

Ohio Race Walker  
3184 Summit Street  
Columbus, Ohio 43202



# OHIO RACEWALKER

VOLUME XVII, NUMBER 7

COLUMBUS, OHIO

SEPTEMBER 1981

## SCULLY COPS ANOTHER NATIONAL

Lewiston, Maine, July 19 (From Steve Vaitones)--Todd Scully previewed his National Sports Festival win (see August ORW) by capturing the National TAG 25 Km title a week earlier in Lewiston. Todd led from the start in posting a time of 2:02:02 over the challenging 3-loop course. Glenn Sweazey and Randy Mimm were within striking distance at 10 Km (48:25 and 48:12 to Todd's 47:44) but Todd continued to extend his lead in humid 80° conditions. Glenn finished with a 2:03:46, good for second, while Randy faded to fourth with a 2:09:30. Taking third was Alan Price in 2:02:24, walking a steady throughout. (He must have been taking the race somewhat seriously, arriving 45 minutes early--probably a record of some sort for the late Mr. Price.)

Competition was keen all the way down the field. Jack Boitano, Tom Knatt, and Sal Corrallo battled the whole way before finishing in that order in the Master's Division, Jack taking ninth overall in 2:13:55. Rob Timmons was easily the winner in the Junior division.

John Lefreniere of the Maine Walkers Club, with some help from Etonic shoes, did a good job with race organization. A spaghetti dinner and fitness clinic was held the night before, with Dr. Charles Serratella the speaker. Serratella, now in his mid-70's, was a national class walker in the 1930's and competed in the race, finishing in just over 3 hours.

### The results:

1. Todd Scully, Shore AC 2:02:02 2. Glenn Sweazey, Canada 2:03:46 3. Alan Price, Potomac Valley 2:08:24 4. Randy Mimm, Shore AC 2:09:30 5. Don Winiecki, Niagara NWC 2:11:14 6. Brian Savilonis, Charlottesville TC 2:11:40 7. Bob Falciola, Shoare AC 2:13:02 8. Steve Vaitones, Greater Boston TC 2:13:22 9. Jack Boitano 2:13:55 (1st Master) 10. Tom Knatt, North Medford Club 2:14:50 (2nd Master) 11. Sal Corrallo, Potomac Valley 2:16:13 (3rd Master) 12. Rob Timmons, Island TC 2:18:47 (1st Junior) 13. Bob Kitchen, Potomac Valley 2:20:01 14. Cliff Mimm, Shore AC 2:20:22 15. Dave Romansky, Shore AC 2:24:06 16. Max Gould, Canada 2:24:25 (5th and 6th Masters) 17. Sam De Los Santos, Shore AC 2:25:16 18. Don Lawrence, Niagara NWC 2:26:30 19. Randy Easter, Maine Walkers 2:26:55 20. Tony De Los Santos, Shore AC 2:27:13 (35 finishers, but that is all we have)  
Teams: 1. Shore AC "A" 2. Potomac Valley 3. Shoare AC "B" Junior teams:  
1. Shoare AC 2. Maine Walkers

### MORE EXCITING RESULTS:

10 Km, Gloucester, Mass., Sept. 7--1. Bob Falciola 48:12 2. Bob Keating 48:44 3. Mark Fenton 48:52 4. Tom Knatt 49:41 5. George Lattarulo 56:04  
6. Paul Schell 61:23 10 Km, Concord, Mass., Sept. 19--1. Bob Falciola 48:30 2. Mark Fenton 49:55 3. Tom Knatt 52:46 4. George Lattarulo 59:18  
24 Hour Relay, Long Island, August: Men--1. Shore AC, Island TC, New York AC Combined 179 miles 1132 yards--American Best (Pete Timmons 7:05.5 ave. for 20 miles, Randy Mimm 7:13.4 for 20, Rob Timmons 7:39.9 for 20, Dave Romansky 7:36.6 for 19m 1132 yards, Cliff Mimm 7:50 for 19, Bob Mimm 8:16 for

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for 19, Don Johnson 9:13 for 19, Bob Timmons 8:37 for 19, David Petri 8:20.6 for 15, and Steve Dirschell 8:13 for 8)--Timmons had 6:46, 6:46, 7:04, 6:52, and 6:44 for his last 5, Randy Mimm finished with a 7:01  
 Women: Combined Team 150 miles 919 yards--American best ( Susan Liers-Westerfield 7:49.6 ave. for 26 miles 919 yards with best of 7:17 on fifth, Norma Arnesen 8:15 for 26, Cathy Flack 8:57.5 for 26, Elena Naughton 10:24.8 for 26, Denise Romansky 9:43.1 for 26, Diana Romansky 11:06.8 for 13, Michelle Inossi 7:58 for 5, Phyllis Flack 11:50.5 for 2) Womens 5 Km, Schenectady, NY, Sept. 3--1. Kathy Coll 30:28 Womens 5 Km, Schenectady, Sept. 11--1. Kathy Coll 29:20 2. Lori Tripoli 30:41 5 Km, Schenectady, Sept. 17--1. Ed O'Connor 28:56 2. Kathy Coll 28:56  
Additional Results Alongi Memorial, Dearborn, Mich., Aug. 29-30 (see Aug. ORW: 1 mile--6. Derrick White 6:43.89 7. Martin Kraft 7:42.25 Womens 5 Km--5. Sally Mader 29:45 6. Joan Thornton 30:15 (11 finished) 880 (13 and under)--1. Tony Burton 4:29 2. Kim Murley 4:29 3. Iavell Davenport 4:34 20 Km--8. Don Winiacki 1:40:09 9. Jerry Young 1:41:48 10. Jay Byers 1:46:34 11. Serge Labelle, Can. 1:51:27 10 Km--7. Andrew McNicoll 50:31 8. James Janos 53:07 9. Vic Philpotts 53:57 10. Barb Carrol 54:02 11. John Hall 55:43 Beginners 3 Km--1. Alfred Smith 15:56 2. Clifford Davenport 16:56 3. James Skalski 16:57 4. Dan O'Brien 17:11 5. Ken Horste 17:20 6. Allan Phillips 17:20 7. Ron Turner 17:29 (28 finishers) 10 Km, Cedar Rapids, Iowa Aug. 1--1. Bob Jordan 58:06 10 Km, Cedar Rapids, Aug. 15--Bob Jordan 57:56 3 Mile, Boone, Ia., July 25--1. Phil Douglas 27:09 2. Al Peasley 27:30 6 Mile, same place--1. Dave Eidahl 51:02 2. Rick Carron 55:20 6 Mile, Ames, Ia., July 12 (93<sup>rd</sup>)--1. Dave Eidahl 53:40 2. Rick Carron 58:16 3. Al Peasley 59:10 4. Dan Ahren 60:17 3 Mile, Woodward, Ia., Aug. 2--1. Al Peasley 26:19 2. Scott Johnston 29:10 3. Dave Schrader 29:11 4. Scott Barber 29:14 9 Mile, same place--1. Dave Eidahl 1:18:10 2. Rick Carron 1:25:47 24 Hour, Iowa, Aug. 22-23--Iowa Race Walkers 149 miles 900 yds (Dave Eidahl, Stan Smith, Rick Carron, Phil Douglas, Al Peasley, Mark Larkin, Tom Wolcott, Tony Bond, Roger Swanson, Tony Wolf) Women: Feki 129 miles 880 yds (Angela Eidahl, Julie Greiner, Julie Bollinger, Julie Anderson, Kim Morgan, Anita Hall, Suzy Carter, Jeanie Bollinger, Marianne Atwood, Tami Carter) 1 Hour Postal Walks, Lincoln, Neb. vs. Havering and Southend of England, Girls: Age 17-18--1. Louise McCarthy, Hav. 9,610 m 2. Patty McEwen, Lincoln 9,510 3. Moira McCarthy, Hav. 8,420 15-16--1. Elizabeth O'Rawe, Southend 9,568 2. Anita Ransome, South. 9,469 3. Loretta Pearce, South 9,155 4. Jackie Marshal, Hav. 9,120 Age 13-14--1. Trudy O'Reilly, South. 9,073 2. Valerie Smith, Lincoln 8,916 3. Margret O'Rawe, South 8,895 11-12--1. Teresa O'Reilly, South 8,176 2. Casey Smith 8,148 3. Tammy Cannon, Linc. 7,498 10 and under--1. Paula Smith, Linc. 8,180 2. Michele Smith, Linc. 7,921 Santa Monica 1/2 Marathon, Aug. 30--1. Ron Daniel 1:46:53 2. Roger Brandwein 1:51:20 3. Brad Jacobs 1:53:33 4. Chris Smith 1:54:28 5. John Kelly 1:59:48 6. Bob Long 2:17:10 Marathon, same place--1. John Rim 4:11:10 Women--1. Anne Todoroff 4:42:10 5 Km Hdcp, Los Angeles, Sept. 20--1. Ralph Nunn 33:13 2. John MacLachlan 28:25 3. Larry Pollock (age 14) 29:22 4. 5. Rose Kash (60) 35:19 6. Win McFadden (76) 36:10 7. Chris Smith (18) 25:08 8. Vickie Jones 25:08 8. Ron Daniel 26:43 10. Roger Brandwein 26:42 (13 finished)

10 Km, San Francisco, Aug. 1--1. Dennis Gustafson 53:18 2. Chuck Marut 53:41 1 Mile, same place--1. Gustafson 7:28 2. Marut 8:19 3. Craig Bergquist 8:24 5 Km, same place--1. Bergquist 21:38 5 Km, San Francisco, Aug. 8--1. Chuck Marut 26:04 2. Beth Sibley 29:03 1 Mile, same place--1. Byron Richardson 7:28 5 Km, San Francisco, Aug. 22--1. Chuck Marut 24:43.9 2. Alan May 25:06.5 3. Otto Sommerauer 27:19.6 (course reported 722' short) NW Masters 10 Km, Portland, Ore., July 25--1. Ed Glander 58:36.5 2. Ed Kraemer 64:27.9 Women--1. Veb LaVeck 62:45.2

## GONZALES BACK AT IT, JOBIN CONTINUES TO IMPROVE

Raul Gonzales, thought to be retired, showed up in Montreal for the Marcel Jobin International on June 21, a result the ORW has been slow in receiving. The world record holder proved to be as tough as ever as he turned in a 3:47:16 on the track. But it was not an easy victory, as host Marcel Jobin stayed with him step for step through 35 Km and even then dropped back very grudgingly, finishing only 31 seconds behind. Jobin was able to finish well clear of Martin Bermudez, ranked second in the world in 1979. A third Mexican, Arturo Eravo, also broke 4 hours.

Jobin got a personal record, a Canadian record, and a North American record for his efforts. "Speedy" Gonzales, as Denmark's Egon Rasmussen is now calling him, had to settle for the seventh best time of his distinguished career, his third best on the track. (His world record is 3:41:39.)

1. Raul Gonzales, Mex. 3:47:16 (22:36, 44:53.3, 1:07:17.9, 1:29:38.8, 1:52:09.7, 2:14:15.9, 2:36:44.4, 3:00:10.3, 3:23:29.9) 2. Marcel Jobin, Canada 3:47:47.2 (22:38.1, 44:53.6, 1:07:17.8, 1:29:39.2, 1:52:09.7, 2:14:16.5, 2:36:44.5, 3:00:15.0, 3:23:57.1) 3. Martin Bermudez, Mex. 3:53:09.1 (22:37.7, 44:53.9, 1:07:23.9, 1:29:38.8, 1:52:09.6, 2:14:28.7, 2:37:25.7, 3:00:47.8, 3:26:59.2) 4. Arturo Eravo, Mex. 3:59:25.5 (22:39.0, 45:19.0, 1:08:05.1, 1:30:53.8, 1:54:38.2, 2:18:44.8, 2:43:23.7, 3:09:11.5, 3:35:19.5) 5. Felix Gomez, Mex. 4:20:59.0 (1:56:00 at 25 Km) 6. Francois LaPointe, Can. 4:35:22.0 (1:59:55.8 at 25) DNF: Ernesto Canto, Mex. 1:52:12.2 at 25; A. Linares, Mex. 1:53:53.7 at 25; Angel Flores, Mex. 1:56:25.4 at 25; Erling Andersen, Norway 1:57:13.2 at 25; Enrique Vera, Mex. 1:08:53.1 at 15)

## Other Results:

Lugano Cup Qualifier, Helsinki, Aug. 29-30: 50 Km: 1. Erling Andersen, Nor. 4:05:33 2. Reima Salonen, Fin. 4:06:26 3. I. Moen, Nor. 4:06:49 4. Dennis Jackson, GB 4:11:16 5. Ian Richards, GB 4:17:03 20 Km: 1. Steve Barry, GB 1:26:44 2. Ian McCombie, GB 1:28:02 3. Erling Andersen, Nor. 1:28:33 (12 hours after 50 Km finish) 4. W. Weiderman, E.G. 1:28:49. Teams: Great Britain 49, Norway 44, West Germany 37, Finland 28. GB and Norway qualify for final. Womens 5 Km (Track), Kisa, Sweden, Aug. 9--1. Siv Gustavsson 23:44.2 2. Ann Jansson 24:25 3. Britt Holquist 24:30 4. Ann-Marie Larsson 24:33 5. Jeannette Oqvist 24:51 6. Monika Karlsson 24:59 5 Km (Track), Linkoping, Swed., June 14--1. Ernesto Canto, Mex. 19:40.6 2. Enrique Vera, Mex. 19:48 3. Eduardo Linares, Mex. 19:54 5 Km (Track), Banska Bystrica, Czech., May 5--1. Jozef Fribilinec 18:51.2 (1:15 at 3 Km) 2. Stefan Fetrik 20:12 3. Faval Blazek 20:22.2 Prague/Podebrady 50 Km, June 13--1. Valeri Suntsov, USSR 3:57:16 20 Km (track), Bratislava, Czech. July 4--Jozef Fribilinec 1:31:30 20 Km, Banska Bystrica, July 19--1. Steffen Muller, E.G. 1:29:19 5 Km (track), Venezia, Italy, June 17--1. Maurizio Damilano, 19:19.74 2. Alessandro Pezzatini 19:37.9 3. Carlo Mattioli 19:38 4. Vittorio Visini 20:12 5. Georgio Damilano 20:15 30 Km (Track), Bellinzona, Italy, June 20--1. Graziano Morotti 2:14:49.2 15 Km, Lomello, Italy, June 13--1. Maurizio Damilano 64:57 2. Alessandro Pezzatini 65:33 Italian 10 Km Champ. (Track), Torino, June 14--1. Maurizio Damilano 41:24.75 2. Carlo Mattioli 42:26.31 Womens 5 Km (Track), Leningrad, July 24--1. Aleksandra Deverinskaia 22:50.0 (World's Best Performance) 2. Natalia Shari-pova 22:59.27 3. Loga Tachugonova 23:03.02 4. ? Vakentina Antonava 5.

23:26.9 Galina Zaharova 6. Tartanya-Kobzary 23:30.2 7. Olga Yaruskina  
 23:40.1 8. Evgeniya Troisyskina 24:04.4 9. Regina Balbovsaya 24 06.6  
 10. Valentina Filina 24:16.6 11. Svetlana Krasavtseva 24:23.9 12. Liya  
 Grigoryeva 24:32.9 13. Alla Ahmedzyahova 24:34.9 14. Valentina Andreyeyk  
 24:40.3 15. Vera Kovaleva 24:45.9 20 Km, Kischinyov, USSR, May 17--1.  
 Yevgeniy Yevsyukov 1:22:33.4 2. Nikolai Matveyev 1:24:06 3. Alexander  
 Udaalov 1:25:07 4. V. Volnuchin 1:25:48 5. Nikolai Vinnitschenko 1:26:16  
 6. S. Tsyabaluk 1:26:17 20 Km, Styelkovo, USSR, March 29--1. A. Startschekko  
 1:21:15 2. D. Markin 1:21:21 3. S. Bantikov 1:21:25 4. V. Gromov 1:23:26  
 5. S. Styeloma 1:24:00 6. V. Morozov 1:24:45 7. A. Grigaliunas 1:24:45  
 50 Km, Leningrad, July 24--1. Viktor Grodovtusk 3:53:03 2. Viktor Dorovsk  
 3:55:14 3. Vyatcheslav Fursov 3:56:36 4. Mikola Udovenko 3:57:18  
 5. Aleksandr Startschenko 3:57:49 6. Kikolai Pokatov 3:58:18 7. Ivan Tisho-  
 nov 4:00:06 8. Sergei Cymbalyuk 4 01:03 9. Valeri Jarec 4:01:37 10.  
 Sergei Jung 4:03:52 20 Km, Leningrad, July 26--1. Anatoliy Solomin  
 1:24:29 2. Yevgeniy Yevsyukov 1:24:31 3. Vadit Tsvetkov 1:24:48 4.  
 Nikolai Vinnitschenko 1:26:19 5. Nikolai Polozov 1:26:55 6. Vladimir Bay-  
 dacenko 1:27:17 7. Boris Yakovlyev 1:27:34 8. Boris Savtsuk 1:27:41  
 50 Km, Riga, July 10--1. Aivars Rumbenieks 3:53:13 (Latvian record)  
 10 Km (Track), E.G.-USSR Jr. Match, Cobus, E.G., June 24--1. Ralf Kowalsky,  
 E.G. 39:54.75 (World Junior best) 2. Viktor Mostovik, USSR 41:33.67 3.  
 Vladimir Fischko, USSR 42:08.27 E.G. Jr. 10 Km Champ. (Track), Halle, July 4--  
 1. Ralf Kowalsky 40:23.18 2. Andrey Subarth 42:58.91 East German 50 Km  
 Championship, Berlin, July 18--1. Uwe Dunkel 3:45:51 (22:25, 44:54, 67:30,  
 1:29:50, 1:51:56, 2:14:37, 2:37:32, 3:00:36, 3:22:51)--East German Best  
 2. Hartwig Gauder 3:46:57 3. Dietmar Meisch 3:48:57 4. Roland Weigel  
 3:49:53 East German 20 Km Champ., Jena, July 8--1. Ralf Kowalsky 1:21:39  
 (20:50, 41:27, 61:40) 2. Roland Weiser 1:22:12 3. Roland Weigel 1:22:40  
 4. Hartwig Gauder 1:24:09 5. Werner Meyer 1:25:25 6. Thomas Andrae 1:26:34  
 7. Uwe Dunkel 1:26:47 8. Dietmar Meisch 1:26:47 9. Steffen Muller I  
 1:27:11 10. Steffen Muller II 1:28:22 Womens 10 Km (road), Melbourne, Aust.  
 June 13--1. Lorraine Young 50:17 2. Sheila Miller 53:32 Womens 5 Km (Track)  
 Collingwood, Aust., June 27--1. Sally Pierson 23:07 2. Lorraine Young 24:43  
 3. Sheila Miller 25:33 Womens 25 Km (road), Canberra, Aust., June 20--1.  
 Sue Cook 2:12:38 (Worlds Best) (55:07, 1:21:05, 1:46:55) 20 Mile (road)  
 Canberra, July 7--1. Willi Sawall 2:22:14 (1:26:24 at 20 Km, 2:12:18 at  
 30 Km) 2. Tim Erickson 2:27:23 Womens 1 Hour, Sydney, June 13--1. Anne Ryan  
 11:43 n. 5 Km (road), Sydney, June 27--1. Sue Cook 23:23 2. Anne Ryan  
 24:47 5 Km (road), Melbourne, June 20--1. Sally Pierson 23:11 2. Lorraine  
 Young 24:02 Womens 5 Km (road), Melbourne, July 5--1. Sue Cook 23:23.4 2.  
 Lorraine Young 24:37.5 Womens 5 Km (road), Melbourne, July 11--1. Sally  
 Pierson 23:23 2. Lorraine Young 24:13 Womens 5 Km, Canberra, July 11--1. Sue  
 Cook 23:02 Womens 5 Km (road), Richmond, Aust. July 5--1. Rachel Thompson  
 24:46 2. Anne Ryan 24:49 Womens 5 Km (track), Collingwood, July 18--1.  
 Sally Pierson 23:08 2. Lorraine Young 24:10 Womens 10 Km (road), Melbourne,  
 Aug. 1--1. Sue Cook 49:51 2. Lorraine Young 52:01 3. Sarah Miller 53:13  
 Australian Womens 5 Km Champ. (road), Melbourne, July 26--1. Sue Cook 22:58  
 2. Sally Pierson 23:04 3. Lorraine Young 24:14 4. Anne Ryan 24:38 5.  
 Rachel Thompson 24:57 6. Lillian Harpur 25:06 7. Sheila Miller 25:21  
 Australian 50 Km, Champ., Melbourne, July 26--1. Willi Sawall 3:53:55  
 American 20 Km Champ., Algiers, July 25--1. Kachkouche 1:30:09  
 20 Km, Nidhausen, Fr., July 18--1. Gerard Lelievre 1:25:46 2. Guebey 1:29:25  
 Nordic Championships, Froya, Norway, July 26--Womens 10 Km (road): 1. Froydis  
 Hilsen, Nor. 49:17 2. Ann-Marie Larsson, Swed. 50:13 3. Monika Karlsson,  
 Swed. 51:03 4. Sirkka Haataja, Fin. 51:51 5. Mia Kjolberg, Nor. 52:33  
 50 Km: 1. Reima Salonen, Fin. 4:03:23 2. Bo Gustafsson, Swed. 4:03:55  
 3. Max Sjoholm, Swed. 4:10:49 20 Km: 1. Erling Andersen, Nor. 1:29:00

2. Roland Nilsson, Swed. 1:29:50 Womens 5 Km (road): 1. Ann Jansson, Swed.  
 23:56.7 2. Froydis Hilsen, Nor. 24:11 3. Berit Karlsson, Swed. 24:38  
 Womens 5 Km (road), Malung, Swed., June 19--1. Ann-Marie Larsson 24:45 2.  
 Margareta Olsson 25:17 Womens 10 Km, Venjan, Swed. June 21--1. Ann-Marie  
 Larsson 52:45 Womens 10 Km (road), Appelbo, Swed. June 21--1. Ann-Marie  
 Larsson 52:03 20 Km, Szeged, Hung., July 5--1. J. Szalas 1:26:35 2. Imre  
 Stankovics 1:26:43 3. Domjan 1:29:58 Swiss 50 Km Champ., Obersiefenthal--  
 1. Rudi Gross 4:05:09 2. Boby Fonzo 4:13:17 Belgian 50 Km Champ., Tames,  
 June 28--1. Gerard Boujon 4:20:07 Greek 20 Km Champ., Athens, April 12--1.  
 A. Karaygeorges 1:28:00 2. H. Karaygeorges 1:28:40 Dutch 50 Km Champ., Sint-  
 Jacobiparochie, June 13--1. Dirk Maasen van den Brink 4:42:57 Finnish 20 Km  
 Champ., Helsinki, Aug. 22--1. Reima Salonen 1:28:36 2. Matti Katila 1:31:50  
 2 Mile (Track), Warsaw, Poland, June 4--1. Bohdan BuBakowski 12:31.5 (6:13)  
 European Junior 10 Km Champ. (Track), Utrecht, Holland, Aug. 20--1. Ralf  
 Kowalsky, E.G. 39:56.23 2. Aleksandr Potashev, USSR 41:39.35 3. Viktor  
 Mostovik, USSR 41:46.56 4. Franz-Josef Weber, W.G. 42:11 5. Walter Arena,  
 Italy 42:49.2 6. Pascal Lenghart, Fr. 42:58.4 7. Gordon Vale, BG 43:05.6  
 8. Anders Hjelle, Nor. 43:20.5 Womens 5 Km, Ottawa, Can., July 3--1. Ann  
 Peel 23:58 7 Mile, Bladen, Eng., Aug. 2--1. Steve Barry 49:30  
 Hastings-to-Brighton 60.64 Km, Aug. 1--1. Bob Dobson 5:28:18 2. Peter Ryan  
 5:40:26 3. J. Newnham 5:47:12 4. Dave Boxall 5:53:00

## FORTHCOMING RACE WALKING COMPETITIONS YOU MIGHT WISH TO ATTEND

Thu. Oct. 8--5 Km, Schenectady, N.Y. (P) and each Thursday in October  
 Sat. Oct. 10--5 Km and 50 Km, Washington, DC, 9a.m. (E)  
 10 Km, Monterey, Cal., 10 a.m. (N)  
 Sun. Oct. 18--1 and 2 Hour, Arlington, Va., 9 a.m. (E)  
 Sat. Oct. 24--6 Mile, Pekin, Iowa, 1 p.m. (H)  
 Sun. Nov. 1--1 and 2 Hour, College Park, Md., 9 a.m. (E)  
 1 and 2 Hour, Los Angeles, 9 a.m. (F)  
 40 Km, Columbia, Mo., 7:30 a.m. (I)  
 Sun. Nov. 8--NATIONAL TAC SENIOR AND MASTERS 40 KM, LONG BRANCH, N.J., 10 a.m.  
 (Q)  
 Wed. Nov. 11--1 and 2 Hour, Cambridge, Mass. (Y)  
 Sun. Nov. 15--1 Hour and Novice Mile, Arlington, Va., 2 p.m. (E)  
 5 Km, Los Angeles, 8:30 a.m. (F)  
 Sat. Nov. 21--5 Mile, Des Moines, Ia., 9:30 a.m. (H)  
 20 Km, Columbia, Mo., 10 a.m. (I)  
 1 Hour, Lafayette, Col., 3 p.m. (K)  
 Sun. Nov. 22--5 Km Hdcp., Seattle (W)  
 Thu. Nov. 26--5 Mile Men, 2 Mile Women, Des Moines, 9:30 a.m. (H)  
 Sat. Dec. 12--Pac. NW 15 Km, Seattle (W)  
 Sun. Dec. 13--7 Mile Hdcp., Valley Coll., Cal., 2 p.m. (F)

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LARRY O'NEIL 1907-1981

On September 21, 1967, the good folks in Columbia, Missouri were inspired to stage the first of their annual 100 mile races. That race was blessed by the presence of a gentleman from Montana, two days past his 60th birthday, and a recent convert to the sport of race walking--Larry O'Neil. Larry took off at a pace just over 11 minutes a mile and just kept going. Nineteen hours, 24 minutes, and 34 seconds later he had become the first American to walk the distance since 1878 when three men performed the feat in New York City. (J.B. Gillie won that one in 21:00:42.) So Larry had an American record in one of his earliest races. Before he was finished, Larry completed the 100-mile distance five more times, once on a tiny indoor track in Los Angeles. The most recent was in Columbia in 1977 when he did a 21:55:23 at age 70.

Two months <sup>ago</sup> we reported that Larry was suffering with amyotrophic lateral sclerosis--the same disorder that felled Lou Gehrig in his prime. This was a battle even Larry couldn't win and he died on September 14, 7 days short of his 74th birthday. Elsie McCarvey, who trained with Larry and was inspired by him to become our first woman Centurion, delivered the eulogy as he was laid to rest and we certainly can offer no more fitting words than those spoken by Elsie.

Many of us have a secret wish that somehow we might find a magic way to make life the way we hoped it would be when we were children: when golden opportunities would be seized; when we would be heroes or heroines, noble and brave; when our efforts would bring fulfillment; and when we would find generous comrades and friendship without flaw. In his late fifties, usually a time of life when dreams are relinquished, Larry became a race walker. Incredibly, and almost magically, those secret ambitions were fulfilled and Larry recaptured the joy and hope which usually belong to youth.

It was not just the glory and the recognition, although that was there almost from the beginning. Within two years after he started training, he was one of the most respected American race walkers. He became the first American in this century to walk 100 miles in less than 24 hours; a remarkable achievement of imagination, personal insight, and endurance. His fellow walkers named him "Man of the Year" and in the years that followed there were many trophies and records. But more important--and the reason, I think, that he continued training through the years--were the emotional and spiritual benefits. Walking, Larry became the best he could be. Exhaustion, discouragement, pain, and injuries were irrelevant. His pace never wavered; there was a sense of an indomitable will, of a man who was unable to give less than his best. He walked with joy, and counted a day lost when he could not train.

In everyday life he was a reticent, almost taciturn man. His sister once told me that Larry had always had difficulty expressing his feelings. But when he walked, he became a delightful companion, entertaining those who trained with him with fine stories--funny, dramatic, engrossing. Sometimes, after walking 10 or 15 miles, he spoke of things close to his heart. So I was privileged to hear of his hopes--and he was an optimist--and of his feelings for those he cared about. He talked about his children and grandchildren, and his pride in them. Once in awhile, he told me of some of the sorrows which had entered his life and the anguish he had felt. As he walked, he was freed from everyday repressions, and was able to

express those feelings which usually went unexpressed. Walking was medicine for physical ills, solace for worry and sorrow. Though the large amount of training may have sometimes seemed overly absorbing of his time and energy, it was the only way in which he could be a whole person. Carolyn knows this because she also walked many miles with Larry. I think that she asked me to talk today because she wanted you to know something of the man who was revealed through walking.

Larry wanted everyone to experience the joy and release he had found, and the best way he knew to do this was to try to get everyone to learn the satisfaction which can be found in physical activity. It was his way of showing friendship and love. The memorial he would most appreciate would be to have his accomplishments serve as an example and inspiration.

A little more than three years ago, Larry called me and said, "I have wonderful news! There is a new coat of asphalt in the Conrad Cemetery." He knew this would be a fine place to put in some training walks of 25 or 30 miles. Since then, we have walked many hundreds of miles. Far from being oppressed by the location, we recalled and reminisced about friends who are gone. Now Larry will be resting here, but as long as we live, we shall sense his spirit, moving along these roads at a fast and even pace.

#### FROM HEEL TO TOE

Race walking articles continue to pop up in all sorts of unexpected places. Larry Larson sent us an article by Howie Jacobsen that appeared in Glamour magazine--If you want to keep your summer-trim body all winter long--or if you're finally going to get in shape--try RACEWALKING! This was in the September issue, and followed up an August article entitled "How To Turn Your Plain Old Ordinary Walk Into Something Sexy, Assertive or Athletic". That one was not on race walking, however. Bev LaVeck has clued us in on two recent articles. One appeared in the Summer, 1981 issue of "Small World", a publication for VW owners. She also supplied us with a copy of an article entitled "Characteristics of National-Class Race Walkers" from The Physician and Sportsmedicine, September, 1981. The abstract of that article tells us: "Physiological and selected psychological characteristics of nine highly trained race walkers were studied and the results compared to those for distance runners and other athletes of similar age. The percent body fat of the race walkers was similar to or lower than the other athletes. Their  $VO_2$  max of  $62.9 \text{ ml}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$  was significantly higher than active men of comparable age and similar to or higher than many athletes, but significantly lower than world-class endurance athletes." The athletes were not identified, but Martin Kraft and Gerry Bocci were shown in a picture. The authors were three MD's and a PhD from Detroit, Cleveland, and Lafayette, Louisiana. . . A picture of Michigan race walker, Vic Philpotts, was released on the AF wire. It shows Vic walking while pulling an old tire filled with sand and attached to his waist. The picture was taken at the Olympic Training Center in Colorado Springs. . . Bob Lawson has left the University of Wisconsin-Parkside and is now Assistant Track Coach at the US Naval Academy. No one has yet been named to fill the Parkside vacancy. Hopefully, it will be someone interested in continuing the strong walking program there. . . With postal races upcoming, Carl Croneberg wants those conducting the races to note that it is Potomac Valley, not Patomic as has appeared in the past. . . Todd Scully's 22:07 5 Km at Takanasee Lake in Long Branch is not a course record as reported last month. Ron Daniel lays claim to a 21:38 on that course on Aug. 6, 1979. Unless, of course, they have changed the course in the meantime. . . Ron is looking for more comment from women race walkers on the proposal to pull race walking from

Women's T&F Committee and form a single Race Walking Committee (men and women). Are you for or agin' and why? Write Ron at (Daniel, that is) at 110 S. Michigan Ave. #14, Pasadena, CA 91106. . . Bruce MacDonald is also seeking information from the ladies. He wants best performances at 1 mile, 3000 meters, 5000 meters and 10,000 meters, accompanied by name, address, and date of birth. He is trying to assemble a list of the best women walkers in the U.S. Send info to Bruce at 39 Fairview Ave., Fort Washington, NY 11050. . . Attention all walkers in the New England area. A New England Walkers Club is being formed to "promote walking as recreation, as healthful exercise, and as a competitive sport." For further information, send a stamped, self-addressed envelope to Tom Knatt, 83 Riverside Ave., West Concord, MA 01742, or just send Tom 6 bucks (he's trustworthy) and join now. . .

## LETTERS:

Mort,

The clash of the Centurions will have to go on without me--No. 22--this year as I am in the hospital in Man, W.V. This would have been my fifth race at Columbia.

I had taken two days off (my vacation for my birthday) August 24 and 25, to chase the horizon on my new motorcycle; not a slow plodder like we Centurions, but a sprinter that would have exploded out of the block like a fine young Olympian. A black truck made a u-turn in front of me! He never saw me! He never looked. He came from the side of road, skidding tires all the way, bouncing and laughing---The explosion of metal, tearing of expensive clothes, leather and boots, the banging of my full face helmet and it was all over. The large bone between my knee and ankle has a steel plate to hold three breaks. The small bone along side is broken in two places and went back together easier. I will be out of a cast in 6 months, walk without crutches maybe in a year. Race? If I have to crawl, I will race again!

Unlike the last two years, which have been less than completely successful for me, this season I threw my stop watches, calculators, detailed training diary away. I went back to my hills, back to the principal my friend Jack Blackburn firts taught me. Miles piled upon miles. That July night, after walking the hills of Greene county, then into the dimly lighted streets of Xenia, for 12 hours (48 miles), until 6 a.m., I had been on my feet for 24 hours. Only the Friday before, I could hardly walk 18 miles over those hills! I now found what I had lost for two years--the killer instinct, the primitive beast in every ultradistance athlete--the "saber tooth tiger". So it had been going for every weekend for almost two months, until this two day rest before the final push.

So, when they call No.22 this year, pause a moment, my brothers, pause a moment for my spirit to soar from this plaster cast holding me (in the mountains of West Virginia and then on the green hills of Ohio) to Columbia. It may be 2 or 3 years, but that slouchy bicycle cap pulled down over my sunglasses and I will be back to walk with you again, and maybe, just maybe, I can find my "Tiger" again.

#22 Richard Myers

(Along with everything else, Rich has a bit of the poet in him, too.)

TO THE EDITOR AND READERS OF THE OHIO RACEWALKER

I have received information, a copy of which is enclosed. The rules and records Chairman of the Southern Association of TAC, Mr. Wayne Vest, has submitted an amendment to be voted on at the National Convention, that will

just about eliminate youth rewalking throughout the US if it should be passed. If any of you would also like a copy of this farce, please let me know.

Mr. Vest's legislation is as follows: Racewalking competition will be held separate from all boys age group track and field competition and racewalking will not be included in the National boys age group championship meets.

I called Mr. Vest by phone and his reasons were that the majority of the Southern Association personnel are disenchanted with the time involved in holding racewalking in the boy's meet. I asked him how he felt about girl's race walking and he responded that he had nothing against the girls. (Maybe he has a daughter who race walks!!!) Anyhow, the time involved is about one hour and twenty minutes for five divisions of young men. Now Mr. Vest, REALLY!!!

To those who are disenchanted in the Southern Association and to Mr. Wayne Vest, my response is, race walking is like homemade ice cream--you don't know how sweet it is until you've tasted it, and once you've tasted it, you'll be back for more.

Also, I asked Mr. Vest if he would be at the Convention to read his proposal. His reply--NO!!!

Our young men and women need the same exposure as the track and field athletes. The event is no more time consuming than other events and nowhere do I read or hear of a race walker doing legislation to drop an event such as the shot pu, 100 meter dash, etc. But I do read and hear of the race walkers supporting these events.

Race walkers, please contact the delegate who will represent your association at the National Convention in Reno Dec. 4 to vote NO on the amendment of the Southern Association and vote YES to adopt the National Federation of High Schools rule for age group race walking.

Kip McEwen  
2640 West O St.  
Lincoln, NE 68528

Dear Mr. Mortland,

This is a letter of thanks to Martin Rudow, Ron Laird, Jim Heiring, Marco Evoniuk, and a real nice fellow from Detroit whose name eludes me but whose efforts helped others and myself at the recent "Olympic Development Camp" in Colorado Springs. (Ed. Must have been Frank Alongi)

From August 15 through 22, Martin and his "staff" helped approximately 30 young walkers, myself included, learn more about our sport. The week consisted of classroom sessions, track and road workouts, individual style sessions, videotaping to analyse form, physical testing, instruction in stretching, and an evening viewing Olympic films featuring top walkers.

For every person at the camp who gave themselves totally to it, much was gained. A walker could not help but profit from all the information and experiences that were shared with us. And it was a rare opportunity to work out with some of the nation's top walkers.

If this sounds like boot camp, it wasn't. We had a lot of freedom and access to the Olympic Training Center's diversified facilities. There were some mighty fine folks at the Camp and it was really a lot fun. . . in spite of the thin air.

A special thanks must be given to Martin Rudow. Now that I am out of college and have a full-time job, it's easier to appreciate how precious vacation time is. He gave a week of his to the Camp, hit the ground walking, and

didn't let up for a week. His dedication to the sport and interest in developing it were inspiring.

For young walkers interested in bettering themselves, this summer program is more than a camp--it is an opportunity! My hope is that it will continue and grow so that more people will be able to better themselves.

Kevin Knight

#### ADDITIONAL RESULTS:

Lugano Cup Qualifier at Szolnok, Aug. 29-30: 20 Km--1. Josef Pribilinec, Czech. 1:26:48 2. S. Petrik, Czech. 1:27:09 3. Bohdan Bulakowski, Pol. 1:27:29 4. Z. Szlapkin, Pol. 1:27:33 5. A. Karageorgos, Greece 1:27:40 6. J. Zimka, Czech. 1:28:17 7. Imre Stankovics, Hung. 1:28:58 8. J. Kaximierski, Pol. 1:29:03 50 Km--1. Stanislaw Rola, Pol. 4:10:41 2. M. Domjan, Hung. 4:12:23 3. F. Danovszky, Hung. 4:18:50 4. P. Szikora, Czech. 4:22:30 5. P. Jati, Czech 4:22:30 6. M. Svoboda, Czech. 4:22:30 7. E. Andrasfay, Hung. 4:22:47 Teams: 1. Czechoslovakia 72 2. Poland 64 3. Hungary 58 4. Greece 23 5. Austria 14

Lugano Cup Qualifier at St. Aubin les Elbeuf, Sept. 5-6: 20 Km--1. D. Guebey, Fr. 1:30:21 2. M. Fesselier, Fr. 1:33:19 3. L. Karlsson, Swed. 1:33:56 4. R. Nilsson, Swed. 1:33:58 5. O. Hemmingsson, Swed. 1:35:55 6. D. Terraz, Fr. 1:36:11 50 Km--1. Gerard Lelievre, Fr. 3:57:35 2. Bo Gustavsson, Swed. 4:04:07 3. Stig Elofsson, Swed. 4:13:11 4. Max Sjöholm, Swed. 4:18:47 5. T. Janse, Swed. 4:19:40 6. M. Dumont, Fr. 4:21:12 7. J. Saint Martin, Fr. 4:28:33 8. A. Moulinet, Fr. 4:28:37 Teams: 1. France 77 2. Sweden 75 3. Switzerland 39 4. Netherlands 27 5. Belgium 24

From New York City: 13.1 miles, March 22--1. Ali Boucekouk 1:48:14 2. Ray Floriani 3. Barney Moldrem 2:01:51 4. Lon Wilson 2:04:40 5. Dorothy Kelley 2:09:47 (13 finishers) 10 Km, March 29--1. Ali Boucekouk 50:45 2. Vincent O'Sullivan 51:42 3. Howard Jacobsen 56:20 4. Leo Standora 58:36 5. Bruno Galeotti 59:35 6. Dorothy Kelley 60:14 (29 finishers) 7 Mile, April 4--1. David Balboul 1:14:39 2. Randy Pray 1:14:40 5 Miles, April 12--1. Ray Floriani 41:27 2. Richard Evans 43:15 3. Marcus Kantz 49:14 (9 finishers) 5 Miles, June 7--1. Ray Floriani 39:35 2. Richard Evans 42:21 3. David Petri 43:27 4. Tracey McCullough 45:56 5. Bruno Galeotti 47:53 (8 finishers) 4 Mile, June 21--1. Lon Wilson 35:42 2. Bruno Galeotti 38:39 3. Ovadine Wilson 38:58 (17 finishers) Marathon, May 27--1. Vincent O'Sullivan 3:42:27 2. Lon Wilson 4:55:49 3. Ovadine Wilson 4:58:50 5 Miles, May 2--1. Dorothy Kelley 45:08 13.1 Miles, June 28--1. Jack Boitano 1:49:47 2. Ray Floriani 1:51:24 3. Stephen Johnson 2:02:41 4. Barney Moldrem 2:05:03 5. Tom Kline 2:06:18 6. Bruno Galeotti 2:12:29 (18 finishers) 10 Km, July 5--1. Bruno Galeotti 60:55 2. David Balboul 64:37 (9 finishers) 5 Miles, July 26--1. Ali Boucekouk 39:59 2. Ray Floriani 41:01 3. Richard Evans 43:39 4. Dorothy Kelley 46:04 5. Lon Wilson 46:34 6. Ovadine Wilson 48:49 (12 finishers) 10 Km, Aug. 20--1. Tom Magee 53:07 2. William Veith 53:10 3. Pedro Luma 60:07 4. David Balboul 60:42 (11 finishers) 13.1 Miles, Sept. 6--1. Stephen Johnson 1:56:32 2. Dorothy Kelley 2:05:20 3. Charles Rooney 2:18:16 (14 finishers)

#### COOKING BACK

15 Years Ago (From the Sept. 1966 ORW)--East Germany's Dieter Lindner beat the Soviet duo of Vladimir Golubnichy and Nikolai Smaga to win the 20 km in the European Championships. His time was 1:29:25. Italy's 1964 Olympic Champion, Abdon Pamich, won the 50 in 4:18:32, again over a Soviet duo of Agapov and Tscherbina. . . In the Mackinac Bridge walk of about 4½ miles, Canadian Felix Cappella won by 4 minutes over Goetz Klopfer in 34:36. . . The Canadian 50 Km went to Alex Oakley in 4:44:51.6, 12 minutes ahead of Shaul Ladany. . . Ron Laird won the National 25 Km on a very hot day in

Seattle with a 2:06:16. Tom Dooley was second, nearly 12 minutes back.

10 Years Ago (From the Sept. 1971 ORW)--Young, Laird, Ladany, Dominate September Headlines it said. Larry Young for his victory in the NAAU 30 Km in Seattle and an American record at 100 miles. In the 30, he pulled clear of Ron Laird in the final 10 Km to win in 2:25:40 to Ron's 2:28:10. Bill Ranney, Goetz Klopfer, Bob Bowman, and Steve Tyrer rounded out the top six. In the 100 miler, held indoors because of monsoons, Larry took it easy for 96 miles and then picked up the pace to finish off his record 18:07:12 with miles of 9:40, 9:21, 7:59, and 7:50!!! . . . Laird for a National title at 25 Km on Long Island in 2:01:48.4. But not without competition as John Knifton in 2:03:34, Bob Kitchen in 2:04:12.6, Marcel Jobin in 2:05:27.4, Gary Westerfield 2:06:35.2, Ron Kulik 2:07:17.6, and Todd Scully 2:08:02.4 gave chase. . . And Shaul Ladany for his win in the London-to-Brighton 52 plus miler in 7:57:17 (37½ minutes ahead of second) a few weeks after winning the Hastings-to-Brighton 38 miler in 5:33:36 by 9 minutes. . . Up-and-coming Bill Weigle won the National Junior 35 Km in 3:14:45. . . In a 10 miler in Continental, Ohio, Jack Blackburn edged Jack Mortland 81:01 to 81:09, with Phil McDonald better than a minute back. Phil got his revenge a week later as he wiped out both Jacks while finishing 10th in that National 25. . . Dennis Reilly won the National Junior 15 Km in 1:22:17 as an accompanying open race went to Larry Walker in 1:12:47.

5 Years Ago (From the Sept. 1976 ORW)--The National 30 Km in Des Moines went to Larry Young in 2:27:26. Floyd Godwin stayed close most of the way, and finished just 3 minutes back. Augie Hirt was a distant third ahead of Ron Laird. . . Augie won the National 100 miler in Columbia in 19:55:16, with Chuck Hunter, finishing the race for the fourth straight year, only 10:34 behind. There were seven finishers, with our own Jack Blackburn joining Hirt as a new Centurion. Jack was fourth in 21:57:11. . . The World 50 Km Championship race, held because the 50 was left out of the Montreal Olympics, went to the USSR's Veniamin Doldatenko in 3:54:40. He was followed by Enrique Vera, Mexico, in 3:58:14 and Reima Salonen, Finland, in 3:58:53. Larry Young was the first US competitor in 21st with 4:16:47 as he lost 8 places while taking more than 58 minutes for the final 10. Augie Hirt had 4:28:35 in 27th. . . Steve Pecinovsky just beat Marty Kraft for the National Class B 15 Km title at Mackinac Island, as both walkers were given a time of 1:12:12. In the Bridge walk the next day, Ron Laird won in 34:06.5, with Pecinovsky and Bill Walker tying for second just over 2 minutes back. . . In East Germany, Hans Gauder won the 20 Km title in 1:26:25 and Junior Rolf Berner did a 1:25:37 on the track