OHIO*RACE*WALKER

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LARRY YOUNG Wins 35

Pittsburgh (or rather McKeesport, Pa.), May 25 —(Special to the Ohio Race Walker from Chief Judge Dr. John Blackburn)—The 35 Kilo National Race turned into another exhibition by Larry Young, who may be the best distance walker in the U.S. This is not to detract from Herschenz's Romansky's, or Ladany's performance. But when a lead of more than half a lap can be attained on this course from these men you are doing remarkably well. (Ed. The lap on the shopping center course at McKeesport is just under one mile.) (Well, rats, he says that in the next paragraph. Why don't I read what I am about to type?)

The course is about half up hill and half down, has no shade, is around the periphery of a shopping center and is something less than a mile per lap. The day was bright and sunny, air temperature was 77, but as the asphalt heated up, it reached 80 by the end of the race. This was strictly a local phenomena, since thermometers away from the asphalt jungle did not show this rise.

Matt Rutyna led the first lap or so with Bob Bowman in close attendance. Then it was Bowman in the lead for several laps. During this early phase of the race, Young, Herschenz, Romansky, and Laird walked as a group. Shortly after the halfway mark, Bowman had slowed and dropped back to fourth place, and Young, with Herschenz, took the lead. Rutyna had dropped out earlier with what were said to be liver and kidney ailments. I wondered at the time who had made this diagnosis? And if true, why on earth would anyone start a race with these problems?

Young and Herschenz then walked for some time side by side, both of them showing excellent form. The latter part of the race was marked by (1) Young gradually drawing away from the field, (2) Bowman dropping out due to heel blisters, (3) the Herschenz-Romansky duel for second place, (4) Laird dropping out with a painful hip, (5) Ladany's strong finishing walk, (6) Jerry Bocci's steady well-styled walk, which carried him past several tiring people in the last 10 K.

There were no disqualifications and the style prize, had there been one, would have gone to either Young or Herschenz.

Editor: Thanks to Doc for the interesting report. We were hoping that inthe meantime we might get the official results, but no such luck. Young's time was about 2:53, which is very good in the heat on that stupid course. Herschenz was about four minutes back with Romansky right on his heels. Shall Ladany was ~~fifth~~ fourth, a minute or two over 3 hours. Those are the times as close as Doc remembered them. Ron Kulik, not mentioned above, was fifth, so must have been fairly close throughout. Bocci was sixth, but pretty well back. Ron Daniel was the only other notatable there, and like Laird and Bowman, he dropped out. Mortland was home in Columbus enjoying the State high school track meet and Blackburn was home in Van Wert, enjoying his wife.

Kitchen out of Basement

C.W. Post College, N.Y., June 2 — (Gee, another special to the Ohio Race Walker, this one from Ron Daniel)—FL SH!! Another great 50 km! Bob Kitchen returns - hungry. (Whoops, according to the Daniel copy I should have a Double Flash before that last sentence. Why don't you people get rid of your lousy editor. Anyway, back to the copy.) Double Flash and ½! Daniel race walks a full 50 km without streetwalking - and just beats Ladany.

By now you've got to want to see the times: Kitchen 4:26:56, Daniel 4:29:04, Ladany 4:29:09, Paul Schell 4:59, Howie Jacobsen 5:00:30, Kulik, MacDonald, and Hayden did not finish.

Place: C.W. Post College all-weather track, scene of other record races.
Weather: Overcast, light breeze at start, intermittant showers around 2 hrs., more showeres at 3½ hrs and a downpour after 3 3/4 hrs to end. Temperature about 60.

This was a Senior and Junior Metropolitan Association Championship sponsored by the Millrose A.A It was supposed to be a closed race, but quite unexpectedly Kitchen and Schell showed up from New England, so we let them race.

After a fair start by all, Ladany and myself started to ease away from Kulik and Kitchen. Thru 3 miles at about 8:25 pace. After 6 miles in about 50 minutes, Ladany commented that Kitchen and Kulik were starting to close. They were about 1 minute back, Kitchen about 20 - 30 yards in front of Kulik. My original thought (before the race) was that Kulik would be the biggest threat late in the race and I hoped to have an 880 on him by 25-30 km. Anyway, we started to pick up the pace from 7 thru 14 miles — 10 miles 1:23:30, 12 miles 1:40. After an 8:10 and an 8:06, Shaul thought I was insane and let me go. (ed. Anytime I try a stunt like that with Blackburn he thinks I am insane too, and tells me so. But being more insane, he then proceeds to pass me.) First I lapped Kulik, then Ladany, and then Kitchen. We went together as a group for a while. Kulik was the first to drop back and then Ladany. Kitchen walked with me to about 23 miles. Around 30 km we caught Kulik again (he was having some problems because he shortly thereafter dropped out and left). I was 2:47 at 20 miles and 3:02:52 at 21 3/4 (35 km), with Kitchen one lap back, about 2:10-2:15.

About 23 miles we lapped Ladany and he went with us. Now it also started to rain and some short cold breezes were blowin . Kitchen and Ladany started to ease away from me, and I started to push to catch them, but my upper right quadraceps and groin started to knot up, so I thought it best to let them go. By 26 miles they had moved out about a 220. The rain eased up but with about 3 miles to go it started to pour, similar to the 35 km in March. With 10 laps to go Kitchen caught me and Ladany was just 1 lap back. I went with Kitchen for about 220 but the muscles wanted to knot some more. Alas and alack, Bob caught me again with an 880 to go (440 for him). Ladany was 100 yards back. Hips rolling and splashing as hard as I could, I just held off the fast charging Ladany.

I was most impressed with the strong finish over the last 10 km for both Kitchen and Ladany. It was an Israelie record for 50.

Editor's comments: Ron goes on to nominate Marion Daniel as Race Walking Wife of the Year. This marked the second real distance race where she recorded times, aided her weary husband, and got poured on to boot. Guess we can't argue too much with the nominations since we aren't even giving our wives much chance to be heroes this year and they probably wouldn't be if we did. As I recall, they stayed real close to the fire while we were out for our New Year's Eve fest last year.

As to the race, McCarthy thought he knew when to quietly duck out. I guess I did, too. Last winter when I was launching my quickly forgotten 50 km plans, I figur I might make it down around 4:30, which would be good enough. Hoo Hah! Vas I effer wrong. Good thing I didn't waste all the valuable time striving for a mediocre 4:30 And that's what I branded that time as a couple years ago in some rambling discussio about the paucity of our performances at the distances. 4:30, I said, was just on the border of getting into decent times. So know we have come of age. Four guys under 4:30 on the track (Young, Kitchen, Daniel, and Laird), one guy just short (Klopfer) and probably ready to do much better know, one other under on the road (Kulik), and Dooley and probably Romansky all ready to go under. This is as good depth as anyone except East Germany and Russia has, including the British. And our depth is even better at 20. If everyone stays with it, I can see a third place in next year's Lugano Cup and maybe a good challenge to the Ruskies for second. But of course, first there is this year's Olympics to think of; and how did I get on to that from a silly little Met AAU race, anyway.

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A few results, and we have only a few:

Nat Osk 20 Km, New York, May 13 (Handicap race, but I am listing the fast times only. That's all I have.) 1. Dave Romansky 1:30:04 2. Ray Somers 1:31:25 3. John Knifton 1:32:46 4. Ron Daniel 1:33:00. So now we get an idea of what Somers can do at a longer distance and also find that he can be beaten. Still a pretty good debut at the distance though. Romansky still appears as if he will be tough for anyone to handle at 20 km.

Capt. Ronald L. Zinn Memorial Race Walk, 10 Km, May 30, Hansen Stadium Track, Chicago 1. Jerry Bocci, Motor City Striders 48:37.5 2. Matt Rutyna, Green & Gold A.C 49:39.5 3. Jim Clinton 52:25 (Jim, I think was set back by an injury when he was coming along pretty well.) 4. Larry Larson, Milwaukee T.C 57:38.5 (The Larsons were with my wife on the Track & Field News tour to Tokyo and he started to walk after returning and isn't doing badly.) 5. Rich Godin, Green & Gold 59:42. Style award to Rutyna. No details on this one. I was entered, but decided I would rather stay home and finish building my little Mercedes SSK Sportswagon, 1929 vintage. Blackburn was going to go, but was still suffering from his bum hip developed in Detroit.

Sesto San Giovanni 30 Km, Milan, Italy — 1. Peter Fullager, Great Britain 2:25:24 2. Henri Delerue, France 2:27:01 3. Abdon Pamich 2:30:53 (Pamich was reportedly training at altitude for sometime. Evidently didn't help him much.)

7 Miles Track, London, May 1 — 1. Len Duquemin 51:38 2. Ray Middleton 52:02 3. W. Sutherland 52:54 4. John Moullin 52:58

In Australia, Noel Freeman has had two mile clockings of 13:24.4, 13:11 (6:31 mile), and 13:17, which is a good turn of speed. Freeman won the silver medal at 20 km in Rome behind Golubnichi

2 Miles, Hendon, England, April 16—P. Embleton 13:31.6 2. W. Holloway 13:45.6

Mort Takes Ohio 20 Kilo

Ashland, Ohio, May 19--Jack Mortland (that's me) scored his first victory in about the last zillion races in the Ohio 20 km championship today. The race was held on Ashland College's new all-weather track in cool temperatures, with occassional sunlight, and a light shower at the end. The time was an unsensational 1:42:00 but good enough to keep Chuck Newell (1:51:25) under control. The only other starter was Forrest Conrad, who called it a day at around 8 miles.

Chuck moved right with me through the first two miles in about 16:15. My chief goal in this one was to better my 20 km time on the way to 25 in Detroit (1:42:51). Being as I hadn't done anything to improve myself in the two intervening weeks and considering that I tried to walk a good 20 and then hang on up there, I figured that this would give a good idea of the accuracy of that course. There was perhaps some feeling that the fast times up there were attributable to a short course. I didn't particularly go along with such thoughts but here was a chance to see. Anyway, as you see by the times I did manage to improve but I think I felt worse than I did after the full 25 in Detroit, so I don't suppose I proved anything. Well, I did prove one thing -- that I'm not in very good shape. But I didn't need to prove that.

Anyway, after that first two miles, I pulled away from Chuck while maintaining about the same pace and lapped him around four miles. He stayed with for nearly a mile that time, which probably helped his final time. I managed to hang on to an even pace to about ten miles (about 1:21:30, I don't have the splits) and then sort of wobbled in. My second and third laps of the final mile were in 2:10, so I made a great effort on the last lap, kicking all the way, and lo -- I had another 2:10. I lapped Charlie for the fourth time during that final lap, so he must have been about 9:15 on his final mile. Forrest, who had little time to train what with his studies and managerial duties with the Ashland College track team, stayed with us for the first lap and then slowed to around a 10 minute pace. Blackburn was home enjoying his wife again.

British National 20 km, May 11 -- 1. Paul Nihill 1:31:19 2. John Webb 1:32:13 3. Peter Fullager 1:32:38 4. Jake Warhurst 1:33:35 5. Shaun Lightman 1:34:00 6. Ray Middleton 1:34:06 7. Ron Wallwork 1:34:25 8. Roy Hughes 1:35:03 9. Bill Sutherland 1:35:34 10. George Chaplin 1:35:43 11. Len Duquemin 1:35:50 12. Roland Hardy 1:36:02 13. John Pa dick 1:37:16 14. P. Thorn 1:37:50 15. Bill Fogg 1:37:59 16. Brian Eley 1:38:03 17. P. Markham 1:38:38 18. Alec Banyard 1:38:41 19. Don Thompson 1:38:46 20. Ken Easlea 1:38:59 21. P. Embleton 1:39:02 22. P. Bannon 1:39:18 23. Malcolm Tolley 1:39:59 24. P. Haldmont 1:40:05 179 started, 160 finished. Just got those results today and yesterday I typed that we have greater depth than the British. Well, I guess we don't have 23 guys ready to go under 1:40 yet, but we do have five or six that appear capable of going as fast as Nihill's winning time. So it depends on what I mean by depth, I guess. Nihill and Webb walked together for the first 10 km. Nihill then made a break and opened 100 yards, but Webb caught him again just before 15 km. Nihill then made another break and this time continued to pull away. Fullager started quite slowly, completely opposite of his Lugano race of last fall, and moved through very quickly over the second half.

Loss of a Good Friend

Also received some very sad news today, this being that Race Walking's fine old gentleman, Bert Life, died in Toronto on May 31. Bert had been in the hospital for observation when Jack was in Toronto early in May. He was suffering from loss of peripheral vision at that time. On May 23 he had brain surgery and a malignant tumor was removed. On the 31st he died. We all extend our deepest sympathies to Bert's wife and to the Canadian race-walking fraternity. Bert contributed a great deal to the sport as a competitor, official, promoter, and mostly as a dear friend of all race walkers. His pithy comments from time to time certainly enlivened the pages of the OW. He will surely be missed by all.

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Results of National Jr. 15 Kilometer, Portland Oregon, May 26, 1968 -- 1. Steve Tyrer, Portland TC 1:20:33 2. Mark Price, Santa Clara Valley Youth Village 1:28:15 3. Ken Fowler, Sundowners Limited 1:29:0[illegible] 4. Howard Austin, Glacier Sports Club 1:29:33 5. Larry O'Neil, GSC 1:29:40 6. Manuel Adriano SCVYV 1:32:14 7. Greg Palmer, Spokane, Wash. 1:34:5 8. Wes Edwards, Portland Northeast YMCA 1:35:33 9. Don Jacobs, PTC 1:36:26

Tyrer had nearly a three minute lead in the first 5 kilometers (25:42) and although slowing to 2[illegible] minutes for the last 5, he won going away. Price was a solid second all the way. Austin, in fourth, nipped Larry O'Neil in the last 5 km and gained nearly a half minute on Fowler

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Here are some 5 km splits on that great 25 in Detroit:

DeNoon 23:25, 46:55, 1:09:47, 1:32:28, 1:5[illegible]:13 (note that he had 45:26 for the last 10, which is where he won the race)

Young 23:12, 46:34, 1:09:46, 1:32:42, 1:57 10

Laird 23:13, 46:34, 1:09:48, 1:33:30, 1:58 33

Hanney 23:35, 47:04, 1:10:40, 1:34:16, 1:59:13

Merschenz 23:13, 47:48, 1:11:57, 1:35:52, 2:00:33

Romansky 23:14, 46:44, 1:10:40, 1:35:062:00:48

Klopfer 23:35, 47:1011:11:10, 1:36:11, 2:02:00

Bowman 24:00, 48:22, 1:13:56, 1:37:35, 2:02:37

Daniel 23:35, 47:04, 1:11:50, 1:38:20, 2:04:31

Knifton 24:00, 4[illegible]:28, 1:13:30, 1:38:59, 2:05:59

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Well, here it is Saturday, the third day in the ORW's printing schedule and the mail has just arrived with two results of interest. First, on May 12 in Los Angeles, Larry Young won a 35 km track walk, in which no one seemed to have much interest. At least only two finished and eight dropped out which is a pretty high attrition rate. Larry's time was 2:58:20.8 with Larry Walker second in 3:06:47.6. This is the furthest I can remember Larry W's having walked and its not a bad performance. Among the drop outs were Don DeNoon at 12½ miles in 1:33:55, which isn't a bad workout, Jim Hanley at 14½ in 2:01:24, and Bob Bowman at 10 miles in 81:55.

The other race was a 15 km at Chino won by Rudy Haluza in 1:12:38.4. Ron Laird was a distant second in 1:15:31.6, and it is beginning to look more and more like Ron's injury problems are going to keep him short of his form of last year and this could well keep him off the Olympic team. John Kelly was third in 1:16:49.8 and John doesn't appear to be making the progress we had expected. Jim Hanley came fourth in 1:19:05.9.

Speaking of the Olympics, here briefly is the story on qualifying in the walks. The winner at both Long Beach (20 km) and San Francisco (50 km) will automatically qualify, providing he demonstrates his competitive excellence in the final trial at altitude. This is a bit nebulous. How excellent is excellent. However, they had the same criteria for track and field in '64 and Henry Carr made it alright off a fourth place in the Final Trials.

The other two positions in each walk will be determined in final trials at Lake Tahoe — the 20 on September 9 and the 50 on September 12. A maximum of nine at each distance will be selected from the Long Beach and SanFrancisco (nine in addition to the winner i.e.) for participation in the final trials and for altitude training prior to that. There will be a briefing on all details for the first ten finishers immediately after both the Los Angeles and San Francisco races. Those desiring further information immediately may contact Bill Ross, 2835 N. Lincoln Ave., Chicago, Illinois 60657.

So now, I may as well go out on the limb again and tell you how I think those Long Beach and SF races are going to come out.
20 K. 1. Don DeNoon — right now the only thing I can see stopping Don is either heat, with which he has had trouble in the past, or the judges. However, he seems to have cleared up any style problems. After his exceptionally strong finish and runaway victory at Detroit its hard to imagine him being beaten.
2. Tom Dooley — Not too much heard from Tom recently but he is definitely ready. He will be stronger than DeNoon but not as fast. 3. Larry Young — Larry is just so darn strong now and of course has good speed to boot. But I don't feel he can quite match the other two at this distance. 4. Ron Laird — Ron has really been hampered by long standing injuries and illnesses this season. I'm sure he will be ready mentally but may not stand up physically. It doesn't look like he is going to be back to last year's form by the time of this race, though. Could finish anywhere from first to tenth, since it is so hard to assess his condition. 5. Dave Romansky— I can't see Dave beating any of the first three. He could finish much lower if he lets his nerves get him. 6. Ray Somers — Still a pretty unpredictable quantity. May have problems if it is very hot. The two guys most likely to upset the above are Bill Ranney and Rudy Haluza. Bill has really come on this year and will certainly hang in close all the way. He will have no trouble with the judges and off the record DeNoon and Romansky could. Rudy has been able to compete so little for the past year that one just doesn't know what he is capable of right now. If he is back anywhere close to '66 he will be up there though.
50 Km — 1. Larry Young — Others are coming on strong but I think Larry is just too tough right now. He probably doesn't know himself just what he can do. 2. Tom Dooley — yep, Dooley again. He's strong, fast, and should be relaxed for this one. 3. Goetz Klopfer — It's going to get very tight at this point but Goetz is stronger than others and has more 50's under his belt. 4. Bob Kitchen — Never thought of Bob at this distance until the other day, but its hard to ignore a 4:26 on the track. And I don't think I have observed anyone with more guts and determination. 5. Bill Ranney — Bill may do better than this. As I said, he has really come on this year. 6. Ron Daniel — If he doesn't get psyched out, or what ever has happened to him in a lot of important races in the past. Again, you can't ignore a 4:29 on the track, so he has to be physically ready. Bowman could surprise me, Romansky will be tough, and Kulik is inconsistent and unpredictable. Laird, of course, is a real possibility, but his physical problems seem almost to preclude a good 50 at this point. John Kelly is another possibility, but doesn't seem quite up to it off recent performances. That's it. Let's forgot about the races and send the guys I've named to Lake Tahoe. Oh! The times? Very fast, man, very fast.

I PORTANT RACES FORTHCOMING:

Friday, June 21 — NAAU 2 Mile, Sacramento, Calif.
Saturday, June 29 — NAAU 20 Kilometer, Long Beach, California, 5 p.m.
Friday, July 5 — NAAU One Hour, Kalispell, Montana, 9 a.m.
Sunday, July 15 — NAAU 50 Km, San Francisco
Friday and Saturday, July 19-20 — 3 Miles and 6 Miles at U.S. Master's Track and Field Championships, San Diego, California. Open to anyone over 40. Entry blanks from Ralph Smith, San Diego Recreation Department, Balboa Park, San Diego, Calif.
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Took in another outstanding jazz concert a few weeks ago, which I am sure you are all eager to hear about. This time it was the new Dave Brubeck trio with Gerry Mulligan. Brubeck, as you probably know, broke up his quartet last fall after something like 15 years. He spent six months relaxing and composing and then got together with Mulligan to form this new group, which they plan to keep together for about six months. During that time they will record and play 19 concerts. This was only their sixth concert, I believe, and how we got them in Columbus when their engagements are so limited, I don't know. Anyway, I'm glad we did. Gerry Mulligan has long been one of my favorite musicians and I always liked the Brubeck quartet very much, although more for Paul Desmond than Dave Brubeck. The new group includes Jack Six on bass and Allen Dawson on drums. They played several familar things, but not in a familiar way. They are unique in their arrangements and in their sound, different from either the Brubeck quartet, or any of Mulligan's small groups.

The concert opened with "Basin Street" in a very swinging modern arrangement, definitely not the usual dixieland treatment of the tune. They had selected this and their second number, "New Orleans", because they had just returned from a week in New Orleans. Third selection was a familiar Mulligan original, "Line for Lyons." The treatment was brand new, however, although as Gerry pointed out he still had to play the harmony part. He composed the thing and never gets to play melody. The first set closed with a selection from Brubeck's extended work, "Oratorio." This was what he spent much of his six months on. It's a composition for symphony, choir, and jazz combo and the part of it they did was very appealing.

The second set was devoted primarily to things they were planning for an upcoming engagement in Mexico City, starting with a thing called "An Indian Tune." Three of the things they did in this set had just been written for the Mexican trip and the others were new arrangements, so they were a bit apprehensive what they were going to do to us. They needn't have been. The rapport between musicians of this calibre is always amazing. Following Indian Tune, they did Amapola (sp), first made famous by Helen O'Connell with Tommy Dorsey. Brubeck did things to it Helen O'Connell or Tommy Dorsey never dreamed of, but they were all the right things. Next were two Mulligan things Jumping Beans and one with the name "sun" in the air. They were torn between Lullaby de Mexico and Siesta. I would choose the latter, as it set that mood simply beautifully. The concert closed with a south of the border type tune that I should know but can't put my finger on the title of and with the standard, "Out of Nowhere." Both were done in the swinging, forceful style that marks this great new group. If you have the chance to hear them, don't pass it up. They will have some records out soon, and I'm sure they will be worth your money.
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I'll save the last page for Blackburn to write up tonight's big Ohio AAU 2 Mile. May try to get the next issue out early with a bunch of nothing in it and then come out again as soon as possible after the 50 with coverage of it and the 20. This will get us back close to our original publishing date. We have lost almost a month in a little over three years since we started. But we have probably exceeded the longevity of any other race walking publication in this country and our reliability aint too bad. Our content, maybe. But not our reliability.

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FAT JACK TAKES 2 mi.

Dayton O. June 8 Fat Jack Blackburn (me) won the 2 mile at the A.A.U. Track and Field Championship of Ohio. The most noteworthy thing about this race was the absences of Ohio walkers. Yancho, Duckhom, and Arnold all from Dayton and Doc Blackburn from Worthington were missing from this annual (too bad I can't spell) shuffle. The event was listed on the program but had been dropped because of only one entry. Could this be due to the fact that no one received entry blanks? Anyway Mortland got the race reinstated with a ### violent show of temper (if you can believe that). Chuck Newell, Gary Westerfield (Long Island A.C.), Jacks Mortland and Blackburn toed the line at 10:00 P.M. with no movement of air at all and a high humidity 85 degrees. Into the first turn the announcer shouted " throw that man out" thinking that one of the 3 milers warming up on the outside of the track was in the race. This press box judging shook Westerfield up so much,(it was his first race,) that he quickly gave the lead to Mortland on the first back streach. Mort lead through the first half in 3:45 with Westerfield and Newell out of contention. Blackburn was setting the pace at the mile with a 7:30 and Mortland 7:34. Newell gained slightly on Westerfield over the last half mile but everyone else seperated uniformly in a rather un interesting race. The big competition tonight was between the walkers and the heat. The heat won. For his first race Westerfield did rather well, especially concidering the fact that he wore a pair of running spikes. No one bothered to tell him about it untill after the race--I wounder why? Anyone remember little 125lb. Harry Tegardin , the Dayton A.C. walker of the late 50's? Well last week Harry Placed second in the 165 lb. class of the Ohio State Weightlifting Championship. He was also our judge this evening.

1. Jack Blackburn 14:59.1
2. Jack Mortland 15:13.8
3. Gary Westerfield 15:54
4. Chuck Newell 16:30

The Blackburns', Mary-Jo & Jack are spending their track trip money taking flying lessons(with a Piper)

If our Canadian friends can supply us with the necessary information we would very much like to give a rundown on the athletic and ###professional acomplishments of Bort Lile. I can think of no man who was more universally respected among those who knew him. The Blackburns and the Mortlands and I am sure many others concider his passing a great persional loss.

Glad to hear from old Friend Bill Grandy. He reports that after 1½ yrs he is working out again. Says he is "stiff like an old horse". Any one out There ever felt that way? Bill is talking about going To the Masters in San Diego. Minnon & McDonald will be the men To Beat if they go.