a 10 second lead. That was it. He continued to step up his pace doing 19:51 and 19:50 for the final two 5 km splits and Tysse had no answer.

"The conditions were perfect. It was not too warm," said Fernandeez. "I walked very easily in the first half before increasing the pace in the second half. It was my first competition after three weeks of training in South Africa. I have not decided yet whether to compete in the 20 or in the 50 in Berlin (World Championships in August). I have two more competitions in Madrid and Krakow before a second period at altitude.:

Tysse commented: "I tried to push Fernandez in the first half but I had a minor problem. My coach told me to relax and secure the second place. I have now two more competitions in Krakow and La Coruna before a training period in St. Moritz."

It was the 30th Edition of a women's race at Coppa Citta di Sesto San Giovanni and Platzer won for the third time, her earlier wins coming in 2002 and 2008. Platzer and Krantz led from the beginning and went through the first 5 in 22:33, with Italy's Elisa Rigaudo a second back. The pair was still together at 10 Km in 44:27 as they stepped up the pace, building a 17 second lead over Rigaudo. That lead increased to 21 seconds by 15 Km, which they passed in 1:06:53. Platzer made her move with 2 Km to go and easily pulled clear to her decisive win.

"I was tired, but I tried to remain focused on my technique:, said Platzer, who plans to retire at the end of the year. "Sesto is a special race for me. It celebrates its 30th anniversary of women's walking here and this is my 30th anniversary as a racewalker. I started walking at the age of 8 in 1980. My international career started with the European Junior Championships in Cottbus Germany. My first European Championships as a senior were in Stuttgart in 1986 and I made my debut at the World Championships in 1993 in Stuttgart. I will end my career in Germany at the World Championships in Berlin. It's time to end my career. I have a job at Adecco and I have two children."

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Krantz was pleased with her day. "It was a super performance", she said. "The German Federation required 1:31 to qualify for Berlin. I was forced to drop out of the race in Rio Maior. I cannot describe how important the World Championships on home soil are for me. There I expect strong support from the local people."

The results:

Women's 20 Km-1. Kjersti Platzer, Norway 1:28:50 2. Sabine Krantz (nee Zimmer), Germany 1:29:03 3. Elisa Rigauso, Italy 1:29:04 4. Vera Santos, Portugal 1:29:27 5. Beatriz Pascual, Spain 1:29:54 6. Claudia Stef, Romania 1:31:53 7. Kumi Othoshi, Japan 1:31:57 8. Masumi Fuchise, Japan 1:32:45 9. Ana Maria Groza, Romania 1:33:56 10. Zuzana Schindlerova, Czech, Rep. 1:35:33 11. Tatiana Korotkova, Russia 1:35:37 12. Susan Feitor, Portugal 1:35:40 13. Evangelia Zynou, Greece 1:37:31 14. Ainoha Pinedo Gonzales, Spain 1:38:25 15. Victoraia Madarasz, Hungary 1:38:53 16. Rachel Lavallee, Canada 1:39:49 17. Evdokiya Korotkova, Russia 1:40:18 (21 finishers, 2 DQ

Challenge Standings after 4 events: 1. Platzer 42 2. Santos 20 3. Stef 19 4.Ines Henriques, Portugal 18 4. Rigauso 16 6. Pascual 15

Men's 20 Km: 1. Francisco Fernandez, Spain 1:19:57 2. Erik Tysse, Norway 1:21:53 3. Joao Vieira, Portugal 1:23:15 4. Jesus Sanchez, Mexico 1:23:21 5. Giorgio Rubino, Italy 1:23:42 6. Andre Hohne, Germany 1:23:56 7. Alex Schwazer, Italy 1:24:23 8. Trond Nymark, Norway 1:25:18 9. Alejandro Cambil, Spain 1:25:36 10. Jarkko Kinnunen, Finland 1:25:49 11. David Dominquez, Mexico 1:27:53 12. Mikel Odriozola, Spain 1:27:56 13. Diego Dafagna, Italy 1:28:05 14. Theodoros Kefalopoulos, Greece 1:28:10 15. Andrea Adragna, Italy 1:29:29 16. Jose Diaz, Spain 1:31:31 17. Daneile Masciadri, Italy 1:31:57 18. Francesco Ciappa, Italy 1:32:45 19. Michael Doyle, Ireland 1:33:05 20. Jose Manuel Sanchez, Spain 1:34:19 (25 finishers, 8 DNF, including Ivano Brugnetti, Italy, 5 DQ including Ivan Tortski, Belarus. Challenge Standings after 4 events: 1.Tysse 25 2. Jesus Sanchez 23 3. Eder Sanchez, Mexico 21 4. Hao Wang, China 19 5. Fernandez 18 6.Rubino 16

### Heat Rules the Day At European Cup

Metz, France, May 24 (From reports of European Athletics and the IAAF)-There was a day of shock results at the European Racewalking Cup in scorching temperatures, climaxing with a totally unexpected clean sweep by the Italians in the men's 20 Km race.. That sweep was led by Giorgio Rubino, who could manage only fifth three weeks earlier in Sesto (see above) He was 24 seconds slower in today's heat, but unchallenged at the finish.

Likewise, Spain's Maria Vasco surprised in the women's 20 with a relatively easy win in a slowish 1:32:53 The heat did not seem to deter Russia's Denis Nizhegorodov, a silver medalist in the 2004 Olympics, bronze medalist in Beijing last year, and 2006 World Cup winner, as he strode to a convincing win in 3:42:47 Junior 10 Km wins went to Russia's Tatyana Mineyeva in 44:16 and Stanislaw Yemlyanov in 41:22.

The 50 started at 8 am in somewhat cooler but rising temperature It got into the 30s (C) by afternoon., or over 90 to we Yankees. Nizhegorodov, who holds the world record took over the race at 30 km and flew away from his only pursuer at that time, the Ukrain's Oleksiy

Kazanin, who eventually gave up the effort.. Seemingly unaffected by the heat, the Russian's face looked no different from the 20 Km mark right to the end when he crossed the line totally in charge without even a commiserating glance to the left as he teammate Sergey Bakulin started his last lap. Bakulin finished fourth.

Toughness payed off for the silver medal, as well. Spain's great veteran, 40-year-old Jesus Angel Garcia, the 1997 World Cup winner and fourth in Beijing last year, moved past the sufferers over the second half to finish in 3:46:27, two minutes slower but two places better than in Beijing. Russia's Yuriy Andronov was third in 3:49:09, well ahead of Bakulin, and two more Spaniards, Mikel Odriozola and Jose Cambil filled out the top six.

In the 20, Rubino was willing to play a waiting game as France's Yohann Diniz seemingly unaware of the heat set off at a sub 1:18 pace. Diniz was caught by Ireland's Robert Heffernan, Italy's Ivano Brugnetti, and Russia's Pyotr Trofimov at about 6 ½ km. That trio hit 8 km in 32:18, with Diniz laboring but still leading Rubino. Rubino caught Diniz at 11 km and then sped past the leading trio at 13 Km. While Rubino opened up a gap with ease, the following trio tracked each other all the way to 16 m,

Trofimov, keeping an eye on the DQ board and seeing the other two eachhad only one card left, made a break. It was quickly checked by Brugnetti and then Heffernan who moved into third. And then along cam the third Italian, Jean-Jaques Nkouloukidi, of Congolese and Italian heritage, who sped past Heffernan in the final 2 Km to snatch away the bronze medal.

Rubino said: "I have a completely new team of physio, pscyhologist, osteopath-and of course a new coach, the legendary Sandro Damilano." )And who among our walkers can field such a team?)

In the women's 20, Maria Vasco finally made it to a gold medal in her 18th year of walking. She has three major bonze medals, including the 2000 Olympics. Today, she was canny enough to wait until others had wilted and DQ's mounted. Those factors also allowed Russia's Anisa Kirdyapkina and Lithuania's Kristina Saltonovic to move into medal spots, Saltanovic wining Lithuania's first walking medal of any sort in modern times.

A group of 19 headed by Portugal's Susana Feitor cruised through 2 Km in just over 9 inutes. But only a lap later the pack was split in two with one of the farorites, Germany's Sabine Krantz, cropping away. A circuit later, Feitor was already going through a terrible time and starting to lag behind both groups.

Vasco dug in to head the field through the 10 Km in 45:15, 7 seconds ahead of a line of six, now strung out.. From there, Vasco used all her 33-year-old know-how to hold steady. Although she slowed again, a string of sub-1:30 walkers behind were getting even slower.

Portugal was on its way to team gold when disaster struck at 16 km. The Chief Judge showed the red disc to Vera Santos and Inez Henriques, lying second and third. It seemingly gave Romania's Ana Maria Groza the silver, but a DQ board as slow as some of the walkers removed her from the podium as well—and this after she had joyously crossed the line. Vasco said, "The heat was terrible, but in that position you just have to keep going."

In the Junior Men's 10 Km,he Russians won the day, but not, as expected, in the perosn of Denis Strelkov. Stanislav Yemalyanov was clearly feeling good, because by 6 Km he took an incredible 25 seconds out of teammate Valeriy Filipchuk, who wasn't hanging around by Strekov either.

Yemelyanov went through 8 km in 32:18, but with two red cards showing on the board, he reined it in from there, with the vctory already won. Filipchuk took the silver ahead of surprise bronze medalist, Veli-Matti Partanen of Finland. The last time a Fininsh walker placed as well was in 1994 when Sari Essayah won the women's European 10 Km Championship.

In the Junior Women's 10 Km, the gap at the end between first and second was the biggest in the history of the European Racewalking Cup. World Cup winner Tatyana Kalmykova, the favorite for the race, was trying to close the gap on leader Tatyana Mineava, but came to a skidding halt when presented with the red disc. Almost immediately, the third Russian Kzeniya Trifonova suffered the same fate and the Russian quest for team gold, which seemed certain, was finished.

Romania's Adriana Turnea could hardly believe her luck when supporters and officials told her she was now second. The Russian's demise presented Italy with the team gold. The results:

Men's 20 Km: 1. Giorgio Rubino, Italy 1:24:06 2. Ivano Brugnetti, Italy 1:24:54 3. Jean Jaques-Nkouloukdi, Italy 1:25;07 4.Robert Heffernan, Ireland 1:25:21 5. Pyotr Trofimov, Russia 1:25:50 6. Juan manuel Molina, Spain 1:25:58 7. Rafal Augstyn, Poland 1:26:06 8. Yohann Diniz, France 1:26:59 9. Matej Toth, Slovak Rep. 1:27:29 10. Jarkko Kinnunen, Finland 1:27:49 11. Francisco Arcilla, Spain 1:28:24 12. Matto Giupponi, Italy 1:28:47 13. Migel Angel Lopez, Spain 1:29:23 14. Ivan Losyev, Ukraine 1:30:50 16. David Tomala, Poland 1:30:56 17. Rafal Sikora, Poland 1:31:00 18. Antonin Boyer, France 1:31:11 19. Andrey Ruzavin, Russia 1:31:27 30. Pedro Isidro, Portugal 1:31:54 (33 finishers, 18 DNF, 5 DQ. The most prominent DNF was Norway's Trond Nymark and the most porminent DQ Germany's Andre Hohne.) Teams: 1. Italy 6 2. Spain 30 3. Poland 40 4. France 47 5. Russia 51 6. Slovak Rep.. 56 7. Ukraine 59

51 6. Slovak Rep., 56 7. Ukraine 59 Women's 20 Km 1. Maria Vasco, Spain 1:32:53 2. Anisya Kirdyapkina, Russia 1:33:28 3. Kristina Saltanovic, Lithuania 1:34:17 4. Olive Loughnane, Ireland 1:34:51 5. Larisa Yemelyanova, Russia 1:36:16 6. Beatriz Pascual, Spain 1:36:28 7. Elena Shumona, Russia 1:36:51 8. Snizhana Yurchanka, Belarus 1:36:14 10. Vera Sokolova, Russia 1:36:43 11. Julia Takacs, Spain 1;37:01 12. Katarzynha Kwoka, Poland 1:37:36 13. Ana Cabecinha, Portugal 1:38:01 14. Marie Polli, Switzerland 1:39:02 14. Claudia Stef, Romanin 1:39:10 16. Paulina Buziak, Poland 1:39:23 17. Rodo Florido, Spain 1:39:40 19. Karolina Kaasalainen, Finland 1:39:48 20. Brigita Virsalyte-Cimsiene, Lithuania 1:40:41 (40 finishers, 9 DNF, 5 DQ-Most prominent the three Portugese aces Susana Feitor, Ines Henr9ques, and Vera Santos, the latter two disqualified and Germany's Sabine Krantz,.) Teams: 1. Russia 14 2. Spain 15 3. Slovak Rep. 72 4. Switzerland 83 5. Ukraine 85 6. France 103 7. Hungary 104 Men's 50 Km: 1. Denis Nizhegorodov, Russia 3:42:47 2. Jesus Angle Garcia, Spain 3:46:27 3. Yuriy Andronov, Russia 3:49:09 4. Sergey Bakulin, Russia 3:52:38 5. Mikel Odriozola, Spain 3:53:13 6. Jose Alejandro Cambil, Spain 3:53:31 7. Donata Skarnulis, Lithuania 3:53:43 8. Marco DeLuca, Italy 3:54:35 9 Oleksiy Shelest, Ukraine 3:55:19 10. Augusto Cardoso, Portugal 4:01:13 11. Diego Cafagna, Italy 4:01:47 12. Konstadinos Stefanopoulos, Greece 4:03:12 13. Jorge Costa, Portugal 4;04:10 15. Eddy Riva, France 4:04:46 15. Dionisio Ventura, Portugal 4;05:51 16. Santiago Perez, Spain 4;06:17 18. Vasilios Hrisikos, Greece 4:11:30 19. Fortunato D'Onofrio, Italy 4:12:27 20. Vjaceslavs Grigorjevs, Latvia 4:21:50 (23 finishrs, 12 DNF, 5 DQ. Most prominent DNF Sergy Kirdyapkin, Russia.) Teams: 1.Russia 8 2. Spain 13 3. Italy 38 4. Portugal 38 5. France 52 6. Hungary 69 Junior Men's 10 Km: 1. Stanislaw Yemelyanov, Russia 41:22 2. Valeriy Filipchuk, Russia

Junior Men's 10 Km: 1. Stanislaw Yemelyanov, Russia 41:22 2. Valeriy Filipchuk, Russia 41:45 3. Veli-Matti Partanen, Finland 41:54 4. Hagen Pohle, Germany 42:25 5. Wojciech, Poland 42:25 5. Vito DiSari, Italy 42:35 7. Ihor Oyaschenko, Ukraine 42:50 8. Tomasz Wiater, Poland 43:00 9. Riccardo Macchia, Italy 43:13 10. Denis Strelkov, Rusia 43:28 11. Carl Dohmann, Germany 43:32 12. Adrian Blocko, Poland 43:58 13. Luis Alberto Amezcua, Spain 44:11 14. Genadij Kioslavskij, Lithuania 44:33 15. Viktor Holusnychyy, Ukraine 44:13 zhuk,, Belarus 51:06 Louis Lopes, Portugal 44:51 17. Dzmitry Dziubin, Belarus 44:53 18.

Yuriy Loktionov, Ukraine 44:59 19. A;aj Sauchanka, Belarus 45:19 20 Perseus Karlstrom, Sweden 45:28 (39 finishers, 4 DQ) Teams: 1. Russia 3 2. Poland 13 3. Germany 15 4. Italy 15 5. Ukraine 22 6. Spain 35 7. Belarus 31 8. Finland 37 9. Lithuania 42 10.. Czech Rep. 44 11. Sweden 56 12. France 56 13. Great Britain 63

Junior Women's 10 Km: 1. Tatyana Minyeva, Russia 44:16 2. Andriana Turnea, Romanis 46:32 2. 3. AqntoniellaPalmisano, Italy 46:46 4. Panaylota Tsinipoulos, Greece 48:25 5. Laurene Delon, France 45:37 6. Emilie Menuet, France 48:45 7. Federica Curiazzi, Italy 48:47 8. Anita Kaemake, Latvia 49:00 9. SaraAlonso, Spain 49:24 10. Alexandria Gradinariu, Romania 49:30 11. Berta Krivan, Hungary 50:12 12. Anna Melicarek, Poland 50:22 13. Sandra Yerba, Spain 50:56 14. Nadeya Dara 15. Miagdalena Jasinska, Poland 51:21 16. Kateryna Svitko, Ukraine 51:38 17. Paula Martinez, Spain 51:39 18. Charlyne Czychy, Germany 53:03 20. Mikaela Lofbacka, Finland 53:13 (29 finishers, 4 DQ) Teams: 1. Italy 10 2. France 11 3. Romania 12 4. Spain 22 5. Poland 27 6. Greece 29 7. Ukraine 35 8. Turkey 51 9. Ireland 51 16.

# America's Racewalking Championship (Formerly Pan-Am Cup), San Salvador, El Salvador, May 1-2.

Women's 20 Km: 1. Tanya Spindler, Brazil 1:38:53 2. Veronica Colindres, El Salvador 1:39:45 3. Maria Sanchez, Mexico 1:42:12 4. Sandra Galvis, Columbia 1:43:48 5. Sandra Zapata, Col. 1:44:59 5. Angelica Hernandez, Mexico 1:45:37. . . 10. Solomiya Login, U.S. 1:47:16. . . 14. Maria Michta, U.S. 1;50:21. . . 16. Susan Randall, US 1:55:58 (17 finishers4 DNF, 15DQ) Teams: 1. Mexico 16 2. Columbia 28 3. U.S. 39 (Only nations to finish a team) Men's 20 Km: 1. Luis Lopez, Columbia 1:22:18 2. James Rendon, Columbia 1:23:21 3. Omar Segura, Mexico 1:23:49 4. Pedro Gomez Mexico 1:23:58 5. Adrian Herrera, Mexico 1:24:33 6. David Mejia, Mexico 1:25:12 7. Yarko Aray, Chile 1;27:49 8. Victor Mendoza, El Salvador 1:27:49 9. Ricardo Reyes, El Salvador 1:28:02 10. Allan Segura, Costa Rica 1:29:06 11. Gustavo Restrepo, Columbia 1:29:19 12. Noel Santini, Puerto Rico 1:29:28 13. Mario Dos Santos, Brazil 1:30:44 14. Patrick Stroupe, U.S. 1:31:00 15. Walter Sandoval, El Salvador 1:31:11 16. Inaki Gomwez, Canada 1:31:19 17. Aribal Paau, Guatamala 1:32:43 19. Osman Flores, Nicargua 1:33:44 20. Yassir Cabrera, Panama 1:34:30 21. Mario Bran, Guatamala 1:35:33 22. Tim Seaman, U.S. 1:41:22 23. Creighton Connolly, Canada 1:42:46 24. Ian Whatley, U.S. 1:44:39 25. Jose Ledezma, Costa Rica 1;45:09 (1 DNF, 3 DQ including Anlexandre Gagne, Canada) Teams 1. Mexico 12 2. Columbua 14 3. El Salvador 32 4. U.S.

Men's 50 Km: 1, Cristian Berdeja, Mexico 3:58:46 (The former World Junior Champion, now 27, made his debut at 50 Km a successful one.) 2. Mesias Zapata, Ecuador 4:08:30 3. Rodrigo Moreno, Columbia 4;09:31 4. Nestor Rueda, Columbia 4:12:29 5. Salvador Mira, El Salvador 4:15:48 6. Claudio Dos Santos, Brazil 4:16:24 7. Daniel Dordova, Mexico 4:16:54 8. Fredy Hernandez, Columbia 4;21:30 9. David Guevara, Ecuador 4:23:44 (11 finishers, 8 DNF including Edgar Hernandez and Mario Flores, Mexico, 1 DQ) Teams: 1. Columbia 15 (Only nation to finish three)

Junior Women's 10 Km: 1. Anily Pineda, Columbia 49:50 2. Erandi Uribe, Mexico 50:50 3. Adraian Ochoa, Mwxico 51;29 4. Jam Franco, Guatamala 54:21 5. Monica Mejia, El Salvador 54:30 6. Kimberly Garcia, Peru 54:54 . . . 10. Allison Chin, U.S. 60:14 (15 finishers, 2 DQ) Teams—1. Mexico 5 2. El Salvador 13 3. Guatamala 18 4. Brazil 23

Junior Men's 10 Km: 1. Caio Bonfim, Brazil 43;04 2. Adrian Ochoa, Mexico 43:05 3. Julian Rendon, Columbia 43:57 4. Evan Dunfee, Canada 44;15 5. Isaac Palma, Mexico 44:19 6. Jose Montana, Clumbia 45;19 7. Juan Hernandez, Guatamala 45;56 8. Trevor Barron, U.S. 46:35 9. Ever Palma, Mexico 47:38 10. Gerafrdo Lee, Panama 49:21 . . . 12. Ricardo Vergara, U.S.

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49:37 13. Matthew Forgues, U.S. 50:10 (19 finishers, 2 DQ) Teams: 1. Mexico 7 2. Columbia 9 3. Brazil 17 4. U.S. 20 5. Guatamala 21 6. El Salvador 30

NAIA National T&F Championships, St. Louis, May 22: Women's 3000 meters-1. Evangelista, British Columbia 14;54.51 2. Tina Peters, Goshen 15:16.74 3. Tessa Horst, Goshen 15:37.70 4. Amanda Johnson, Lindsey Wilson 15:45.20 5. Kitie Burnett, William Penn 15:45.23 6. Katie Malinowski, Cornerstone 16:10.18 7. Megan Furnish, Lindsey Wilson 16:37.34 8. Maria Mudd, Walsh 16:39.81 9. Bev Larssen, British Columbia 16:59.00 10. Jessica Ching, Lindenwood 17:27.65 11. Daitlin Ambrose, Berea 18:37.77 12. Stephanie Dowell, Baker 18:37.77 13. Rachel Kettner, Concordia 18:55.64 (2 DQ) Men's 5000 meters-1. Inaki Gomez, British Columbia 20:41.11 (Defending the title he won last year in 21:06.16. Meet Record 20:07.38 by Al Heppner in 1997) 2. Evan Dunfee, British Columbia 20:41.15 3. Chris Tegtmeier, Concordia 21:59.98 4. Josh Wiseman, Cedarville 22:02.47 5. Creighton Connoly, British Columbia 22:48.92 6. Peter Muldoon, Central Methodist 23:48.34 7. Roberta Vergara, Lindsey Wilson 24;04.97 8. Mike Mannozzi, Notre Dame (Ohio) 24:11.72 9. Ricardo Vergara, Linseey Wilson 24:58.92 10. Mike Meekhof, Notre Dame 25:12.46 11. Seth Campbell, Cedarville 25:15.50 12. Zach Adams, Houghton 25:16.52 13. Nathan Dfeher, Concordia 25;17.67 14. Kyle Hively, Rio Grande 25;31.78 15. Tom Stolee, Concordia 25:34.08 16. Shawn Magee, Concordia 26:23.00 17. Kris Shear, Cornerstone 26;29.58 18. Grant Bacon, Cedarville 26:43.50 19. David Lindemann, Lindenwood 26;56.83 20. Chris Dehning, Concordia 17:11.93 21. Daniel Lew, Westmont 27:51:54 22. Kyle Shaffer, Malone 28:51.54 (1 DNF, 2 DQ)

### Other Results

Maine High School Results: Girl's 1600 meters, April 16-1. Nicole Court-Menendez 8:42:46 (8 finishers) Boy's 1600, April 16-1. Tyler Campbell 7:41.34 (5 finishers, 1 DQ) Boy's 1600, Lawrence, April 16-1. Dean Pellitier 8:33.22 ((8 finishers) Girl's 1600, April 17-1. Abby Dunn 8:06.60 2. Christie Bernier 8:31.40 Boy's 1600, April 17-1. Kelton Cullenberg 7:28.30 2. Evan Vincent 8:28.45 H.S. 800 meter, Derry, N.H., May 1-1. Renee Hensiek 4:27 2. Courtney Veilleux 4:32 3. Sarah Hensiek 4:33 4. Caitlin Mayhew 4:34 (10 finsshers. A first for New Hampshire that came about through an agreement between coaches Joanne Dow of Bishop Guertin H.S. and Ed Vaitones of Pinkerton Academy.) 10 Km, New York City, May 24-1. Marin Perez (43) 53:42 2. Rafael Marin (43) 55:04 3. Jorge Torrelba (44) 56;11 4. Lisa Vellucci 57:02 5. Line Cruz (19) 57:02 6. Bill Vayo (44) 58:52 7. Alexis davidson (53) 59:48 8. Bruce Logan (44) 60:16 9. Vlado Haluska (57) 63:58 10. David Lee (54) 67:45 11. Andres Fernandez (56) 69:42 (20 finishers, 1 DQ0 5 Km, same place-1. Cristina Lopez (43) 29:00 44th Annual Capt. Ronald Zinn Memorial 10 Km, Wall Township, N.J., April 19-1. Dave Talcott 51:42 2. John Fredericks 63:45 3. Ron Salvio 64:52 (12 finishers) Al Saner 20 Km, Point Pleasant, N.J., May 24-1. John Soucheck (40+) 1:49:44 2. Ron Salvio (60+) 2:20:24 3. Jack Lach (60+) 2;22:29 4. Ben Ottmer (75+) 2:39:29 Women-1. Maria Paul (40+) 2:32:01 10 Km, same place-1. Dave Talcott 55:31 (15:13.1 at 3000 meters bettering U.S. 45-49 record) 2. Tom Quatteroccchi 66:48 3. Marcus Kantz 66:55 Women-1. Panse Geer 69:24 5 Km, same place-1. Erin Tyalor 27:20 Florida 8 Km, Coconut Creek, May 10-1. Sterling Klinger (50 47:28 2. Juan Yanes (59) 48:23 3. Ann Harsh (58) 52:37 4. Peter ayer (70) 55:48 (10 finishers) Open Division: 1. Chris Schmid (62) 45:24 2. John Frederick (61) 52:06 22nd Annual Jack Mortland Walks, Dayton, Ohio, May 3: 20 Km-1. Mike Mannozzi, Notre Dame College 1:50:50 (27:36, 55:08, 82:56) 2. Erin Taylor, South Texas WC 1:50:50 3. Chris Knotts (54), Miami Valley TC 1:52:38 4. Chris Schmid (62), World Class RW 1:55:19 5. Max Walker (62), Indiana RW 1:57:18 10 Km-1.

Jacob Gunderkline, Miami Valley TC (18) 54;09 2. Damon Clements (52), Indiana RW 56:00 3. John Randall (17), Miami Valley 56:32 4. Reini Brickson (17) Miami Valley 60:44 5. Liz Martini (49), Cincinnati 68:52 6. Jack Blackburn (73), Miami Valley 1:16:15 7. Carolyn Fitch 1:17:42 5 Km-1. Grant Bacon, Cedarville U. 26:28 2. Theresa Amerman-Mitchell, Indiana RW 27:35 3. Erika Shaver (16),

Miami Valley 29:51 4. Sarah Kenney (15), Miami Valley 31:07 5. Barb Hensley (65) Miami

Valley 40:45 Team Competition: 1. Miami Valley TC (Knotts, Gundekline, Shaver ) 3:16:38

2. Indiana Racewalkers (Walker, Clements, Amerman-Mitchell) 3:20:53 Women's 3000

meters, Cedarville, Ohio, May 8-1. Tina Peters, Goshen Col. 15:00 2. Amanda Johnson. Lindsey Wilson 15:29 3. Tessa Horst, Goshen 15:58 4. Caitlin Ambrose, Berea 16:18 5. Katie Malinowski, Cornerstone 16:46 Men's 5000 meters, same place-1. Josh Wiseman, Cedarville 24:46 2. Seth Campbell, Cedarville 24:46 3. Grant Bacon, Cedarville 25:22 4. Doug Johnson, Kentucky Racers 25:44 5. Lucas Sarner, Berea 26:43 6. David Horst, Goshen 29:02 7. Dennis Sparks, Berea 30:54 (1 DNF, 1DQ) High School 800 meters, Yellow Springs, Ohio, May 8-1. Jacob Gunderkline 3:18.7 2. John Randall 3:20.6 3. Mitchell Erickson 3:54.3 4. Anders Ingrenbrigsten 4:03.9 (exchange student at Yellow Springs from Norway, who has taken naturally to racewalking due manly to cross country skiing.) 5. Eric Hoecker 4:06.1 (18 finishers with last place in 5:50.4) Women's 800, same place-1. Reini Brickson 4:00.5 2. Beth Van Norman 4:41.3 3. Khadi Athie 5:15.2 (15 finishers (Yellow Springs coach and National RW Chair Person, Vince Peters, reports that among those honored at the this Bulldog Invitational T&F Meet were Yellow Springs alums Andrew Pierce and Sam Borchers. Pierce, who ran at Ohio State, was a 44+ 400 meters runner, who won two gold medals at the 2001 World University Games. Borchers is the fastest miler in Ohio HS history (4:03:33 in 2007) currently a 1:48 800 meter runner at Penn State. They are mentioned here because both experienced racewalking while students at Yellow Springs and appreciate the difficulty and beauty of the racewalking discipline. Prior to the walking race here, Susan Randall, Tina Peters, and Josh Wiseman conducted a mini-clinic to provide technical instruction on walking with legal technique. Four certified judges officiated the event and then judges and college walkers hustled over to nearby Cedarville for the races reported above. ) Ohio 1 Hour, Yellow Springs, ay 24-1. Dan Serianni (18) 11,003 meters (54:33 at 10 Km) 2. Susan Randall 10,916 (55:10) 3. Jacob Gunderkline (18) 10,793 (56:14) 4. John Randall (17) 10,193 (58:55) 5. Allison Chin (17) 10,087 (59:31) 6. Erika Shaver (17) 9805 7. Reini Brickson (17) 8981 DNF-CHris Knotts (54) 45:45 at 8 km 10 Km, Dearborn, Michigan, May 17-1. Debbie Topham 59:27 2. Becky Banjamin (43) 60:49 3. Sharon O'Leary (40), Canada 66:39 4. Walda Tichy (68) 69:06 Men-1. Dan O'Brien (44) 53:56 2. Bill Reed (56) 59:25 3.Lynn Phillips (59) 63:37 4. Don Knight (63) 65:31 5. Tom Belford (60) 65:56 6. Marshall Sanders (68) 67:34 3 Km, same place-1. Zibbi Sadlej 14;57 2. Max Green 2021 (6 finishers) 20 Km, Kenosha, Wis., May 17-1. Ben Shorey 1:28:47 (22:16,22:29, 22:12, 21:50) 2. Mike Tarantino 1:29:21 (22:17, 22:28, 22:12, 22:24) 3. Stephen Quirke 1:30:25 (22:17, 23:01 (Bathroom stop), 22:26, 22:41) (This is a great result to see in these days of stewing about the dearth of elite walkers in the U.S.) Women-1. Miranda Melville (19) 1:47:01 2. Le'erin Voss 1:49:10 (good start for this pair at the longer event. Melville showed greater promise with negative splits of 27:17, 27:29, 26:15, 26:00) Jr. Women 10 Km, same place-1. Erika Lamp (10) 58:43 Masters Men 10 Km, same place-1. Mark Selelsku (51) 55:58 2. Mike DeWitt (58) 56:23-the guru of the outstanding Parkside program) 3. Jack Bray (76) 65:18 4. Don Smith (52) 65:29 5. Al Du Bois (77) 68:10 3 Km, same place-1. Sam Cohen 15:52 2. Ron Winkler (58) 18:32 3. Bill Hoskins (72) 18:41 Heart of America Championships, Fayette, Missouri, May 2: Women's 3000 meters-1. Stephanie Cowell, Baker U. 16:38.62 2. Jessica Ching, Lindenwood 17:00.38 3. Alexis

Gutterman, Lindenwood 17:55 4. Danielle Gray, Lindenwood 18:17 5. Courtney Spann, Culver-Stockton 18:44 (8 finishers, 1 DQ) Men's 5000 meters-1. Thiago Ferreira, Missouri Valley 22:15.26 2. Petger Muldoon, Central Methodist 22:58.66 3. David Lindemann, Lindenwood 26:01 4. Dan Martin, Missouri Valley 31:09 (7 finishrs) 10 Km, Denver, April 25-1. Michael Blanchard (47) 57:00.9 2. Darl Graff (41) 62:24.4 3. Marianne Martino (58) 62:46.9 5 Km, Pasadena, Cal., April 26-1. Ray Billig (50+) 32:17 Women-1. Carol Bertino (60+) 33:09 10 Km, same place-1. Pedro Santoni (50+) 56:12 2. Rick Campbell (60+) 60:10 3. Alex Kazaryan (50+) 60:50 4. John Magnussen (55+) 61:38 5. Carl Acosta (75+) 68:51 USATF National Masters 15 Km, Riverside, Cal., May 17-Women 50-54-1. Vicki Pritchard 1:40:24 2. Susan Mears 1;43:33 55-59-1. Marianne Martino 1:33:36 60-64-1. Mary Baglin 1:40:28 2. Diane Brandt 1;40:39 3. Kathy Frable 1;46:25 4. Darlene Backlund 1;50:31 65-59-1. Louise Walters 1;38:59 2. Kathleen Balser 1:40:37 3. Jolene Steigerwalt 1:41:20 Male: Open-1. Tyler Sorensen (15) 1:12:57! (National Junior record) 50-54-1. Anatoloy Shiptsyn 1:16:34 2. Mark Green 1:22:27 3. Pedro Santoni 1:28:09 4. Alex Kazaryan 1:33:44 55-59-1. Andrew Smith 1:27:11 2. Amado Castro 1:55:34 60-64-1. Nrom Frable 1:29:29 2. Rick Campbell 1:31:34 65-59-1. Wayne Wurzberger 1:42:12 2. John Backlund 1:44:43 3. Patrick Bivona 1:48:58 4. Bernie Finch 1:55;)8 70-74-1. Paul Johnson 1:35:08 2. Ronald Walters 1:41:38 75-59-1. Carl Acosta 1:41:15 80-84-1. Bill Moremen 1:51:51 2. Bob Mimm 2:14:26 2.8 Miles, Seattle, April 11-1. Bob Novak 26:36 2. Stan Chraminski (61) 26:44 3. Bart Kale (52) 28:13 4. Rebecca Ketwigg 28:58 5. Dora Choi (42) 33:02 6. Michelle Cunningham (48) 33:02 (First racae for a self-taught walker) Western Regional 10 Km, West Seattle, Wash., April 25-1. Gerry Dragomir (57), Vancouver 55:09.2 Stan Chraminski (61) 59:24.2 3. Bob Novak (59) 59:37.4 4. George Opsahl (67) 62:37.4 3. John Backlunde (69) 68:21.7 (7 finishers) Women-1. Nicola Evangelista, Vancouver 57:59.6 2. Ann Tuberg (49) 61:31.4 3. Nana Belleruc (49) 68:56 4. Darlene Baclund (63) 69:22 5 Km, same place-1. Evan Dunfee (19), Vancouver 20:48.6 2. Creighton Connolly, Vancouver 22:26.6 3. Bart Kale (52) 32:14.2 Women's 3000 meters, same place-1. Megan Huzzey, Vancouver 13:48.8 2. Julie Harris (19), Vancouver 17:05.6 3. Heather Warwick (19), Vancouver 17:06.5 4. Bev Larson, Vancouaver 18:04.6 (The Canadians rule!)

German Masters 50 Km, April 25-1. Helmut Orieter (54) 4:45:44 Masters 10 Km, same place, 60-64-1. Volker Dygas 55:14 2. Hans Kehrer 55:49 3. Gerhard Langer 57:44 65=59--1. Karl Degener 56:49 5000 meters, Paris, May 16-1. Yohan Diniz 18:35.10

# First A Heel, Then A Toe, And A'Racing You Will Go

Sat. June 6

1500 meters, Castro Valley, Cal. (J)

1 Mile, Holmdel, N.J. (A

10 Km, Longmont, Col., 8 am (H)

Half-Marathon, 5 Km, Fontana, Cal. (Y)

Sun. June 7

Florida Masters 5 Km, (P)

Sat. June 13 2.8 Miles, Seattle, 9 am (C)

Sun. June 14

1500 meters and 3 Km, Arlington, VA. (N)

Ohio 10 Km (track), Yellow Springs, 8:30 am (M)

3000 Meters, Terre Haute, Indiana (K)

Rocky Mountain Senior Games 5 Km, Greeley, Col. (H)

Wed, June 17

Summer Soltice 5 Km, Denver, 6;30 pm (H)

Sun. June 21

New Jersey 5 Km, Pomona, N.J. (A)

Western Regional Masters 5 Km, Loos Angeles (Y)

5 Km, Denver, 8 am (H)

June 25-28	National USATF Junior 10 Km and Senior 20 Km, Men and Woemn,
	Eugene, Oregon (D)
Sat. June 27	Indiana 5000 meters, Indianapolis (K)
	5 Km, Aurora, Col., 8 am (H)
Sun. June 28	1500 and 3000 meters, Arlington, Va. (N)
Mon. June 29	5 Km, Long Branch, N.J. 6:47 pm (A)
Sat. July 4	8 Km, Washington, DC (N)
	5 Km, Evergreen, Col., 8 am (H)
Sun. July 5	1500 and 3000 meters, Arlington, Va. (N)
Mon. July 6	5 Km, Lo;ng Branch, N.J. 6;47 pm (A0
Mon. July 6	5 Km, Long Branch, N.J., 6;47 pm (A)
Tue. July 7	1 Mile, Ocean Twp., N.J. 6:30 pm
Sat. July 11	2.8 Miles, Seattle, 9 am (C)
	USATF National Club Championships 5 Km, New York City (D)
Mon. July 13	5 Km, Long Branch, N.J. (6:47 pm (A)
Tue. July 14	5 Km, Long Branch, N.J., 6:47 pm (A)
Tes. July 14	1 Mile, Ocean Twp., N.J., 6:30 pn (A)
Sun. July 19	5 Km, New York City, 9 am (G)
Mon. July 20	5 Km, Long Branch, N.J., 6:47 pm (A)
Thu. July 23	3000 meters, yellow Springs, Ohio (M)
Sat. July 25	1500 and 3000 meters, Arlington, Va. (N)
	Washington Senior Games, 1500 and 5000 meters, Tumwater (C)
Sun. July 26	North Region 3000 meters, Indianapolis (K)
Mon. July 27	5 Km, Long Branch, N.J., 6:47 pm (A)
Mon. Aug. 3	5 Km, Long Branch, N.J., 6:47 pm (A)
Sun. Aug. 9	10 Km, Indianapolis (K)
Mon. Aug. 10	5 Km, Long Branch, N.J., 6:47 pm(A)
Sat. Aug. 15	3000 meters, Virginia Beach, Va. ((T)
Sun. Aug. 16	USATF National 15 Km, Minneapolis, Minn. (S)
	5 Km, New York City, 8:30 am (G)

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D-www.USATF.org

E-Maryanne Daniels, racewalk@sbcglobal.net

F-Frank Soby, 4157 Colonial Drive, Royal Oak, MI 48073

G--Stella Cashman, 320 East 83rd St., New York, NY 10028

H-Bob Carlson, 2261 Glencoe St., Denver CO 80207

I-Mike DeWitt, uwpcoach@yahoo.com

J-Art Klein, 324 Alta Vista, Santa Cruz, CA 95060

K-Indiana Racewalking Club, P.O. Box 1302, Indianapolis, IN 46206

L-Dave Gwyn, 6502 Briar Bayou, Houston, TX 77072

M-Vince Peters, 607 Omer Circle, Yellow Springs, Ohio 45387 (937-767-7424)

N-Potomac Valley Track Club, 3161 Stafford St., Arlington, VA 22206

O-A.C. Jaime, acjaime@sbcglobal.net

P-DOn DeNoon, 1507 Sundown Lane, Clermont, FL 34711

**MAY 2009** 

Q-New Mexico Racewalkers, P.O. Box 16102, Albuquerque, NM 87191

R-Stafford and Lily Whalen, 39 Allenhurst Drive, Etobicoke, Ontario M9A 4J9, Canada, staffordwhalen@rogers.com, 416-243-5413

S-Bruce Leasure, info@twincitiesracewalkers.org

T-Steve Durrant, sdurrantrdh@cox.net Or www.tidewaterstriders.com

U-www.shamrockmarathon.com

V-Frank Miklavcic, 502-875-2904, fmiklavcic@aol.com

W-Michael Roth, 631-379-2833, michael@mjroth.com

X-Steve Vaitones, P.O. Box 1905, Brookline, MA 02446 (617-566-7600)

Y-Walkers Club of Los Angeles, 233 Winchester Avenue, Glendale, CA 91201

### From Heel To Toe

Shoe hint. According to Frank Soby, folks looking for a good shoe for racewalking might want to try the Brooks Ghost. It is very flexible with good heel support and with medium weight. Four members of the Pegasus AC have purchased the shoe and recomment it. . . The Texas scene. This note from U.S. international racewalker, John Knifton (who came to us by way of England): You may have already heard, but Augie Hirt has recently moved to Austin from Chicago. We now have three Oympic/PanAm/Lugano Cup racewalkers in Austin, although Vince O'Sullivan primarily runs these days. Augie is keen to revitalize racewalking in Austin, maybe back to the hay-day when in 1990 "Austin Runners Club" members Jeff Bomer, Adam Pawlick, Robert Rhode, and myself won the National 5 Km Championsiip team title in Oklahoma City! Last weekend, I had a barbeque part at my house where some dozen local racewalkers got to meet Augie and hear about his great plans for a new Austin racewalking club and a revitalized program down on Town Lake. Actually in the spring of each year we have at least one or two well attended racewalks in the central Texas area each month. My job at the moment is to get Augie hooked in with other racewalking leaders in Texas like A.S. Jaime in Pharr, Burt Pickell in San Antonio, and Dave Gwyn in Houston. (Ed. A note from Augie himself tells me: "I was sending resumes to Columbus and Cincinnati but landed a job in Austin. Nice to see John and Vincent O'Sullivan again.") In an earlier communication, John commented: "I read with interest your comments on the recent lack of depth in the national 50 Km championships (Feb. Issue). I'm sure there are myriad reasons for this decline in the USA 50 Km participation since its peak in 1979, but I would like to comment on one possibility. Back in the 1960s and 1970s, when I was participating in these 50 Km events, I believe that most "weekend warriors" (read guys who also carried a full-time job) who had some competency at 50 kilometer racewalking felt that if they trained hard and had the race of a lifetime-i.e., they were in the best possible condition for the race; the course suited their competencies (I did better on hilly courses), the weather conditions were ideal (Ron Kulik always did extremely well in hot weather), or the field misjudged the early pace-then they had a reasonable chance of finishing in the first two or three spots and making the Olympic, Pan Am, or World Cup teams. This of course was particularly true if Larry Young chose not to race! Today, any competent or potential 50 Km athlete is staring at some pretty tough A and B Olympic standards that are unlikely to be met without the individual giving up his career (or at least put in on hold) while he trains full time (100+ miles a week?) Ii an area of the U.S. that has both a suitable climate and the best international racewalking coaches. Because of the dearth of world-class 50 km athletes now in the U.S., you probably

need to move to Europe or Australia to get the necessary training partners to reach that level of competency. This, to my mind, is one huge commitment to ask any young man to make. Particularly since there is no certainty of success, injuries are prevalent when you put your body at that level of stress for extended periods, and (unlike our top marathon runners) there are few financial rewards, just the distinctive honor or representing the U.S. in international competition. No doubt those of us who have had the opportunity to compete for the U.S. would not have given it up for the world, but I wonder just how many of those same names from the '60s and '70s would have been there if they had had to meet today's criteria. I for one would probably be missing from the list.". On the same topic, Augie Hirt comments: "I agree with you it is sad to see the current American racewlking status compared to the world. But when I am out racewalking with my dog and I'm pushing the pace, it still feels the same as it did in the '70s as long as I don't look at my watch." Augie also wonders if his American records set on the track in 1978 are still recognized. These were 75 Km in 7:05:46 and 50 miles in 7:39:39 in Bricktown, N.J and 100 Km in 10:19:00 in Longmont, Col. I don't believe that these times have ever been bettered, but I don't believe records are any longer recognized at these distances. Correct?.... Salvage-Seaman team. Jeff Salvage and Tim Seaman have created a new website www.racewalkclinic.com. It contains the information for their Clinics of Excellence as well as a free primer on racewalking technique. The primer is being printed with the help of the North American Racewalk Institute and will be vaailable for free to help promote the sport. In addition, Tim and Jeff announce the publication of a new book, Race Walk Clinic-In a Book. The book illustrates textbook techniques and catalogs typical mistakes racewalkers make that can rob them of a legal race and speed. It explains why these problems exist and prescribes critical solutions to correct them. They attempt to start where other training materials leave off by grounding their discussion with a review of correct technique rather than focusing on the many aspects of technique that you can do incorrectly. They divide racewalking technique problems into broad categories, starting with issue of legality and then separating technique issues into categories such as hip. Leg, arm, and posture problems. The offer remediation in the form of exercises, drills, and stretches to improve style and mental cues to guide one's focus while racewalking. The text intersperses unique stories in which great racewalkers from the U.S. and around the world retell some of their most memorable experiences. The book is available at www.racewalkclinic.com and www.racewalk.com. You can also learn details on a recently added clinic in Orlando, Florida in late July. .. . Boost for British walking. While we have been bemoaning the lack of depth in the elite racewalking in the U.S., the British, once the seat of racewalking power have perhaps sunk even further than us. They are seeking an answer as seen in the following press release: UK Athletics today announced that it had set up a new National Racewalk Center under the leadership of Andi Drake. Drake has been appointed as the Carnegie Director of racewalking at Leeds Metropolitan University. Drake-who officially took the post this month-is a UK Athletics Level 4 performance coach in racerwalking and a UK Athletics Level 3 performance coach in marathon and distance running. He has a wealth of academic and practical experience of the discipline, including holding a related PhD on elite performance racewalking, acting as personal coach to athletes who have competed at Olympic, world, and Commonwealth level and 18 years of competing for Britain, including at the European Championships and Commonwealth Games. He role will encompass a number of objectives, including providing support of racewalkers on the UK Athletics world-class performance program, providing coach mentoring to designated coaches in agreement with England Athletics and UK Athletics, and managing and organizing a future training program for racewlking athletes. Drake said, "I am delighted to be taking this position and appreciate the foresight of Leeds Metropolitan University and UK Athletics in giving racewalking a

permanent center in the UK. We have some exciting talent coming through in racewalking in the UK, both in terms of athletes and coaches. "

# # #

Last month, after reporting the death of Chris McCarthy, we repeated a part of an article about Chris by Ron Laird that we ran over a three-month period in 1991 and promised more of that article this month. In lieu of that—and we will continue that article next month—we offer the obituary on Chris that appeared in the Chicago Tribune. A wonderful portrait of our dear friend.

Chris McCarthy took up racewalking to conquer the sloth brought on by graduate school and pursued the sport with a dedication that took him to Tokyo for the 1964 Summer Olympics. He brought similar focus to an eclectic array of pursuits in a life unburdened by any interest in money or career.

Mr. McCarthy, 77, died of complications from a brain tumor Wednesday, April 22, in hospice care at Mercy Hospital in Chicago, said his brother -in-law, R. Conrad Stein. He was a resident of Chicago's Pilsen neighborhood.

A Massuchesetts native, Mr. McCarthy became a long-ditance runner as a teenager and competed in the Boston Marathon while in high school, Stein said. After an Army hitch, he enrolled in the University of Chicago on a scholarship and, over a decade or so, took an unhurried meander to a bachelor's degree in philosophyand a masters in political science.

"The degree was never a target; the learning was a target", said Bob Thompson, a friend of more than 50 years. Feeding his mind, he neglected his body and came to yearn for the fitness of his younger days. "He had allowed himself to go to seed as a graduate student", said his wife, Betty, whom he met and married in college.

Inspired by the 1959 Pan American Games in Chicago, Mr. McCarthy took up racewalking and joined the U. Of Chicago Track Club under the legendary Ted Haydon. Striding briskly along Chicago's lakefront for hours a day over several years, Mr. McCarthy became one of the sport's top U.S. competitors.

He won National AAU championships in 1963 and 1964. In summer 1964, Haydon collected enough money to send him to Olympic Trials in Seattle. He won, and it was off to Tokyo. Competing in the 50 KM event, he finished 21st in 4:35:41.6. "It was an achievement, it was something he had decided he was going to go for, and he made I", his wife said.

Mr. McCarthy remained in Hyde Park until rents got too high, then bought a house in Pilsen that sold cheaply for good reason. Among other shortcomings, the home's plumbing was shot, and for the first year the McCarthy's had to shower at the homes of friends.

"A neighbor was nice enough to hand a hose out her window so we could fill a bucket", he wife said with a laugh. The couple fixed the place up and became urban pioneers in the largely Hispanic neighborhood, still many years for hipness. Mr. McCarthy English as a second language part time. He held no loftier professional ambitions despite a graduate from an esteemed university. "He wasn't lazy, he just had no attraction to money", said Stein.

Intellectually curious, he read widely on everything from mathematics to Mozart and in the early 1980s became consumed by computers. He attended social events only reluctantly, but one there, he was sparkling conversationalist. "He was a talker and an original thinker", Thompson said.

He took up bicycling and racked up as many as 10,000 miles a year, often taking long rides along the Illinois & Michigan Canal Trail with his cycling club. Last year, he completed two 100-mile rides.

According to Stein, his final illness required a brain biopsy, after which a doctor asked him his name in the recovery room. "Call me Ishmael" he replied, wit intact.

## **LOOKING BACK**

**MAHY 2009** 

45 Years Ago (From the Late Spring 1964 issue of the *Midwest Race Walker*, published by Chris McCarthy)—Ron Laird was an easy winner in the National 30 Km in Los Angeles. His 2:26:27 left Bob Bowman nearly 10 minutes back (2:36:16) in second. Rudy Haluza was third in 2:38:03. . . Two weeks later, Laird went on a record rampage. On May 15, he broke the American record for 1500 meters at the L.A. Coliseum Relays with a 5:57.0. Don DeNoon was second in 6:02.2. The next day in Walnut, Cal., Laird easily broke the American record he had set a few weeks earlier in Chicago for 1 Hour, covering 8 miles 420 yards. On the way, he took of the 10 Km record with a 44:58 and continued to records at 15 Km (1:08:17) and 10 Miles (1:13:18). . . Dean Rassmussen was dominant on the other side of the country, winning the Penn AC 12 Mile in Philadelphia with 1:37:06, 2 seconds ahead of Bob Mimm. Two weeks later, he took a 15 miler on Staten Island in 2:00:35. Ron Daniel was 30 seconds back in that one. . . In a close race north of the border, Alex Oakley won the Ontario 10 Mile title in 1:17:08, ahead of Felix Cappella (1:17:15), and Nick Marrone (1:17:44).

40 years Ago (from the May 1969 ORW)—This issue featured the first photos ever published in the ORW, and guess what? They showed several athletes in full flight phase as we launched the first of many series of commentaries on judging issues. . . And here was Laird again wining the National 10 Km in Chicago in a championship record of 45:14.2. Ron Daniel and Steve Hayden followed. . One day later, Tom Dooley had no need to hang down his had as he set an American record for the same distance in California, recording 44:26.9. Goetz Klopfer covered 15 miles in 1;54:32 at the same site. . . The Ainn Memorial 10 Km in Chicago went to your editor in a blazing 49:29. Blazing only because it was hot in Chicago that day. Passing 3 miles 4 seconds ahead of his pace of a week before (when he did 48:40 for seventh in that National 20), he then wilted, but not nearly as much as teammate Jack Blackburn, 15 seconds ahead of him the week before, but 4½ minutes behind on this day. . .Paul Nihill won British titles at both 10 Km (44;)7) and 10 Miles (1:11:14).

35 Years Ago-(From the May 1974 ORW)-John Knifton overcame a challenge from Floyd Godwin in the National 25 Km in Des Moines, Iowa, to win with a 1;56:03 effort. Floyd Godwin was just over 2 minutes back at the finish, followed by Jerry Brown and Bob Henderson. . .Larry Walker won the National 15 Km in California in 1:10:08, 5 seconds ahead of Carl Swift, who wasn't swift enough on this day. . .Ed Bouldin (1:11:43), Bill Ranney, Rudy Haluza, and Steve DiBernardo filled out the first six. . .Godwin also took the 10 in 45:42 with Henderson a distant second and aging Jack Mortland (39) a rather ashamed third (51:02) as few athletes showed up. I guess that was my final national medal and one not at all deserved. . .The National 20 went to Jerry Brown in 1:33:33, with Godwin taking John Knifton for second. Ron Daniel and Bob Henderson followed. . .East Germany's Peter Frenkel set a World Record for 30 Km (2:14:22) in East Berlin, with Chris Hohne less than 2 minutes back. A few weeks later, Hohne walked 50 Km in 3:53:53. . .In Hamburg, Bernd Kannenberg broke the World 20 Km record with a 1:24:35.

30 Years Ago (From the May 1979 ORW)—It was open season on the World's 20 Km record, which had been held by Mexico's Daniel Batuista at 1:23:22. On April 22, Aanatoiliy Solomin, USSR, did 1:23:20. One week later, Frenchman Gerard LeLievre took the record down to 1:22:20 in Epinay. Then on May 19, Bautista said "Enough!" Walking on the track in Valencia, Spain he recaptured his record with a 1:22:15 effort. . .Jim Heiring's American record of 1:30:04 set on April 22 didn't last long either. Todd Scully turned in a 1:28:33 in Seattle on May 17. . .Chris

Hansen won the U.S. 15 Km title in Kenosha, Wis., tieing Canadian Marcel Jobin in the process, as both returned 1:06:58. Heiring was nearly a minute-and-a-half back with John VanDenBrandt following him. . . Scully whipped Hansen in the National 10 Km in Chicago in 43:14. Heiring beat Hansen this time, 43:55 to 44:16. VanDenBrandt was fourth. Scully discouraged the field with a 6:26 opening mile. . . The next day, Canada's Marcel Jobin beat Scully in the Zinn Memorial 10 Km, blasting 41:32. Todd had 42:15. . . The Women's National 15 Km went to Paula Kash-Mori in 1:21:21, with Jeanne Bocci second. . . Alan Price was an easy winner in the National 100 km in 10:36:35, with Tom Hamilton 47 minutes back in second. Jack Blackburn finished third, catching Sal Corrallo in the final 20 miles to take the master's title.

25 Years Ago (From the May 1984 ORW)—Enver had a weekend festival of National walks. On Saturday, Tim Lewis (20:53) and Teresa Vaill (25:27) won titles at 5 Km. Mel McGovern (21:27) and Vincent O'Sullivan followed Lewis and Mexico's Maria Colin was second in the women's race. On Sunday, O'Sullivan came back to win the National 30 Km in 2:22:48. Carl Schueler, better than 4½ minutes back, edged Tom Edwards for second. Fabian Knizacky was fourth. Jim Heiring was an easy winner in the National 15 Km, held in New York City. Jim's impressive 1:03:07 left Tim Lewis 52 seconds back. Ray Sharp was just 5 seconds behind Tim, and well clear of Marco Evoniuk. Ten athletes bettered 1:10. Teresa Vaill won the women's title in 1:17:27, 4 minutes ahead of Carol Brown. . .Marcel Jobin pulled away from Heiring after 5 Km to win his own Invitational 20 Km in Quebec with a 1:24:59. Heiring had 1:26:16 with Guillaume Leblanc third. . In Norway, Mexico's Ernesto Canto shattered the world record at 20 Km with a 1:18:39. Daniel Bautista held the old record at 1:20:03. Marco Evoniuk was 10th in the race in 1:26:20, and also turned in times of 1:25:13 and 41:13 (10 Km) in Copenhagen the next week.

20 years ago (From the May 1989 ORW)—National 15 Km titles went toe Rene Haarpainter (1;06:06) and Victoria Herazo (1:16:30 in races held in Long Beach. Steve Pecinovsky trailed Haarpainter by just over a minute, with Richard Quinn third and Allen James fourth. Kim Wilkinson was just 5 seconds back in the women's race with Sara Standley third. . Tim Lewis won the National Invitational 20 Km in Washington, D.C. in 1:26:52. Leaving Doug Fournier 2:14 back. Mark Manning, Gary Morgan, Steve Pecinovsky, and Curtis Fisher were all under 1:30 in the next four spots. . Lewis also won the Penn Relays 10 Km in 41;22, followed by Fournier (42:33) and Morgan (43:00). The women's 5 Km went to Teresa Vaill in 22:38 with Lynn Weik second in 23:03.

15 Years Ago (From the May 1994 ORW)—Daniel Garcia beat Ecuador's young Jefferson Perez by 3 seconds in 1:23:24 to win the Mexican Walk Week 20 Km. Bernardo Segura (1:23:30) and Hector Moreno, Columbia (1:24:03) were next. Al Heppner led a U.S. contingent with 1:32:49 in 39th. . .In Durham, N.C., Dave McGovern beat Curt Clausen in a 20 Km, 1:32:06 to 1:33:21. Ian Whatley was just 3 seconds behind Clausen. In fourth was Mark Kautz, reportedly a 29-minute 10 Km runner just getting into racewalking who did 1:33:51—never to be heard of again by this reporter.

10 Years Ago (From the May 1999 ORW)—In the World Cup, Curt Clausen made a tremendous breakthrough, taking 6 ½ minutes off his personal best (also the National best), as he finished 11th in the 50 Km in 3:48:04. Clausen moved up at least 10 places over the final 10 Km. The race went to Kasakhstan's Sergey Korepanov in 3:39:22 with Tomasz Lipiec, Poland, and Nikolay Matyukhin, Russia, following. Russia beas Spain and Germany for the team title with the U.S. in 10th, just 1 point behind Slovakia... Philip Dunn also had a breakthrough, becoming the ninth U.S. walker to go under 4 hours with 3:59:53 in 45th. Andrew Hermann (4:08:47) in 60th

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completed the U.S. scoring. In the men's 20 Km, Mexico's Bernardo Segura (1:20:20) edged China's Guohui Yu and Russia's Vladimir Andreyev for the gold, with Robert Korzeniowski fourth. Russia, Mexico, and China took the first three spots in the team race. The U.S. was 16th, led by Tim Seaman's 1:27:20 in 35th place. China's Hongyu Liu won the women's 20 in 1:27:32, ahead of Natalya Fedoskina, Russia, and Norica Cimpean, Romania. China, Russia, and Mexico finished in the top three spots. For the U.S., Michelle Rohl had 1;36:50 in 46th and Joanne Dow 1:38:08 in 53rd as the team finished 16th. . . A week later, Grand Prix races in Eisenhuttenstadt, Germany went to Guatamala's Julio Martinez at 20 Km with 1:17:46 and China's Wang Yan at 10 Km in 41:16. Mexico's Lejandro Lopez had a 1:17:56 for second in the 20 and three others went under 1:20. Tim Seaman was 15th in 1:24:33. . . Another week later, Romania's Claudia Iovan won a Grand Prix 10 Km in La Coruna, Spain with 43:04, the same time as second-place Maria Vasco of Spain. The La Coruna 20 Km went to Spain's Francisco Fernandez in 1;21:55. . . National 15 km titles were decided in Oak Grove, Ill., with Michelle Rohl (1:13:09) and Al Heppner (1:08:02) on top. Teresa Vaill was just 4 seconds behind Rohl and husband Mike Rohl just 16 behind Heppner.

5 Years Ago (From the May 2004 ORW)-At the World Cup in Naumburg, Germany, Russia's Yelena Nkolayeva, competing in her sixth World Cup, beat China's Jiang Jing by 10 seconds in 1:27:24 to win the women's 20. Spain's Maria Vasco was just a second behind Jing, with Australia's Jane Saville another nine seconds back in a very close race. China beat Russia for the team title. The U.S. placed 13th, with Deb Huberty finishing 65th in 1:41:459. Ecuador's Jefferson Perez pulled away in the final stages to win the men's 20 in 1:18:42, 20 seconds ahead of Poland's 50 Km ace Robert Korzeniowski. Australia's Nathan Deakes was third as China beat Ecuador for the team title. The U.S. finished ninth, led by Tim Eastler's 1:22:51 in 26th. Tim Seaman (1:24:21), Curt Clausen (1:25:39), and John Nunn (1:26:19) also had strong traces. Russia's Aleksey Voyevodin won the 50 in 3:42:44, 63 seconds ahead of China's Caohong Yu, and these two countries were one-two in the team race. The U.S. did not finish a team. Junior titles went to Russia's Vera Sokolova (45:29) and Cihna's Chao Sun (40:38) with Russia and Mexico the team winners. . . A week later, John Nunn and Curt Clausen traveled to Lithuania where Nunn achieved an Olympic "A" standard for 20, with a 1:22:31. Clausen finished in 1:24:18. . Later in the month, walking in Copenhagen, Tim Seaman also made the "A" standard, walking 1:22:02, second all-time on the U.S. list (to Tim Lewis). . . U.S. titles went to Michelle Rohl in the 1 Hour (12,600 meters) and Clausen in the 2 Hour (26,109 meters.