

Ohio Race Walker  
3184 Summit Street  
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# OHIO RACEWALKER

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APRIL 1978

## GREAT APRIL PROMISES BIG THINGS IN '78

If April is any indicator, 1978 should be a great year in the world of race walking. On the International scene, Mexico's Raul Gonzalez blitzed a 3:45:52 for 50 Km in Mexico City. That's nearly 7 minutes under Bernd Kannenberg's former world best of 3:52:44.6. On the domestic side, we had two national title races and Augie Hirt bettered the U.S. citizen's record in one of them--the 75 Km. Augie won in 7:05:46 and then went on to another record at 50 miles in 7:39:39. Martin Kraft was a close second in 7:10:32. In the other national, John Knifton easily won the 35 km title in 3:05:42.

In other races, Wisconsin Parkside's Chris Hansen made a great break through with a 43:58.5 for 10 Km on the track. Just coming back from a winter-long illness, Chris was nearly 2 minutes under his previous best, so the race promises better things to come.

At this time we have no details on Gonzalez's race or other races during the Mexican international walking week. But we can put things in perspective by noting that his time amounts to five 45:10 10 Km races with no rest between. Elsewhere in this issue, you will see that 45:10 would have been good for second place in the British national race. If the course was accurate--well, what more can we say? Should have more details on what went on down there next month.

### HIRT TAKES 75 KILOMETER

In the National 75, defender Shaul Ladany and Allen Price blistered the early pace but paid for it later. Augie Hirt, meanwhile, strong and confident, started conservatively and then came through to the win. He never got too far out on Detroit's Martin Kraft, however, and Marty was way under his U.S. citizen's record of 7:27:15 set in last year's race. Ladany had won that race in a record 7:04:47.8. He had also won for 3 years before that. Before that, there was no 75 km national. So Hirt became the first citizen to win this race. Today, Ladany finished a respectable third.

Sal Corrallo got the best of Dave Romansky (a newcomer to the ranks of old men) and Jack Blackburn for the Masters title as they finished 6th, 7th, and 8th overall. Potomac Valley won the team title. Complete results of the race still haven't reached us, but here is what we have.

1. Augie Hirt, UCTC 7:05:46
2. Martin Kraft, Motor City Striders 7:10:32
3. Dr. Shaul Ladany, Israel 7:28:01
4. Alan Price, Potomac Valley
5. Tom Hamilton, PV
6. Sal Corrallo, PV 8:01:32
7. Dave Romansky, Shore AC 8:11:15
8. Jack Blackburn, Ohio TC 8:11:50—full results next month.

SECOND CLASS POSTAGE  
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**KNIFTON WALKAWAY WINNER IN 35 KILOMETER**

Des Moines, Ia., April 23--After catching early leader Jerry Young just before the half-way point and dropping Eryan Snazelle at about the same time, John Knifton had the second half of the race to himself as he won the Senior National 35 Km in 3:05:42. Times were slowed by strong winds that gusted up to 50 mph.

Young took the lead from the start and by the end of the first two 1.28 mile laps was a full minute clear of Knifton, Snazelle, Bill Ranney, Mike Dewitt, and Manny Adriano who were walking in a tight group. Mike Fein joined this group a lap later and by the end of 5 laps they had whittled Young's lead to 42 seconds.

When Knifton accelerated on the sixth lap, only Snazelle could stay with him. They caught Young at the end of the eighth lap and it was from there that John took off on his own. Snazelle stayed with Young for the next three laps then forged a 1 minute lead over the next two laps only to have Jerry come back strongly to beat him over the last 4 miles. Ranney, after dropping 2 minutes behind Dewitt in the middle stages, finished strongly to pull well clear of Mike in the latter stages and capture fourth. Mike Fein pulled well clear of Manny Adriano over the second half to take sixth.

Canadian Helmut Boeck walked with Young most of the way and crossed the line with him, given the same time, but apparently was not counted in the official standings. No explanation of this given. I know we have voted not to award championship medals to foreign competitors but I don't think this means they are not placed. (Witness Ladarj's third place in the 75.) We don't want our athletes losing deserved medals but neither do we want to discourage good competition from foreign athletes. Official results are:

- 1. John Knifton, NYAC 3:05:42
  - 2. Jerry Young, St. Louis 3:14:35
  - 3. Eryan, West Valley TC 3:15:30
  - 4. Bill Ranney, WVTG 3:15:40
  - 5. Mike Dewitt, Phoenix 3:17:20
  - 6. Mike Fein, Columbia TC 3:23:46:15
  - 7. Manny Adriano, WVTG 3:32:35
  - 8. Dave Eldahl, Iowa Race Walkers 3:34:01 (and did a great job of promoting and conducting the race)
  - 9. Stan Smith, IRW 3:42:43
  - 10. Dan Dudek, Green and Gold AC 3:44:05
  - 11. Chris Amoroso, Colorado TC 3:53:46
  - 12. Martin Smith, RFW TC 3:57:51
  - 13. Craig Haugaard, Twin Cities TC 4:01:48
  - 14. Chuck Hunter, Colorado TC 4:03:32
  - 15. Mike Hook, Iowa RW 4:04:10
  - 16. Bob Jordan, RFW TC 4:09:44
- Team: 1. West Valley Track Club--14 2. Iowa Race Walkers--32

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 RESULTS WITH GOLD TO RESULTS\*\*  
 MAU Masters Indoor 2 Mile, East Stroudsburg, Pa.: 40-44--1. Ron Kulik 14:45.7 45-49--1. Howie Jacobsen 15:19.5 2. Sal Corrallo 15:30.1 3. T. Nash 19:45 50-54--1. Bob Mimm 16:10.7 2. Sandy Kalb 21:28 55-59--1. Tim Dyas 18:10.3 2. Herb Mulkerin 3. C. Scully 60-64--1. Don Johnson 17:59 2. George Braceland 65-69--1. Dave Lakritz 2. C. Hills

5.5 Mile, Lowell, Mass., March 8--1. Bob Falciola 43:45 2. Tony Medeiros 3. Fred Brown Sr. 65:27 4. Julie Falciola 67:55 5.5 Mile Handicap, Lowell, March 29--1. Bob Falciola 42:49 2. Tom Knatt 43:15 3. Julie Falciola 65:23 4. Charles Scott 51:42 5. Fred Brown Sr. 63:45 6. Tony Medeiros 52:30 7. Steve 47:02 City University of New York Indoor 1 Mile--1. Vincent O'Sullivan, Hunter Col. 7:04 2. Dean Handell, Queens Col. 8:18 3. Robert Siegel, Hunter 8:24--this was the final event of the meet and gave Queens the team title 1 Mile, Iona Relays, New York, April 22--1. Bruce Harland, Kings Point 6:45.1 2. Chris Flanagan, Kings Point 6:55.2 3. George Groff, Suffolk CC 7:34 4. Jim Dunden, Kings Point 7:41 C.W. Post Relays 1 Mile, April 15--1. Bob Timmons, St. Johns 6:57.7 2. Bruce Harland, Kings Point 7:02.6 3. Chris Flanagan, Kings Point 7:03.4...5. Susan Liers, Stony Brook 10 Mile, Ashbury Park, N.J., April 2--1. Dave Rumanly 1:16:15 (Finished 20 Km in 1:34:55) 2. Ron Daniel 1:17:15 3. Steve Casarella 1:18:11 4. Bob Falciola 1:18:44 (1:39:07 for 20 Km) 5. Ron Kulik 1:22:13 6. Sam DeLosSantos (age 17) 1:24:10 7. Bob Mimm 1:24:28 8. Roger Young 1:26:00 9. David VanHouten 1:29:03 (1:51:03 for 20) 10. Susan Liers 1:33:19 11. Gary Westerfield 1:33:19 12. Ben Ottmer 1:34:06 13. Don Johnson 1:35:50 14. Bob Carlson 1:40:30 15. George Garland 1:43:07 16. Denise Romansky 1:40:42 17. Fred Spector 1:44:31 18. Tanya McIntosh 1:47:43 19. Dr. Daniel Marzano 2:00:30 20. Jesus Rivera 2:00:37 21. Diana Romansky 2:03:50 Pete Timmons 49:50 at 10 Km, DQ; John Fredericks 47:24 at 10 Km, DNF. 1 Mile (Indoor), Catonsville, Md., Jan 14--1. Paul Levandoski (age 17) 6:36--High School best ever, indoor or out 9.2 Mile, Weston, Va., Jan. 22--1. Sal Corrallo 1:22:29 2. Paul Levandoski 1:23:19 3. Paul Robertson 1:31:42 4. Wes Mathews 1:31:46 5 Km, Knoxville, Tenn. (Dorwood Relays) April 14--1. Tod Scully 21:17.2 2. Jim Heiring 21:26.8 3. John Vandenberg 22:08.1 4. Bruce Adair (long unheard of in race walking circles, now coaching at Cleveland State) 22:36.1 5. Al Halbur 22:51.9 6. Mary Devries 26:51 4 Mile Handicap, somewhere in Michigan, April 1--1. Glen ? , Saginaw Valley State 37:38 2. Ward Freeman, SVS 34:09 3. Martin Kraft 33:18 4. Jerry Bocci 35:34 6 Mile, Columbus, Ohio, April 29--1. Chris Knotta 47:17 2. Jack Blackburn 50:08 3. Jack Mortland 50:32 4. Rich Myers 57:39 5. Clair Duckham 63:26 6. Phil Lewis 65:36 7. Dan Dillon and Jeff ? 69:29 (Dan remains the best middle guard in race walking) 9. Pat Crane 73:32 10. Molly Blackburn 73:36 DQ--Steve Fecinovskiy (47:03) and Allen Taylor (75:50)--Steve bombed out, covering the first 1610 yard lap in 6:35 and by the end of three laps was 46 seconds up on Chris, but periodically taking flights into the air in doing so (per head judge Dr. John Blackburn). Chris was closing in on his the rest of the way, taking about 4 miles to get loose. Blackburn followed Mortland's leisurely pace through five laps and then went at near 8 minute pace the final mile and a half to leave his ancient and bitter rival well in his wake. 5 Km, Eau Claire, Wis., April 8--1. Jay Myers 23:03 5 Km, Eau Claire, April 12--1. Jay Myers 23:57.7 2. Kevin Baker 23:52.8 10 Km, Menominee, Wis., April 15--1. Jay Myers 50:16.1 2. Tom McMillan 50:47.9 3. Kevin Baker 51:21.3 -- These races were all part of collegiate dual and triangular meets. 10 Km, Stevens Point, Wis., April 8--1. Chris Hansen, UW-Parkside 46:04.6 2. John Vandenberg, UW 46:37.7 3. Al Halbur, UWP 47:05.2 4. Jeff Ellis, UW-Stevens Point 37:19 5. Mike Rummelhart, UWP 48:06.2 6. Bob Helts, UW-Oshkosh 49:20 7. Paul Niehaus, UW-SP 49:25 8. Dave Duchman, US-SP 10 Km, Whitewater, Wis., April 8--1. Tom McMillan 50:58.3 2. Carl Birk 58:00 15 Km, Kenosha, Wis., April 9--1. Jim Heiring 1:12:33 2. Mike Rummelhart, Al Halbur, and John Vandenberg 1:19:04 5. Jim Cudney 1:29:44 6. Carl Birk 1:30:01.8 10 Km, Kenosha, Wis., April 15--1. Chris Hansen 43:58.5 (6:42 and 13:38 for first 2 miles 2. Mike Rummelhart 48:00.8 3. Al Halbur and John

VandenBrandt 49:03.9 5. Neil Fyke 49:44.4 6. Mark Treger 52:39.4  
 7. Jim Quiney 54:00.8 8. Larry Larson 57:29 9. Dave Himmelberger 57:47  
 6 Mile, Kenosha, April 22--1. Al Halbur, Mike Hummelhart, and Chris  
 Hansen 45:27.1 4. John VandenBrandt 48:18.8 5. Larry Larson 55:17  
 5.2 Mile, Columbia, Mo., March 25--1. Randy Kinn 25:45 2. Henry Rent  
 (age 77) 40:15 25 Km, Houston, March 12--1. John Knifton 2:07:12 2.  
 John Stowers 2:20:37 3. Jeff Bomer 2:21:01 4. Stephen Taca 2:34:07  
 5. Bill Kilgore 2:35:36 6. John Evans 2:36:52 7. Gene Askew 2:52:00  
 8. Lida Askew 2:52:38 Texas Southern Relays 1 Mile, March 18--1. John  
 Knifton 6:37.6 2. Jim Murchie 7:04.2 3. Kevin Knight 7:07.0 4. Jeff  
 Bomer 7:24.6 5. Stephen Baca 7:31.3 6. John Stowers 7:32.6 7. Dave  
 Owen 7:50.2 8. Bill Kilgore 7:52.0 9. Mark Stein 10. Gene Askew 11.  
 Lida Askew Colorado Relays 5 Km, Boulder, April 14--1. Marco Ewomink  
 24:00.1 2. Greg McQuire 25:39.6 3. Paul Lightsey 25:42.2 4. Tom  
 O'Connell 26:51.9 5. Floyd Godwin 27:06.9 6. Bob Carlson 28:39.6 7.  
 Bruce Radtke 30:57.5 Phoenix Girls Invitational, March 19: 8:00 (9 and  
 under)--1. Cristal Wahg 4:50.1 Mile (10-11)--1. Sara Standly 8:50.1  
 3 Km (12-13)--1. Kathy Kiernan 16:14.9 3 Km (14-15)--Joyce Brodock  
 14:21.5 5 Km (16 and over)--1. Sue Brodock 25:10 2. Liz DuBur 30:25  
 20 Km, Phoenix, March 25--1. Mike DeWitt 1:42:45 2. Don Tate 1:59:44  
 3. Lenny Vos 2:18:14 Triathlon (1 Mile walk, 1 Mile Run, 2 Mile Walk  
 with 30 minutes between), Phoenix, April 9--1. Mike DeWitt 6:59, 4:57,  
 15:21 2. Rey Cruz 7:10, 5:11, 16:47 3. Lenny Vos 7:55, 6:33, 20:32  
 2 Mile, Phoenix, April 14--1. Mike DeWitt 14:46 2. Rey Cruz 15:51 3.  
 Richard Bollier 19:16 4. Lenny Vos 19:18 (no, he was D'Id) 4. Laurie  
 Rodgers 21:36 Women's 5 Km, Phoenix, April 16--1. Liz Dufour 26:14.6  
 20 Km, San Diego, April 16--1. Ed Bouldin 1:44:53 2. Denny Diezel  
 1:45:31 3. Travis Veon (15) 1:45:35 4. John Allen 1:47:41 5. Dale  
 Sutton 1:50:06 6. Mike Cummings 1:59:42 7. Frank Shepich 2:04:45 8.  
 Kristin Strong (43) 2:19:45 9. Kathy Keller 2:21:39 10. Mikkey  
 Hakesley (65) 2:23:55 1500 Meters, Hawaii Masters--1. Chesley Unruh  
 (age 71) 9:39 (Chesley, incidentally, held the National High School 1  
 Mile record for 22 years with a 4:20.4 run on May 16, 1925 while he was  
 at El Monte, Cal. HS) 4 Mile Walk/Run/Walk, Mission Bay, Cal., March 25--  
 (walk first and last miles, run middle two)--1. Ed Bouldin 29:11 2.  
 Paula Mori (or Paula Kash, or Paula Kash-Mori, I seem to get it dif-  
 ferently with each set of results, but since she subscribes as Paula  
 Mori, I'll stick with that) 29:54 (whatever we call her, that's a good  
 performance) 3. Cal Hansen 30:23 4. Dale Sutton 30:39 5. John Kelly  
 30:43 6. Chris Ramirez 30:47 7. Joyce Brodock 30:48 8. Joe Hampton  
 31:06 9. Dave Hugener 31:09 10. Jerry Marsh 31:13 (132 finishers)  
 Jim Bush Relays, Los Angeles, April 22: 20 Km--1. Larry Walker 1:33:54  
 (only starter) 5 Km--1. Ed Bouldin 23:01 2. Dave Hall 23:58 3. Joe  
 Hampton 26:35 4. Chris Smith 30:03 5. Hal McWilliams 30:09 Women's  
 10 Km--1. Paul Mori 53:59 2. Vickie Jones 56:54 3. Laura Gottlieb (13)  
 66:51 20 Km, Palo Alto, Cal., March 12--1. Bill Ranney 1:35:13 (46:58  
 at 10 Km) 2. Nanny Adriano 1:39:28 3. Wayne Glusker 1:50:27 (Tom Dooley  
 started 50 Km at the same time but stopped at 40 in 3:41:25 because of  
 lack of competition) 10 Km (road), Sunnyvale, Cal., April 2--1. Neil  
 Fyke 45:31 2. Tom Dooley 46:30 3. Bill Ranney 46:39 4. Wayne Glusker  
 47:39 5. Dennis Reilly 47:55 6. Nanny Adriano 48:43 7. Bryan Szazelle  
 51:00 8. Brad Jacobs 54:04 9. Tom Kline 58:02 Women's 10 Km, same  
 place--1. Lori Maynard 61:14 2. Kathy Bichser 65:40 20 Mile (track),  
 Berkeley, Cal.--1. Dave Himmelberger 2:46:38 2. Bill Ranney 2:56:39  
 3. Dennis Reilly 2:57 4. Ron Laird 2:59 2 Mile, San Mateo College--  
 1. Neil Fyke 12:59 2. Dave Himmelberger 14:10 3. Bob Henderson 14:47  
 4. Ron Laird 15:21 25 Mile, Saratoga, Cal.--1. Glenn Sweazey, Can.  
 3:21 2. Ron Laird 3:53 San Dieguito Half Marathon--1. Glen Sweazey  
 1:46:08 2. Paul Hendricks 1:59:28 Women: 1. Sally McPherson 2:12:59

2. Paul Mori 2:17:30 10 Km, Palo Alto, March 18--1. Neal Fyke 45:03 2.  
 Dave Himmelberger 46:31.4 3. Bill Ranney 48:48 4. Dennis Reilly 48:57  
 5. Bob Henderson 50:16 (All except Henderson received a caution from the  
 judges Tom Dooley, Sandy Briscoe, and Art Smith) 20 Km, Toronto, April  
 1--1. Helmut Boeck 1:38:53.4 2. Glenn Sweazey 1:39:59.5 3. Pat Farrelly  
 1:41:33.5 4. Alex Oakley 1:50:56.2 5. Don Winiecki 1:56:07.9 6. Ark  
 Rudnik 1:56:49.3 Women's 5 Km, same place--1. Lily Whalen 28:47.7 2.  
 Rose Boeck 29:33.7 3. Heather Brown 29:44.6 5 Km, Downsview, Ontario,  
 April 8--1. Helmut Boeck 24:08 2. Glenn Sweazey 27:27 3. Roman Olszewski  
 27:21 4. Lily Whalen 29:18 5. Rose Boeck 30:59 Canadian 50 Km, North  
 York, Ontario, April 9--1. Patrick Farrelly 4:28:14.1 2. Helmut Boeck  
 4:36:38.3 3. Denis Arseneault 4:56:06.8 4. Joel Dada 4:56:18.5 5. Bob  
 Falciola 4:56:38.3--DNF: Marcel Jobin, Glenn Sweazey, Alex Oakley, Max  
 Gould, and Rejean Bruneau (Sweazey was 3 minutes ahead of Farrelly in  
 3:02:42 at 35 Km when he dropped out; Jobin hit 30 Km in 2:23:35--12 min-  
 utes ahead of Sweazey--before stopping) 3 Km, same place--1. Roman  
 Olszewski 14:56.5 2. Karl Merschenz 15:02.8 3. Stafford Whalen 16:44.7  
 4. Rose Boeck 17:08.7 5. Heather Brown 17:13.6 British National 10  
 Mile (about 1/2 mile short), London, March 18 (first three listed last  
 month, but we'll repeat them)--1. Olly Flynn 67:29 2. Brian Adams 68:13  
 3. Graham Morris 69:08 4. Amos Seddon 69:24 5. Bill Wright 69:40 6.  
 Shaun Lightman 70:02 7. Carl Lawton 70:19 8. Chris Harvey 70:38 9.  
 Steve Gaver 70:50 10. A. King 70:54 British National 10 Km (track),  
 London, March 25--1. Brian Adams 43:44 2. Roger Mills 45:18 3. George  
 Nibre 45:40 4. Carl Lawton 45:41 5. M. Wordsworth 45:54 6. Peter  
 Marlow 46:20 7. Ian Richards 46:21 8. Amos Seddon 46:31 (high winds  
 and rain squalls slowed times and make my comparison with Gonzalez's  
 50 Km performance a bit unfair) British National Women's 10 Km, same  
 place (before the rain but in high winds)--1. Carol Tyson 49:59 2.  
 Marion Fawkes 50:31 3. Judy Farr 50:46 4. Virginia Lovell 52:16 5.  
 Christine Coleman 52:59 6. Irene Pateman 53:51 20 Km, London, April  
 1--1. Graham Morris 1:32:56 2. Bill Wright 1:34:15 3. Ian Richards  
 1:34:44 Spanish 50 Km, March 19--1. Jorge Llopert 4:01:37 2. Augustin  
 Jorba 4:06:23 3. Jose Marin 4:10:48 4. John Lees, UK 4:23:52 (World  
 record holder Enrique Vera of Mexico was with Llopert through 25 Km in  
 2:02:15. Then the Spaniard applied the pressure and had nearly a 2  
 minute lead by 35 Km where Vera retired.  
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 LOOKING FOR A RACE? TRY THESE.

Sat. May 13--National USTFF 10 Km, Kenosha, Wis., 10:30 a.m. (M)  
 Collegiate 10 Km, Springfield, Mass. (DD)  
 Sun. May 14--5 Km, Phoenix, Ariz., 8 a.m. (V)  
 3 Mile Men, 2 Mile Women, Des Moines, 10 a.m. (G)  
 10 Km, New York City (EE)  
 10 Km, Pittsburgh, Pa., 9 a.m. (IH)  
 20 Mile, Springfield, Ohio, 1 p.m. (OPW Editor)  
 Sat. May 20--2 Mile, California Relays (L)  
 Sun. May 21--15 Km, Women's 5 Km, Cleveland, Ohio (U)  
 1 Mile and 5 Km, Phoenix, 7:30 a.m. (V)  
 NAAU 15 KILORETER, BROOKLYN CITY, NY (S)  
 10 Km, Houston, 10 a.m. (E)  
 5, 10, and 15 Km, San Diego, 9 a.m. (Z)  
 Sat. May 27--HAWAII JUNIOR 3 MI, HONOLULU  
 5 Km, Alexandria, Virginia (A)  
 Sun. May 28--Zinn Memorial 10 Km, Chicago, 10 a.m. (I)  
 NATIONAL AND 100 KM, LONGMONT, COLORADO, 6 a.m. (P)  
 RMAAU 20 Km, Longmont, 8 a.m. (P)  
 9 Mile Handicap, Lakewood, N.J. (H)  
 PA AAU 20 Km, Palo Alto, Cal., 10 a.m. (L)

- Mon. May 29--Iowa 20 Km, Cedar Rapids, 6:45 a.m. (G)  
20 Km, Women's 10 Km, Alexandria, Va. (A)
- Sat. Jun 3---5 Km Hdp, Tempe, Ariz., 7 a.m. (V)  
Master's 1 Mile, Houston (L)  
Iowa 1 Hour, Ottumwa, 7 p.m. (U)  
PA AAU 5 Km (L)  
Girl's 1500, Women's 3 Km, Dayton, Ohio, 12 noon (FF)
- Sun. Jun 4---Commonwealth Trials 30 Km, Edmonton (N)  
Boy's 1500, Men's 3 Km, Dayton, 12 noon (FF)  
2 Mile, Tempe, Ariz., 8 a.m. (V)
- Fri. Jun 8---NATIONAL AAU 5 KM, LOS ANGELES, 5 p.m. (O)
- Sat. Jun 9---NATIONAL AAU " " KM, LOS ANGELES, 10:45 a.m. (O)  
1 Mile, Houston (E)
- Sat. Jun 17---3 Km, Etobicoke, Ont. (N)  
2x5 Km Relay, Northglenn, Colo., 9 a.m. (P)  
Mich. AAU 10 Km, Detroit (F)  
10 Km, Washington, D.C., 8:30 a.m. (A)  
USTFF Master's 1 Mile, California, Pa., 2:20 p.m. (G)
- Sun. Jun 18---10 Km, Cleveland (U)  
NAAU WOMEN'S 20 KM, MASSAU CITY, N.Y. (S)  
1 Hour, Houston, 10 a.m. (E)  
20, 30, 40, and 50 Km, San Diego (possible 24 Hour) (Z)  
USTFF Master's 6 Mile, California, Pa., 11 a.m. (C)  
USTFF 10 Km, Women's 5 Km, Dayton, Ohio (GG)  
10 Km, Orme Ranch, Ariz, 8 a.m. (V)
- Sat. Jun 24---1 Hour, Houston (E)
- Sun. Jun 25---NATIONAL AAU JUNIOR 10 KM, BLOOMINGTON, IND., 11 a.m. (Y)  
20 Km, Women's 5 Km, Midland, Ont. (N)  
NATIONAL AAU WOMEN'S JUNIOR 3 KM, BLOOMINGTON, 4:05 p.m. (Y)
- Sat. July 1---10 Km, Columbia, Mo., 8 a.m. (D)
- Tue. July 4---Watermelon 35 Km, Denver, 9 a.m. (P)
- Fri., July 7---NATIONAL AAU MASTER'S 5 KM, ATLANTA
- Sat. July 8---Canadian 20 Km, Women's 5 Km, Montreal (N)  
NATIONAL AAU JUNIOR 5 KM, CLEVELAND (U)
- Sun. July 9---1 Hour, Cleveland (U)  
20 Km Handicap, Detroit (F)  
NATIONAL AAU MASTER'S 20 KM, ATLANTA  
10 Km and 5 Km, Prescott, Ariz., 8 a.m. and 6 p.m. (X)

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Some more results just in from the D.C. area:  
50 Km, Washington, March 11--1. Alan Price 5:31:47.3 2. Paul Robertson 5:39:50 Sal Corrallo, DNF, 4:07:50 at 40 Km 2 Hour, Bethesda, Md., March 12--1. Alan Price 13 mi 718 yds 2. Paul Levandoski 12 mi 483 yds 5 Mile (track), Sandy Spring, Md., March 18--1. Carl Schueler 36:44 (7:06, 14:26, 22:00, 29:32) 2. Carl Gronberg 50:25 20 Km, Washington, March 25--1. Alan Price 1:42:12 (23:23, 48:12, 1:15:36) 2. Sal Corrallo 1:49:13 3. Wes Mathews 1:52:07 4. Paul Robertson 1:59:33 Carl Schueler DNF, 23:23 at 5 Km 100 Km Run, Harrisburg, Pa., April 2--...3. Alan Price (walked) 11:02:16 4. Paul Robertson (ran) 11:02:47 100 Km, Washington, April 22--1. Paul Robertson 14:03:12.5 (beat two runners) 1500 m, Arlington, Va., April 9--1. Alan Price 6:50 2. Wes Mathews 7:39 3. Ruth Hamilton 9:00 4. Dick Schragar 9:08 1500 M, Arlington, April 23--1. Tom Hamilton 7:01 2. Sal Corrallo 7:02 3. Joel Holman 8:43 4. Ruth Hamilton 9:27  
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FROM HEEL TO TOE

Julian Hopkins, the British National Coach (we have featured a few of his articles in these pages) has done an instructional book on Race Walking (that's the title), which is now available through Track & Field News for \$4.50. I haven't seen the whole book yet, but have some pages from it provided by Larry Larson, who says it is excellent. It was published by the British Athletic Board, 70 Erompton Road, London SW3 1EE in 1976. You may want to write them to see if you can beat the Track & Field News price, which seems a bit steep. Larry ordered a half-dozen direct at \$3.00 each...Speaking of Larry Larson, I see I left out "M" on the Contacts under the schedule on pages 5 and 6. That was to be Larry's address, but in reality you should contact Bob Lawson, Track Coach, UW-Parkside, Kenosha, WI 53141 regarding the USTFF 10 Km...The 10 Km in Springfield, Mass. that same day (May 13) is in conjunction with the New England Women's Track Championships. Bob Kitchen is responsible for this race and notes that it is an excellent chance for college walkers to show their strength to the NCAA, which is considering a walking event in its championship schedule. Unfortunately, this notice comes rather late if you didn't know about it already...Paul Levandoski has written inquiring about National Junior records at 5, 10, 15, and 20 Km. Does anyone know what they are? Is anyone willing to do the research to determine what they are? Perhaps I should. Seems I got something one time indicating that I was Records Chairman, or something like that on the National Committee. I wrote Dean asking just what the position, whatever it was, entailed, and haven't gotten any reply yet...Look for a Sports Illustrated article on Ron Laird in the near future (if it hasn't appeared by the time you get this). I had a call a couple of weeks ago from an editor there who was seeking to verify some facts and statements. Kind of calls we publishing tycoons are always getting from our cronies on the other important mags. I asked my wife after hanging up if I had sounded knowledgeable and authoritative, but I can't recall that I got an answer.... Deeply embroiled in soccer again, with the NCAA (that's North Columbus Athletic Association for those of you who might confuse it with some organization of lesser significance) spring season in full swing. When Derek, our 9-year old, decided to go with another team he was reassigned to a brand new team, the Hurricanes, and Marty and I soon found ourselves as co-head coaches, pretty much by default. After six games we are still looking for the first win. Scott, our 7-year old, is still with the Casuals. You may recall they went through last spring with no wins and only two goals in 11 games. Reassigned to the "C" league in the fall, they romped through undefeated and lost only in sudden death overtime in their third "Cup" game. As a result, they were elevated back to the "A" league, one step too far. After five losses and only one goal, they fin-

ally managed a 2-2 tie yesterday, with our own Little Scott (the ORW is not noted for the modesty of its editorial policy) pouring in two last quarter goals. Unfortunately, our own little Scott then got carried away with his own brilliance and three times, after scintillating runs down the field, tried to go one-on-one against a fullback rather than passing to a wide-open teammate for what could have been the winning goal. And what does all of that have to do with race walking?... The following from Carl Cronenberg is worth inclusion in these erudite pages: Have intended to send you the following stuff as possible emergency filler for the CRW ever since I first read "Manwatching: A Field Guide to Human Behavior" by Desmond Morris, which came out last November. Morris' book has about 60 sections on different types of human behavior and one of them is called "Locomotion". He lists types of human locomotion: 1. The Slither 2. The Crawl 3. The Totter 4. The Walk. The last item may be worth a quote: "The Walk. This is the crowning glory of human bodily locomotion. It is an action we all take so much for granted and yet, when analyzed as a mechanical operation, it emerges as an intensely complex process--so complicated, in fact, that muscle experts are still arguing today over the finer points of how it operates." Of interest to racewalkers here is the fact that Morris is talking about mere workaday walking; were he describing racewalking, he'd probably have to beef up his adjectives (immensely complex) a bit. The rest of Morris' stuff is less pertinent to racewalking and thus not worth citing, except that his next categories are: 5. The Stroll 6. The Shuffle 7. The Hurry (which sounds most like racewalking to me; the stroll, the shuffle, the totter, the crawl, and the slither remind me of the bad habits one inevitably has to "develop" and then to eliminate before looking and feeling something like Larry Young in those textbook photos in Rand's "Race Walking".) If you'd like to read the whole chapter, just stop by at the bookstore on your next workout for a free browse. The whole book, incidentally, is worth perusing. Tells you, with wonderful pictures, what a crazy bunch of loco-motors we all are... Received a request from Jim Hanley for All-Time U.S. lists at 5 and 10 Km for Women and 10 and 20 Km for Men. These are for use in the program and/or promotion for the IAAU T&F Meet in June in Los Angeles. I quickly put together the top ten in each event and, so as not to waste the effort, will let you readers in on the results. This was a hasty effort and any additions or corrections will be appreciated.

## WOMEN'S 5 KM (TRACK)

23:52.0	Susan Brodock, Los Angeles, 5/1/77
25:08.8	Esther Marquez, San Jose 3/16/75
25:30.9	Susan Liers, Los Angeles 6/9/77
25:55.4	Laurie Thicholski, Los Angeles 6/11/76
26:01.0	Joyce Brodock, Los Angeles 6/9/77
26:03.6	Linda Brodock, Stockholm 8/18/75
26:12.0	Tracy Trisco, Los Angeles 6/9/77
26:15.4	Linda Bottick, Los Angeles 6/9/77
26:18.4	Sally McPherson, Los Angeles 6/9/77
26:26.2	Jeanne Bocci, Detroit 4/20/77

## WOMEN'S 10 KM

51:17.0tr	Susan Brodock, Stanford, Cal. 6/18/77
51:51.0tr	Susan Liers, Stanford, Cal. 6/18/77
52:52.0	Jeanne Bocci, Boras, Sweden 8/20/77
54:10.0tr	Sally McPherson, Stanford, Cal. 6/18/77
54:29.0tr	Joyce Brodock, Stanford, Cal. 6/18/77
55:51.0tr	Chris Sakelarios, Stanford, Cal. 6/18/77
56:19.0tr	Ellen Minkow, Columbia, Mo., 10/27/73
56:25.0tr	Jill Steiner, Stanford, Cal. 6/18/77
56:31.0	Eileen Smith, Boras, Sweden, 8/20/77
57:43.0tr	Mary Beth Lange, Stanford 6/18/77

## MEN'S 5 KM

21:09.4	Ron Laird, Los Angeles, 6/11/76
21:15.4	Todd Scully, Los Angeles 6/11/76
21:21.8	Jim Weiring, Knoxville, 4/14/78
21:32.8	Larry Walker, Los Angeles, 6/11/76
22:08.1	John VanDenBrandt, Knoxville 4/14/78
22:12.2	Wayne Glusker, Los Angeles 6/11/76
22:16.4	John Knifton, Eugene, Ore. 6/21/75
22:30.7	Steve DiBernardo, Los Angeles 6/9/77
22:34.8	Ell Ranney, Los Angeles 6/22/74
22:36.1	Bruce Adair, Knoxville 4/14/78

Note that this list seems rather weak, mostly because there just haven't been many races at the distance. Several not on the list have walked track 10 Km at a faster pace (Pyke, Hansen, Romansky, Young, Dooley, Klopfer, e.g.)

## MEN'S 20 KM

1:28:58.0	Neal Pyke, Sochi, USSR 7/1/78
1:29:12.6	Ron Laird, Had Saarow, E.G. 10/15/67
1:29:50.0	Dave Romansky, Leningrad, USSR 7/23/70
1:30:10.6	Larry Young, Columbia, Mo. 5/7/72 (track)
1:30:35.0	Todd Scully, Seattle 6/5/77
1:30:39.8	Tom Dooley, San Francisco, 5/9/71 (track)
1:31:30.4	John Knifton, Pine Plains, N.Y. 9/20/74 (track)
1:31:52.0	Bob Kitchen, San Francisco 5/11/72 (track)
1:32:06.0	Steve Hayden, Greenville, N.J. 3/11/70 (track)
1:32:24.0	Goetz Klopfer, San Francisco 12/28/69

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## MORE RESULTS, MOSTLY FROM EUROPA

Messed around and didn't get this finished last night and as a result you are getting a lot of exciting results you otherwise would have waited until next month for--delivered today by the trusty postman. First, a 1 Hour in Charlottesville, Va.--1. Tom Lough 7 mi 993 yds 2. Brian Savillonis 7 mi 227 yds 3. Andrew Briggs 6 mi 206 yds 4. Ernie Anglin 5 mi 956 yds.

Many exciting Indoor results from Europe in Egon Rasmussen's Internationaler Gehepport Rapport. First off, he lists the world's all-time best indoor performances and still carries Reima Salonen's 5:28.7 for 1500 meters from Feb. 1977. So, although no one in this country seems willing to accept it for some reason, it appears to have been accepted as a legitimate mark in Europe. Sorry Todd. And Reima was on the move again this winter: 3 Km (Indoor), Turku, Jan. 22--1. Reima Salonen 12:00.8 2. Paavo Pohjolainen 12:29 Nordic 5 Km Championship, Turku, Feb. 4--1. Reima Salonen, Fin. 19:44.8 (World's Best Performance) 2. Paavo Pohjailainen, Fin. 20:50.3 3. Owe Henningson, Swed. 20:55 4. Knut Arne Stromoy, Nor 21:05 5. Per Rasmussen, Swed. 21:15 6. Imvo Rintala, Fin. 21:38.2 Junior Race: 1. Erling Andersen, Nor. 20:54.5 Women's 3 Km: 1. Margareta Simu, Swed. 13:46.1 (World's Best Performance--7:18.6 at 1 Mile) 2. Thorill Gylder, Nor. 13:58.3 3. Froydis Nilsen, Nor. 14:15 Finnish 3 Km Championship, Turku, Feb. 18--1. Reima Salonen 11:17.4 (World's Best Performance--3:44.8, 7:28.9 at 1 and 2 km, 5:36.7 at 1500, 6:01.6 at 1 Mile) 2. Immo Rintala 12:21.3 Finnish 5 Km Indoor Champ., Turku, March 25--1. Reima Salonen 19:35.8 (World's Best Performance) 10 Km (Indoor), Jallones, Czech., Feb. 11--1. J. Javorsky 43:37.9 5 Km (Indoor), Hadevalle, Sweden, March 4--1. Erling Andersen 20:27 2. Bernt Simonsen 21:01 Women's 3 Km, same place--1. Thorill Gylder, Nor. 13:45.0 (World's Best Performance) 5 Km (Indoor), Charkov, USSR, Feb. 10--1. Leonid Vilgota 20:19.8 2. Viktor Golev 20:28 3. Viktor Kutschma 20:35 10 Km (Indoor), Moscow Feb. 3--1. Maris Petersons 41:31.6 2. Koloskov 41:41.1 3. Vladimir Besarjev 41:47.8 4. Valeriy Geyfedov 41:48 10 Km, Moscow, Feb. 10--1. Vadim Tsvetkov 41:19.2 (World's Best Performance) 2. Leonid Danilkin

41:24 USSR Indoor 10 Km Championship, Moscow, March 2--1. Yevgeniy Yesnyukov 40:34 (World's Best Performance) 2. Anatoliy Solomin 40:28.6  
 3. Nikolai Matveyev 40:45.4 4. Vyotr Pochentschuk 41:07 5. Maris Petersons 41:25 6. Vladimir Golubnichiy 41:31 (World's Best Masters Performance) 7. Vadim Tsvetkov 41:45.5 8. Vladimir Mesaryev 41:49.5  
 9. Nikolai Polozov 41:49.5 1500 Meter Women, Doncaster, Australia, Jan 21--1. Sue Orr 6:28.9 Women's 3 Km, Aberfeldie Park, Australia, Feb. 5--1. Sue Orr 13:47.5 (World's Best Performance) Women's 1500, Doncaster, Feb. 4--1. Sue Orr 6:27.3 (World's Best Performance) 2. Kerrie Neville 6:47.9 Women's 5 Km, Aberfeldie Park, Feb. 2 (track)--1. Sue Orr 24:29.5 2 Mile, Melbourne, Feb. 11--1. Willy Sawall 13:05 3 Km, Melbourne, Feb. 19--1. Willie Sawall 12:13.4 2. D. Smith 12:21.8 2 Pours, Spain, Feb. 5--1. Jose Marin 25,919 meters 20 Km, Barcelona, Spain, April 2--1. Gerard Lelievre, France 1:24:56.2 2. Jose Marin 1:25:45.2 3. Jorge Llopart Ribas 1:26:20 4. Enrique Vera, Mex. 1:28:41 20 Km, Dresden, EG March 5--1. Roland Wieser 1:25:37 Women's 10 Km, Kungors, Swed., April 15--1. Siv Gustavsson 49:28 (only Simu's 49:04 is faster) Women's 10 Km, Friedrichshafe, WG, March 25--1. Regine Proders 52:36

**Looking Back**

5 Years Ago (From the April 1973 ORW)--Bill Hanney moved away from Jerry Brown in the last mile to win the AAU 20 Km title in Santa Barbara. Bill's 1:34:15 left Brown 22 Seconds back. Bob Kitchen followed in 1:35:02 and Todd Scully, Ray Somers, and John Knifton occupied the next three spots. Ron Laird, back in shape after an injury-plagued 1972, was a parently not back in form as he got the old heave-ho early on--On the track in Melbourne, V.G., Gerhard Weidner strolled to a Worlds 50 Km record with 4:00:27...Ray Somers had a quick 1:15:27 for 10 miles in winning the Asbury Park annual race. Ron Daniel came second some 2 minutes behind...The National 1 Hour in Lawrenceville, N.J. went to Roger Mills of Encland's Ilford AC who covered 8 mi 252 yds, just 72 yards clear of John Knifton, our transplanted Englishman. Todd Scully was third with 7 mi 1573 yds

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 Present World Best Performances Indoors (there are no official world records) per Egon Rasmussen of Denmark are:

1 Mile	7:05.9	Susan Emaddock, USA	New York	2/24/78
3 Km	13:45.0	Thorill Gylder, Norway	Osdevalle	3/4/78
5 Km	25:35.0	Thorill Gylder, Norway	Oslo	2/20/77
10 Km	52:29.2	Jacinte Theberge, Canada	Quebec	3/27/76

1500 M	5:28.7	Reima Salonen, Finland	Turku	2/12/77
1 Mile	5:53.2	Reima Salonen, Finland	Turku	2/12/77
3 Km	11:05.1	Reima Salonen, Finland	Turku	2/12/77
2 Mile	12:32.0	Anatoliy Solomin, USSR	Toronto	3/4/77
5 Km	12:35.8	Reima Salonen, Finland	Turku	3/25/78
10 Km	40:24.0	Yevgeniy Yesnyukov, USSR	Moscow	3/2/78
15 Km	74:43.0	Hans-Gerog Reiman, EG	Berlin	3/7/76
20 Km	86:00.0	Hans-Gerog Reiman, EG	Berlin	3/7/76

The interesting article on USSR 50 Km ace Veniamin Soldatenko appeared in the April 8, 1978 issue of Athletics Weekly, a British publication.

**VENIAMIN SOLDATENKO GOES TO TOWN**

"I believe that a time of under 3 hours 50 minutes for the 50km walk is very much on the cards by 1980. It means 23-minute 5km stretches, of course, which is a fair tempo to keep up, but I believe I could have done it in 1976 in Malmo, when I won the IAAF's inaugural 50km

**By Ivan Berenyi**  
 championship with 3:54:40, had I been pushed more between 33 and 38km by the Mexicans. I am sure of it, in fact. But better luck next time -- maybe in Prague, or in 1980."

The speaker is, of course, the redoubtable Veniamin Soldatenko, fondly tabbed in the West the 'Alma Ata hippy', who differs more from your usual, run-of-the-mill Soviet athlete in style of clothes, behaviour and outlook than Michael Foot from the rest of his Labour colleagues.

He is not alone with his views. "As in other events, there is no time for a standstill in walking", says Jerzy Hausleber, Polish coach of the increasingly dominant Mexican walkers. "I can foresee 3:45 or below as a world's best for the 50km in a couple of years. OK, that means 45 minutes for each 10km stretch, which is hard going, but it must be possible".

The Mexicans swept the board in last year's Lugano Trophy, the IAAF's 'World Cup' for race walking, at Milton Keynes and in the 50km event Soldatenko was relegated to fourth place (4:08:20), behind Gonzales (4:04:16) and Aroche (4:04:55) of Mexico and Italy's Gregucci (4:06:27). But Soldatenko ascribes this to his moving from Alma Ata to Moscow, a "huge change", and the attendant switch in his academic work and period of adaptation, and is less than worried about having been in modest form in what he considered an interim year. Life begins at 40 -- and Soldatenko, whose lithe shape, black, unruly curls and inevitable head-band defy his age, will be nearing that milestone pretty soon.

Veniamin was born on January 4th, 1939 in Shkurovka, in the USSR's Kazakh republic, and is, emotionally, a Kazakh to boot -- even if he does not look it, or if his name does not sound like it (Soldatenko means 'little soldier'). A country lad, he became an athlete at the age of 23 and was already 30 (in 1969) when his first result -- 4:12:20.4 -- was to be entered into the federal Russian record book. He was third in the European Championships the same year, and in 1970, when he enrolled at the University of Alma Ata as an undergrad in sports studies, his athletics career really took off.

In 1970 he improved his best to 4:06:56.6, won at the prestigious Spartakiad of the Peoples of the USSR, and became European champion in 1971 (3:59:17.8). In the Munich Olympics he finished second with a personal best of 3:58:24.0 to Germany's Bernd Kannenberg (3:56:11.6), whose 3:52:44.6 in May 1972 remains the all-time best for the 50km road walk.

In the next two years, Veniamin concentrated more on his studies in Alma Ata than on furthering his athletic career, and his results were, by comparison, modest. He recorded 4:01:33.6 in 1973 and 4:01:54.0 in 1974, the latter gaining him 8th place on the 1974 world list, which was headed by the GDR's Christoph Hohne with 3:52:52.8. But in 1975 Soldatenko was back with a vengeance. He won again at the Spartakiad, and led the world list with the 3:56:39.6 he walked on April 19th in Uzhgorod. In 1976, he re-asserted his world dominance with the Malmo result.

Soldatenko favours the open road -- which resembles more the Kazakh steppes where he took his first steps towards the international limelight -- and on the track his best remains a 4:03:42.6 result achieved on October 5th 1972 in Moscow, with which he ranks fourth behind Mexico's Enrique Vera, and Germany's Kannenberg and Gerd Weidner on the all-time best list. But in the road version he is third, behind Kannenberg and Hohne.

Christoph Hohne, who won the 1974 European title in Rome, and Kannenberg, whose 1975 track world record -- which was overhauled last year by Vera -- was to prove his swansong, are both retired now, and Weidner is 44. The race is on between Vera, the 1976 Lugano Cup second-placer behind Soldatenko with 3:58:14, who walked an all-time best of 3:56:38.2 on the track in Bergen on May 16th 1977, his compatriots Gonzalez and Aroche, Soldatenko himself, and perhaps Gregucci, with East Germany's Ralf Knutter and Finland's Reima Salonen (both 22) as the dark horses.

Ralf Knutter, the big (1.85m, 73kg) house-painter from Potsdam, finished 8th in Malmo and 5th, immediately behind Soldatenko, in Milton Keynes last year. Although his personal best is still that 4:05:41 in Malmo, he is considered to have considerable potential and is expected by his coach Hans-Joachim Patkus (himself a former world ranking walker) to improve out of all recognition in 1978, his 11th season.

But Soldatenko, the slight (1.75m, 63kg) sports instructor, who upon graduating from Alma Ata University joined the staff of Moscow State University's Institute of Physical Culture to work on a dissertation concerning -- guess what -- the long-distance walk, is determined to eclipse all. His drive appears to be primarily derived from his almost nationalistic Kazakh pride. With Nelli Kim, the beautiful triple Montreal gold-winning gymnast (who married and retired recently), he shares the distinction of being Kazakhstan's top sports star, and Veniamin relishes the popularity that goes with such status.

As warm and outgoing a personality outside competition as he is determined and single-minded when the clips are down, he revels in going back on visits home to the land of the Kazakhs, and is always ready to defend and speak up for his home-state. He is likely to get ample opportunity for such patriotic gestures now that he lives in Moscow, where the Kazakhs are decidedly seen as country cousins.

"I, and my generation, only know about the backwardness of the Kazakhs from old people's tales. That's all in the past", he asserts. "They say that in the previous generation only five per cent of the population was literate, and water was a big problem out in the desert. But today everybody can read and write, we have water, electricity, and there are schools, hospitals and sporting facilities even in small localities. The steppes and the deserts are, of course, still there, but the people live a modern life, of which sport is becoming an increasingly organic part".

Six times USSR champion over 50km, and once at 20km, he wants to increase this number to ten, and is concentrating in his thesis upon the preparatory methods of form-peak in the long walk -- something he intends to make use of himself prior to the Moscow Olympics. But work apart, and sport is his work, Soldatenko is enjoying the high life in Moscow. "It was always my wish to live in Moscow and get to know the city well", he says. "I have been living there for some time now, but am still confronted day by day with new impressions. Art and theatre, high buildings, wide avenues, the romantic, winding streets of the old town -- I just can't see and learn enough. And of course I am meeting new people all the time, and making new friends".

Veniamin Soldatenko, the country boy from Kazakhstan who got his sporting chance late in life but grabbed it with both hands, is graduating to urban life and is enjoying the process.