

Ohio Race Walker  
3184 Summit Street  
Columbus, Ohio 43202



# OHIO RACEWALKER

VOLUME XIX, NUMBER 7

COLUMBUS, OHIO

SEPTEMBER, 1983

## PRICE WINS 100 MILE FOR FOURTH TIME

Columbia, Mo., Sept. 18--Unseasonably hot weather made a shambles of the National TAC 100 mile championships, but it could only slow, not stop Washington, D.C.'s Alan Price. It was the fourth title for Price in the six years the race has been held. However, it took Alan  $2\frac{1}{2}$  hours more than in any of the other three as he struggled home in 22:39. But struggling home was more than almost anyone else could manage. The only other finisher was a heretofore unknown woman, Chris Custer, who just beat the limit in 23:50. However, she walked faster over the second half than did the winner. (Jack Blackburn described the second place finisher as "a gorgeous young lady", but I dare not say that lest I be accused of sexism in sports reporting.)

The demise of Price and the rest of the field is attributed to the heat. The temperature was 93 F at the noon start on Saturday, rose to a high of 96, was still 82 at midnight, and dropped only to 72 in the early morning hours. Once the sun came up, it rose into the 90's for the finish of the race. Closest to finishing besides the two who did were Bob Gragg, who has gone the distance six times and Jack Blackburn, with five centuries to his credit. (Price was finishing his 10th.) Both were still walking at the end, having gone 88 and  $87\frac{1}{2}$  miles, respectively. However, Blackburn had been forced to take a 3-hour nap during the night when his stomach refused to hold anything down. Tom Kline and Rich Myers both did 81 miles. Rich was back, as he swore he would be, after having his leg completely shattered in a motorcycle accident 2 years ago. His next step will be to make it all the way, something he had done twice before the accident. Custer became the 42nd U.S. Centurion and the fourth U.S. Lady Centurion.

### PAST WINNERS

1978 Alan Price	18:57:01	1981 Alan Price	20:09:18
1979 Alan Price	19:52:15	1982 Bob Keating	19:19:31
1980 Paul Hendricks	18:49:52		

### OTHER RESULTS

Bay State Games 5 Km, Cambridge, Mass., Aug. 11: Men--1. Steve Vaitones 23:16 2. Brian Savilonis 23:32 3. Tom Knatt 23:47 4. Bob Kitchen 25:38 5. George Iattarulo 27:13 6. Dick Ruquist 27:54 Women--1. Chris Anderson 26:01 2. Tammie McPoland 27:39 3. Kathleen Gallagher 29:34 4. Ann Birk 31:23 U.S.-Canada-Italy Junior Meets: Sherbrooke, Quebec, July 27: Men's 10 Km--1. Walter Arena, Italy 45:08.6 2. Roberto Giamogante, It. 45:08.7 3. Dan Broderick, Can. 46:23.7 4. James Mann, USA 46:57 5. Andy Kaestner, USA 46:58.8 6. Paul Turpin, Can. 47:41 Women's 3 Km--1. Allison Baker, Can. 14:37.0 2. Siani Stacey 14:59.9 3. Kerry Bratton, USA 15:06.6 4. Donn Goldstein, USA 15:45.2 New Britain, Conn., July 30: Men's 10 Km--1. Walter Arena 44:59.5 2. Roberto DiMorgante (probably the same guy as Giamogante, but they have his name messed up one time or the other) 47:07.8 3. Andy Kaestner 48:12.1 4. Paul Turpin 49:52.1 5. James Mann 50:36.2 6. Andrew

SECOND CLASS POSTAGE  
PAID AT COLUMBUS, OHIO

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Bev LaVeck, U.S. women's record holder at 100 miles, finished the National 50 Km at Monterey earlier this year in 5:27:28. SPORTSFOTO<sup>TM</sup> by John Allen.

## UPOOMING HEEL AND TOE CONTESTS AROUND THE COUNTRY

- Sat. Oct. 15--1 Hour, Arlington, Va., 10 am (G)  
 Sun. Oct. 16--1 Hour, Stony Brook, NY, 11 am (K)  
     Gulf 25 Km, Houston, 8 am (A)  
     5 Km, Encino, Cal., 8:30 am (J)  
     50 Km, San Francisco, 9 am (I)  
 Sat. Oct. 22--50 Km, Lafayette, Col., 2 pm (D)  
     5 to 50 Km, Washington, DC, 8 am (G)  
     10 Km, Monterey, Cal., 10 am (W)  
 Sun. Oct. 23--New York City Marathon, 8 am (E)  
     15 Km, Little Rock, Ark., 8 am (Z)  
 Sat. Oct. 29--5 Km, Dearborn, Mich., 10 am (O)  
 Sun. Oct. 20--10 Km, Sayville, NY, 10 am (S)  
     3 Km, Encino, Cal., (J)  
     Women's 5 Mile, San Francisco (I)  
 Sat. Nov. 5--NATIONAL TAC 100 KM, WASHINGTON, DC, 7am (G)  
 Sun. Nov. 6--5 Mile, Miracle, NY, 2:30 pm (K)  
     Gulf 35 Km, Houston (A)  
     10 Km, Iowa City, 8:30 am (Y)  
     ½ Marathon, Stockton, Cal. (I)  
 Sat. Nov. 12--Cranberry Crawl 10 Km, Washington, DC, 9 am (G)  
 Sun. Nov. 13--5 Km, Los Angeles, 8 am (J)  
     5 Km, Long Island, 10 am (K)  
     1 Hour, Arlington, Va., 1:30 pm (G)  
 Sat. Nov. 19--15 Km, San Francisco (I)  
 Sun. Nov. 20--NATIONAL TAC 2 HOUR, UPPER MONTCLAIR, NJ (H)  
     20 Km, New York City, 10 am (E)  
     1 Hour and 2 Hour, Austin, Tex. (A)  
 Sun. Nov. 27--Coney Island 10 Mile and 2 Mile, 10 am (E)  
 Sun. Dec. 4--10 Km, Beverley Hills, Cal (J)  
     10 Km, Sayville, NY, 10 am (J)  
     1500 and 3000 m, Arlington, Va., 10 am (G)

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 J--John Kelly, 1024 Third St., Santa Monica, CA 90403  
 K--Gary Westerfield, P.O. Box 440, Smithtown, NY 11787  
 O--Frank Alongi, 26530 Woodshire, Dearborn, MI 48127  
 S--Robert Timmons, 90 Colton Ave., Sayville, NY 11782  
 W--Giulio de Petra, P.O. Box 2127, Carmel, CA 93921  
 Y--Iowa City Striders, Box 627, Iowa City, IA 52244  
 Z--Neal Picken, 219 Ozark Acres, Bentonville, AR 72712  
 Add: Nov. 11--1 Hour, Cambridge, Mass, 9 am, Contact: Steve Vaitones.  
     15 Chestnut St., Waltham, MA 02154

## RESULTS (cont.)

- McNichol, Can. 50:39.5 Women's 3 Km--1. Allison Baker 14:38.7 2. Donna Goldstein 15:22.7 3. Siani Stacey 15:29 4. Kerry Bratton 15:36.7  
 Full Results Pan-American Games: 20 Km, Aug. 24--1. Ernesto Canto, Mex. 1:28:12 2. Raul Gonzalez, Mex. 1:29:21 3. Hector Moreno, Col. 1:30:05  
 4. Francisco Vargas, Col. 1:33:17 5. Marcel Jobin, Can. 1:34:05 6. Jim Heiring, USA 1:34:47 7. Santiago Fonseca, Hond. 1:38:38 8. David Castro, Cuba 1:39:35 9. Mario Rodriguez, Pan. 1:40:21 10. Carlos Ramones, Ven.

1:42:04 11. Omar Guerra, Ven. 1:46:41 12. Nelson Funes, Guat. 1:50:38  
 13. Refail Valladares, Hond. 1:51:34 DNF: Marco Evoniuk, USA, Guillaume  
 Leblanc, Can., and Jose Alonso, Guat. 50 Km, Aug. 27--1. Raul Gonzalez,  
 Mex. 4:00:45 2. Martin Bermudez, Mex. 4:04:21 3. Querubin, Col. 4:23:20  
 4. Tom Edwards, USA 4:30:53 5. Enrique Pena, Col. 4:52:30 6. Nelson Funes,  
 Guat. 4:59:08 DQ--David Castro, Cuba and Marcel Jobin, Can. DNF--Sam  
 Shick, USA, Omar Castillo, Ven., and Francois LaPointe, Can.  
National Jr. Olympics, Durham, NC, July 30: Boy's 3 Km--1. Tony Englehardt,  
Seattle 13:57.3 2. Rob Campbell, Reno, Nev. 14:25.3 3. Mike Rohl, Nassau, NY.  
14:44.3 4. Erick Schmock, Parma Heights, Ohio 14:59.5 5. William Haner,  
Valatie, NY 15:04.6 6. Michael Hall, McAlester, Okla. 15:39.2 7. Peter  
Almsy, Raleigh, NC 15:49.3 8. Dan Krause, Arlington, Va. 16:01 9. Robert  
Quaid, Merritt Island, Fla. 16:27.5 10. Billy Rhodes, Raleigh, NC 17:00  
11. Scott Esposito, Waukesha, Wis. 17:39.8 DQ: Bill Lord, Springfield, Ohio  
Girl's 3 Km--1. Meg Mangan, Pittsburgh 16:01.2 2. Bridget Dupre, Lewiston,  
Maine 16:52.2 3. Claudia Schiffers, Charlotte, NC 17:28.2 4. Winnin Mangan,  
Pittsburgh 19:09.4 5. Carmon Nordman, Charlotte, NC 18:29.2 6. Ann Klein,  
Seattle 18:29.9 7. Mary McGrath, Miami 20:21.3 8. Kim Hagen, Brighton,  
Mich. 21:23.2 Younger Boy's 3 Km--1. Martin Wright, Phoenix, Ariz. 14:44.1  
2. Curt Clausen, Stevens Point, Wis. 15:08.8 3. Dan Costello, Marion, Iowa  
16:22 4. Rodney Brower, Sandhills, NC 16:53.5 5. John McElroy, Burlington,  
NC 17:09.8 6. Terry Lee Barton, McAlester, Okla. 17:17.6 7. Louis Haw-  
kins, Chester, Va. 18:41 8. Daryle Ciejka, Saratoga, NY 19:25.3 9. Doug  
Zanastil, Winfield, Ill 23:07.7 Younger Girls 3 Km--1. Kim McClure, Aums-  
viller, Ore. 15:51.5 2. Trya Karlsson, Seattle 16:00 3. Katie Warren,  
Miami 16:21.8 4. Erica Benson, Dayton, Ohio 16:52.3 5. Pam Haley, Spring-  
field, Ohio 17:22.6 6. Kathy Hardin, Fort Lauderdale, Fla. 17:23.1 7. Lisa  
McVay, Sparks, Nev. 17:23.8 8. Alexandria Schiffers, Charlotte, NC 17:42  
9. Paula Benoit, New Orleans 18:46.4 10. Kirsten Christopherson, Stevens  
Point, Wis. 19:01.7 11. Eileen Rhodes, Raleigh, NC 19:19.6 12. Shelly  
McGaha, Anderson, SC 20:03.9 Ohio 50 Km, Springfield, Sept. 4 (2.5 km out-  
and-back course, temperature rose to 90 F at midrace)--1. Gary Morgan  
5:12:12 (2:24:00 at 25 km) 2. Jack Blackburn 5:47:21 (2:53:26), 1st master  
3. Jim Higgins 5:50:10 (2nd master) 4. Steve Jones 6:25:47 5. Rich  
Myers 6:32:21 (3:16:19) 3rd master 6. Phil Lewis 6:51:13 7. Bill Lord  
7:15, 1st Junior DNF: Chris Knotts 2:56:00 at 30 Km 10 Km, Dearborn, Mich.  
Sept. 10--1. Carl Schueler 45:02 2. Gary Morgan 45:35 3. Martin Kraft  
49:46 4. Keith Luoma 52:27 5. John Padrick 56:09 Masters: 1. Allan  
Phillips 57:59 2. Frank Soby 58:03 3. John Goodman 62:52 4. Jim Skalski  
68:02 DNF: Gerry Bocci Junior: 1. Dan O'Bryen 58:02 Women: 1. Jeanne  
Bocci 53:36 1/2 Marathon, Santa Monica, Cal., Aug. 28--1. Dan O'Connor  
1:35:50 2. Ed Bouldin 1:51:50 3. Dale Sutton 1:55:20 4. John Kelly  
1:59:42 5. Dennie Reilly 2:04:30 6. Terry Mathews 2:09:20 7. Gerry Wilti  
2:10:15 8. Carl Agosta 2:11:39 Women: 1. Liz Kemp 2:13:07 24 Hour  
Pedestrian Race, San Diego, Aug. 20-21--. . . 4. Katie O'Classen 100.7 miles  
(first and only race walker. This made her the fourth woman Centurion, ahead  
of Chris Custer. The race was on a 400 meter track with Dale Sutton and  
Liz Kemp (lady Centurion #3) judging. Western Regional Masters 5 Km, Ips  
Catos, Cal., Aug. 21--1. Chuck Marut (45) 24:17 2. Bill Penner (36) 25:19  
3. Bill Ranney (48) 25:19.2 4. Manny Adriano (35) 25:20.3 5. Lori Maynard  
(47) 26:20.3 6. Steve Pendlay (31) 27:06.8 7. Bev LaVeck (47) 27:51.9  
8. Gordon Wallace (73) 29:54.6 9. Giulio de Petra (72) 29:58.6 10. Frank  
Kelly (59) 33:46.5 11. Ches Unruh (76) 34:00 (19 finished) 20 Km: 1. Marut  
1:51:34 2. Pendlay 1:55:36 3. Adriano 1:55:59 4. Maynard 1:58:25 5.  
LaVeck 2:00:13 6. De Petra 2:04:47 7. Diane Mendoza (35) 2:11:05 8.  
Wallace 2:13:24 Guests: Wayne Glusker 1:36:33, Bruce Ransdell 1:41:45  
1 Hour, Carmel, Cal., Aug. 7--1. Steve Pendlay 6 mi 483 yds 2. Giulio de Petra  
5 mi 1659 yds 1 Hour, San Francisco, Aug. 14--1. Bruce Ransdell 7 mi 726 yds

2. Chuck Marut 7 mi 623 3. Otto Sommerauer (65) 5 mi 631 10 Km, Bellevue,  
 Wash., Aug. 28--1. Sam Miller (lady Sam, that is) 50:49 2. Jay Haavik 50:49  
 4 Mile, Black Diamond, Wash., Sept. 5--1. Allen James 31:33 2. Tony Engle-  
 hardt 31:55 3. Gerry Pollet 33:08 4. Susan (Sam) Miller 33:08 Masters:  
 1. Paul Kaald 35:57 2. Bev LaVeck 36:38 3. George Edwards 37:57 4. Nick  
 Vandersaaay 42:13 1/2 Marathon, Redmond, Wash., Sept. 6--1. Gerry Pollet  
 1:45:08 2. Steve DiBernardo 1:51:45 3. Jay Haavik 1:59:30 4. Bev LaVeck  
 2:04:08 5. Paul Kaald 2:04:26 6. Sam Miller 2:06:09  
 3 Km, Berlin, Aug. 17--1. Martin Torporek, Austria 11:25.58 2. Franz-Josef  
 Weber, W.G. 11:31:01 3. Jim Heiring 11:35:04 (American record). . . Marco  
 Evoniuk 11:58.43 European Jr. 10 Km, Vienna, Aug. 25--1. Walter Arena, It.  
 42:16.6 2. Jazek Herok, Pol. 42:59 3. Jos Martens, Belgium 43:02--the event  
 took place before the meet was officially opened, which is typical of the  
 way walking races are treated

## FROM HEEL TO TOE

Larry Larson writes to correct a mistake we had in our summary on the new  
 judging procedure in the July issue. The line that read "A verbal warning  
 is not given." should have read "A verbal warning is also given." Larry  
 goes on to state: "There should always be both a verbal and visual indica-  
 tion by the judge. The visual indication (now by each walking judge with  
 the white flag and paddle/disc--with symbols for loss of contact or bent  
 knees--previously only the Chief Judge was empowered to use them) is done  
 at the same time that the verbal warning is given. Only the Chief Judge  
 has the red flag and can make the official disqualification call." Larry  
 also tells us: "Another wording change that will hopefully be in effect  
 next year (in the TAC rules) is the addition of the words 'as seen by the  
 human eye'. This was recommended by the U.S. I.A.A.F. Judges at the Con-  
 vention last December and approved by the National Race Walking Committee.  
 It is being proposed to the TAC Rules Committee for adoption. The intent  
 is that the human eye must make the judgement on the spot as in any other  
 judgement sport (e.g., figure skating, diving, baseball, football) and a  
 call cannot be made on the basis of what a picture in the newspaper--which  
 very possible was taken at a spot where there was no judge--or high-speed  
 movies may show. It reinforces what is already accepted." . . . Not all  
 would agree with this. In the British publication, Race Walking Record,  
 correspondent John Powell's report from the World Championships in Hel-  
 sinki includes the following passage: "The 20 km was held on a warm  
 evening and there was a leading group of about 12 walkers for well over half  
 the race. The general impression was that not all of this group were  
 complying with the definition of walking and it must be queried whether  
 the six judges listed in the program plus two more I understand to have  
 been drafted in, were sufficient to cop with such a situation at this speed.  
 However, the photographs I took do not show any wholesale contravention and  
 I would suspend further judgement until the cine film I took (mainly at  
 normal speed, I might add) has been developed. The rest of our party who  
 remained in the stadium told me that a number of video shots taken during  
 the race and shown on the screen in the stadium indicated that some walk-  
 ers who got through were not maintaining contact. If we are to retain  
 credibility both with other athletes and the general public, we must face  
 this issue squarely and in fact we have no excuse for not using film to  
 assist judges, especially when the 20 km in major competitions is on the  
 track. In fact, a hammer medal won by a Pole was disallowed after a Soviet  
 protest after seeing the video film. Walking must be seen to be walking and  
 a useful step to ensure this in internationals would be to reduce the number  
 of disqualification cards from three to two." . . . In that Helsinki 20 km,  
 there were still eight walkers together at 15 Km in 1:01:17 before Canto  
 blew the race open with a 19:32 for his final 5. Three others were only

were only 5 seconds back at 15. Marco Evoniuk lay 15th in a swift 1:02:24 at that point. Incidentally, CKI, the homeland of last-place finisher Uango Arai, is the Cook Islands. . . Sending along an AP wire release that begins: "Shelbyville, Tenn.--Here are the results from Thursday's competition at the 45th Annual Tennessee Walking Horse Celebration:", Elliott Denman comments: "Can you verify? Rumor has it that race walking will be definitely be included in the next equine Olympics. 20 km and 50 km, of course. Riders must maintain constant and straighten each stride, too. The big question: Who will do the judging? And will the horses understand the white flag, red flag system? Or is this a wicked scheme cooked up by certain race walkers of my acquaintance who had an occasional interest in the ponies??? Some consolation: Tennessee, not having walking humans, at least has walking horses." . . . The Athletics Congress now has an official race walking publication. Edited by Dan O'Connor, RW Coaching Aids bi-annually, it says, but do they mean semi-annually. Anyway, issue number 1 is dated Summer 1983. Done even somewhat more informally than the ORW, it includes among other things a good article on Training Patterns by Bob Lawson and brief articles by Larry Young and Tom Dooley giving their perspective on training. Unfortunately nothing is said about availability, i.e., how you get it. Suggest you write Bob Kitchen, 122 Pine Street, Northampton, MA 01060, the National Chairman, or the Athletics Congress Publication Office, 155 W. Washington St., Suite 220, Indianapolis, IN 46204 (maybe Bob doesn't want letters from 400 ORW subscribers) for further information. . . Another thing in that first issue is a chart showing the average age of walkers in T&F News annual US 20 Km rankings, first started in 1972. That first year, the 10 ranked walkers averaged 28.5 years of age. That rose to 30.1 in 1973 and to 32.5 in 1974. Since then it has dropped each year--30.4, 29.7, 28.8, 28.2, 27.5, 26.3, 25.7, and finally 25.5 last year. . . The countries that have put race walkers on stamps, a list provided by Ray Leach that I mentioned last month, are: Ajman, Dominican Republic, Liberia, Luxembourg, San Marino (3 stamps), Swaziland, Yemen Arab Republic, Isle of Man, and Nagaland. Interesting list, since Luxembourg and the Isle of Man are the only ones in which I am aware of any race walking activity. What inspired the others to put race walkers on a stamp? . . . Thanks to John H. Kelley (Glendale John, not Santa Monica John) for sending me the IA Olympic Organizing Committee pin. The parrot emblem is in a race walking posture, superimposed on a star background. A very nice pin available for \$4.00 from First Interstate Banks. . . This issue of the ORW is being put together on the weekend of Sept. 24-25, Lugano weekend. I have debated holding it up to await results of the Lugano and Eschborn races, but because I have to be out of town the end of this week and I can't be sure when I will have full details, I am wrapping this issue up. The October issue then will come out earlier than usual in order not to delay too long in bringing you the story of these important world championship races. The U.S. team for Lugano is Jom Heiring, Tim Lewis, Todd Scully, and Sam Shick at 20 and Tom Edwards, Marco Evoniuk, Wayne Glusker, and Dan O'Connor at 50. The Eschborn Cup 10 Km will see Susan Liers-Westerfield, Susan Miller, Debbie Spino-Lawrence, and Maryanne Torrellas representing the U.S.

\* \* \* \* \*

A couple of additional races:  
 Colorado TAC 10 Km, Aug. 14--1. Steve Pecinovsky 44:28 2. Dave Cummings 44:31 3. Randy Mimm 44:39 4. Fabian Knizacky 45:50 5. Troy Engle (now at the Olympic Training Center) 46:12 6. Mark Fenton 47:43 7. Mike Morris 47:43. . . 3rd Master--Ron Laird 68:55 (Colorado farts returns to the mare)  
 Col. State Fair 10 Km, Aug. 21--1. Pecinovsky 44:49 2. Knizacky and Mimm 46:48 4. Engle 48:02 5. Laird 67:27 (and shows steady improvement)

## KNEE PROBLEMS IN WALKERS

by Dr. Howard Palamarchuk

Almost all runners and race walkers experience knee pain at some point in their careers. On the whole, race walking knee problems are less severe than running induced problems. The shock in race walking at impact is considerably less than in running (as confirmed by Mark Fenton's investigation). This may explain the less serious nature of knee injuries in walking.

Knee injuries can be divided into two groups:

- o Internal derangements, such as torn cartilage, cruciate ligaments collateral ligaments. These are commonly seen in contact sports and are very devastating, usually requiring surgery and rehabilitation.
- o External derangements involving the patella (knee cap), bursa, ligaments, tendons, muscles, etc. These are structures located externally to the deep knee joint and are more susceptible to over-use problems.

The classic runner's knee (chondromalacia patella) can also occur in walkers. It is the result of the kneecap not riding up and down in the knee groove. Excessive foot pronation and weak thigh muscles may result in side-to-side motion of the kneecap causing roughness and pain behind the kneecap. Pain and swelling surrounding the kneecap could be bursitis--inflammation of the joint fluid secreting tissues. Another related problem involves various tendonitis conditions of the tendons surrounding the knee. Commonly involved muscle-tendons are the thigh (quadriceps) and inside and outside hamstrings (biceps femoris). The flexion-extension action of race walking on the knee may irritate these structures. Outside knee pain may manifest itself as a burning or snapping feeling. This is the result of a structure known as the iliotibial band rubbing the outside aspect of the knee joint where it crosses on its way down from the hip.

Finally, a muscle and tendon soreness specific to racewalkers is popliteal tendonitis. This is soreness occurring behind the knee and involves a small muscle and tendon important in the hyperextension of the knee (locking and straightening).

All of the above conditions are not serious and may be treated to allow one to resume training effectively. Since they are inflammations, ice packs should be used often. Gentle stretching is also encouraged. Worn shoes may be to blame or excessive motion of the feet or legs as well.

\* \* \* \* \*

## LOOKING BACK

15 Years Ago (From the Sept. 1968 ORW)--In the U.S. Olympic Trails in Alamosa, Col., Ron Laird prevailed at 20 Km in 1:37:45 with Rudy Haluza (1:38:14), Larry Young (1:38:40), and Tom Dooley (1:41:03) following. Young was an easy winner at 50 in 4:34:10, followed by Goetz Klopfer (4:44:02), Dave Romansky (4:47:23), and Bob Kitchen (4:50:56). When Young chose not to double, Dooley was added to the team. The times, of course, were slowed by altitude. . . In even bigger news, Derek Douglas Mortland, the first child of Jack and Marty, popped into the world the day after that 50 Km trial (Sept. 14). Unbelievably, tiny Derek is now nearly 6 feet tall and a sophomore at Columbus Alternative High School. He shows great talent on the electric guitar and in abstract painting, is a better than average soccer player, and has taken no interest at all in race walking. . . Tom Dooley zipped a quick 5 miler in California (35:20) leaving Bill Ranney and Goetz Klopfer well back. . . A week before the Olympic trails, Young scored a very easy win in the National 30 Km in Columbia, Mo. in 2:31:20. Jack Blackburn was second, some 24 minutes back, as few people showed up for the race. . . And two days after the trials, a few of those competitors traveled to Atlantic City for the National 15 Km. Laird

won that one in 1:09:03 with Romansky 39 seconds behind. The next four spots went to Ron Kulik, Jack Blackburn, Ron Daniel, and Steve Hayden.

10 Years Ago (from the Sept. 1973 ORW)--The U.S. women took the first four places to win an International 5 Km dual match with Canada. Ellen Minkow was the winner in 26:31.7, followed by Esther Marquez, Cindy Arbelhide, and Sue Brodock. . .The National 35 Km went to John Knifton in 3:00:31. Bill Ranney was more than 3 minutes back and he was followed by Jim Bear and Bob Bowman. The race was held in Seattle. . .Hartwig Gauder won the European Junior 10 Km title in 44:13.6. . .Norway scored an upset in the Women's International 5 Km, taking the team title from Sweden by a single point. Eivor Johansson won for Sweden in 25:12, but the Norwegians occupied the next three places.

5 Years Ago (From the Sept. 1978 ORW)--In the European Championships, East Germany's Roland Wieser won at 20 and Spain's Jorge Llopert at 50. Wieser pulled away from three Soviet competitors on the final 5 Km to win in 1:23:12. He had a 20:30 on that last loop. Pyotr Potschenchuk and Anatolily Solomin, right with at 15 Km, finished in 1:23:43 and 1:24:12. Boris Yakov'yev, Jose Marin, and Maurizio Damilano filled out the first six. Llopert took command after 30 Km to win in 3:53:50. Next were Soviet Veniamin Soldatenko in 3:55:12 and Pole Jan Ornoch in 3:55:16. Four others broke 4 hours--Otto Bartsch and Viktor Dorovskiy of the USSR, Vittorio Visini of Italy, and Sandro Bellucci of Italy. The U.S. 50 Km Championship saw Mexicans Domingo Collin, Pedro Arcohe, and Enrique Vera take the first three spots. Collin had 3:55:50 and the other two were just over 4 hours. Marco Evoniuk took the U.S. title in 4:24:05 with Augie Hirt and Carl Schueler also under 4:30. . .U.S. Junior titles went to Pete Timmons at 5 Km (25:30.6) and Mike Morris at 20 (1:47:10). Dave Cummings was second in the 5 and Timmons second at 20. . .Sweden won the women's world meet with Britt Marie Carlsson first 2t 5 Km (23:05) and Elisabeth Olsson first at 10 (49:21.4). Sue Brodock was the top U.S. finisher with 8th in the 5 (24:41)--wrong--Liz Dufour was 7th in the 10 (52:39). The U.S. team finished third behind Sweden and Norway. (The English, a solid second in the 5, had no competitors at 10).

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Which is the leading race walking nation in the world? Based on Teack and Field News World Rankings published annually, it has been the USSR over the past 12 years. (I use the T&F N rankings rather than our own ORW rankings because they are nicely summarized by year in the 1983 U.S. Race Walk Handbook and I don't have to dig through 12 different issues.) Scoring 10 points for first, 9 for second, and so on through 1 for 10th, the Soviets amass 338 points in the two walks (20 and 50 Km) to 319 for East Germany and 285 for Mexico. During those 12 years, the Soviets have had 20 different walkers ranked in the top 10 in those two events, East Germany 18, and Mexico 12, attesting to the depth of performance in the USSR. However, Mexico did not come into prominence until 1975, the fifth year of the rankings, at which time East Germany already had 117 points and the Soviets 140. Mexico had just four at that time. And even if we take the whole 12 years, but score just the first six on the usual track meet basis (10,8,6,4,2,1), Mexico leads with 201 points to 187 for East Germany and 165 for the USSR, again attesting to the Soviet depth in capturing many more 7 through 10 positions in the rankings. The Mexicans have had the real super stars but the Soviets a lot of people close behind. So take your pick as to who should rank No. 1.

We also note, however, that the Soviet star has been fading (but so has that of the other two powers). Until 1982, they had never failed to place at least one man in the top 10 at either distance and at least one in the top six at 50. But the best they could manage last year was a fifth at 20 as they were shut out at 50. In 1981, they had managed only a sixth at

and a fifth, seventh, and eighth at 20. For those two years they rank only fourth, behind Italy and a single point ahead of Spain. Likewise, in 1982 East Germany failed to put someone in the top 10 at 20 km for the first time and the Mexicans were shut out of the top six at 20 for the first time since 1975. So there appears to be a shifting in the balance of power away from the big three.

For the 12 years, 16 nations have cracked the top 10 with at least one walker, with 13 of them placing at least one in the top six. Seventy-nine different athletes have appeared in the top 10 and 56 in the top six. Mexico's Raul Gonzalez has the most top 10 rankings--12, 7 of them at 50. He has been ranked in the top six nine times. Soviet Veniamin Soldatenko is next with eight top 10 rankings, all of them at 50, where he leads Gonzalez 65 points to 63. All of Soldatenko's rankings were in the top five, coming in eight consecutive years, beginning in 1971. Gonzalez has been ranked at 50 for seven of the last eight years, missing in 1976, and has been number 1 five times. Following these two, Mexico's Daniel Bautista was ranked seven times (six at 20 including five firsts), along with his countryman Domingo Colin (four at 20, three at 50) and East Germany's Karl-Heinz Stadtmuller (six at 20, one at 50), and West Germany's Bernd Kannenberg (four at 20 and 3 at 50). Those ranked six times are Spain's Jose Marin (three at each distance), West Germany's Gerhard Weidner (all at 50), and the USSR's Otto Bartsch (five at 50, one at 20).

Here is the way the nation's rank for those 12 years, scoring the top ten:

Nation	20 Km pts.	50 Km pts.	Total pts.	No. of different walkers
1. USSR	160	178	338	20
2. East Germany	177	142	319	18
3. Mexico	140	145	285	12
4. Italy	61	36	97	7
5. West Germany	28	59	87	3
6. Spain	19	40	59	2
7. Great Britain	27	2	29	4
8. Finland	4	20	24	1
9. United States	8	9	17	2
Czechoslovakia	17	0	17	2
11. France	11	5	16	1
12. Poland	6	9	15	2
13. Sweden	0	9	9	2
14. Canada	0	4	4	1
15. Hungary	0	2	2	1
Bulgaria	2	0	2	1

When just the top six are scored, the rankings are as follows (number of individuals in parentheses): 1. Mexico 201 (8) 2. East Germany 183 (12) 3. USSR 165 (15) 4. West Germany 58 (3) 5. Italy 44 (5) 6. Spain 35 (?) 7. Finland 14 (1) 8. Great Britain 13 (3) 9. Czechoslovakia 12 (2) 10. U.S. 10 (2) 11. Poland 4 (1) 12. France 3 (1) 13. Sweden 2 (1)

We also looked at the U.S. top 10 rankings for the same period and find that Dan O'Connor is a clear leader with 17 top 10 rankings (10 at 50). John Knifton is next with 12 (7 at 50) and Todd Scully has 11 (10 at 20). Three guys have been ranked 10 times: Larry Young (6 at 50), Jim Heiring (five each), and Marco Evoniuk (five each). Tom Doolley and Bob Kitchen were both ranked nine times; Doolley with six at 20 and Kitchen with five at 20. Other leaders are Floyd Godwin and Augie Hirt at seven, and Bill Ranney, Ron Laird, Jerry Brown, Carl Schueler, and Bob Rosencranz with six.

From the 1982 Race Walking World Statistics:

**ALL-TIME**

		12 hours road /t = track/		
FLORIMOND CORNET	WBP FRA 11	120.810	m(1)Le Mans	31.7. 1938
ADRIEN PHEULPIN	FRA 52	120.285	m(1)Besancon	14.9. 1980
JAN DE JONGE	HCL 46	119.120	m(1)Purmerend	22.8. 1982
TED RICHARDSON	WBP GBR	t118.921	m(1)Woodford	16.10.1938
JACKY FRICK	FRA	118.640	m(1)Besancon	9.9. 1978
Cornet		t118.198	m(1)Aubervilliers	25.6. 1939
ERIC HORTON	GBR	t117.612	m(1)London	2.5. 1914
CLAUDE FERRY	FRA	117.157	m(1)Besancon	11.9. 1977
Frick		117.157	m(1)Besancon	8.9. 1979
TED PAYNE	/10/ GBR 82	t115.900	m(1)London	4.6. 1910
MARCEL MOUQUARD	FRA	115.674	m(2)Besancon	11.9. 1977
ONANACHIVILI	(10)FRA	115.674	m(2)Besancon	9.9. 1978
J. THEISMAN	(11)FRA	115.674	m(2)Besancon	8.9. 1979

**ALL-TIME**

		100 miles road/t = track):		
GILBERT ROGER	WBP FRA 14	16.25.00	(1)Lyon	22/23.4. 1950
JAN DE JONGE	HOL 46	16.33.00	(1)Bergen (BEL)	10/11.4. 1982
FRANK O'REILLY	IRE	16.54.15	(1)Leicester	20/21.8. 1960
de Jonge		16.55.32	(1)St.Oedenrode	1.6. 1980
JOHN MOULIN	GBR 41	16.55.44	(1)Ewhurst	26.6. 1971
DEREK HARRISON	GBR	17.15.50	(1)Skegness	31.7. 1976
JAN VOS	HOL	17.17.59	(2)St. Oedenrode	1.6. 1980
HECTOR NEILSON	WBP GBR 16	t17.18.50	0(1)Walton	14/15.10.1960
MIKE HOLMES	GBR 51	17.21.52	(1)Leicester	21/22.8. 1982
DAVE BOXALL	/10/GBR 33	17.24.00	(1)Ewhurst	23.6. 1979
TED RICHARDSON	(10)GBR	17.35.00	(1)Woodford	16.10.1938

		200 km road (t=track):		
JAN DE JONGE	WBP HOL 46	20.35.57	(1)Bergen (BEL)	10/11.4. 1982
GILBERT ROGER	WBP FRA 14	20.46.00	(1)Lyon	22/23.4. 1950
ADRIEN PHEULPIN	FRA 46	21.17.28	(1)Conflans	1/ 2.5. 1982
ROGER QUEMENER	FRA 41	21.29.13	(1)Chat.-Thier.	19/20.4. 1980
Quemener		21.37.29	(1)Chat.-Thier.	21/22.4. 1979
ROGER PIETQUIN	BEL 38	21.38.56	(1)Bergen (BEL)	12/13.4. 1980
JEAN-CLAUDE GOUVENAUX	FRA 48	21.42.17	(1)Bar-le-duc	5/ 6.4. 1980
Pietquin		21.51.41	(1)Bergen (BEL)	10/11.4. 1976
Gouvenaux		21.54.00	(2)Conflans	1/ 2.5. 1982
ALBERT SEIBERT	/10/FRA 11	21.56.00	(1)Strasbourg	2/ 3.4. 1952
ZBIGNIEW KLAPA	POL 52	21.58.11	(1)Bar-le-duc	17/18.4. 1982
ROBERT SCHOURENS	BEL 28	22.02.11	(2)Chat.-Thier.	21/22.4. 1979
DAVID BOXALL	(10)GBR 33	22.04.20	(1)Conflans	29/30.4. 1978
HECTOR NEILSON	(11)WBP GBR 16	t22.16.40	0(1)Walton	14/15.10.1960

		24 hours road/t= track:		
JESSE CASTANEDA	WBP USA	228.930m	(1)Albuquerque	18/19.9. 1976
GILBERT ROGER	WBP FRA 14	225.350m	(1)Lyon	22/23.4. 1950
JAN DE JONGE	HOL 46	221.650m	(1)Rouen	28/29.4. 1979
PAUL FORTHOMME	BEL 39	219.886m	(1)Bruxelles	17/18.10.1981
DEREK HARRISON	GBR	219.570m	(1)Rouen	20/21.5. 1978
MAURICE SARRASIN	FRA 16	219.350m	(1)Strasbourg	1/ 2.4. 1950
Harrison		219.230m	(2)Rouen	28/29.4. 1979
LUIGI ROSSO	ITA	218.020m	(3)Rouen	28/29.4. 1979
ALBERT SEIBERT	FRA 11	216.800m	(1)Paris	23/24.4. 1949
de Jonge	/10/	216.672m	(1)Rouen	3/ 4.5. 1980
FLORIMOND CORNET	FRA 11	216.460m	(1)Lyon	24/25.4. 1936
COLIN YOUNG	(10)GBR 35	215.835m	(1)Rouen	8/ 9.5. 1977
HECTOR NEILSON	(11)GBR 16	t214.058m	(1)Walton	14/15.10.1960



Denmark's Palle Lassen, chairman of the IAAF Race Walking Committee, and Detroit's Frank Alongi, the U.S. International Judge at the Pan-Am Games, pause to pose for the camera during those games in Caracas.