

2010 Raleigh Relays – Race Walk Information
Presented By: North Carolina State University
Saturday - March 27th 2010
Director: Chris Seaton
Race Walk Contact: Michael Roth michael@mjroth.com

ENTRIES

Men's and Women's entries can only be done online at <http://www.flashresults.com/onlineentries.htm>
They must be RECEIVED NO LATER THAN MONDAY, MARCH 22nd 2010.

MAIL CHECK TO:

North Carolina State University
C/O Jackie Brooks
Track & Field Office
Box 8502
Raleigh, NC 27695

Inquiries Call: 919-515-1112 or 919-515-1113

Website: www.gopack.com or www.flashresults.com

ENTRY FEE An entry fee of \$25.00 per each athlete. All entries are to be done on-line, mail entry fee to the address above. Entries will not be processed until entry fees have been received. Entry fees are to be received by Monday March 22, 2010.

MAKE CHECKS PAYABLE TO: North Carolina State University (mail to address above)

DECLARATIONS: Athletes must check in at clerking area 30 min. prior to the start of the event or be scratched. Heats will be drawn after clerking. Report 30 minutes ahead or you will be scratched!

LOCATION The Paul Derr Track & Field Stadium located on Cates Avenue @ North Carolina State University campus. Showers Available upon request, Heidi Humphrey (919) 819-1044, schedule by March 24th .

LODGING

The following hotels are in close proximity to the track, please contact them for great Raleigh Relays room rates:

Holiday Inn Brownstone – Brian Brooks (919) 828-0811, bbrooks@brownstonehotel.com

Summit Hospitality Group Ltd / Marriott Hotels:

Contact Lori Gellenbeck @ 919.881.1110, lgellenbeck@shg ltd.com to book your teams hotel accommodations

Courtyard Marriott Raleigh Crabtree (www.marriott.com/rducy)

Residence Inn Marriott Raleigh Midtown (www.marriott.com/rdurb)

Residence Inn Marriott Raleigh Crabtree (www.marriott.com/rduce)

Fairfield Inn & Suites Marriott Raleigh Crabtree (www.marriott.com/rduct)

Contact Jenny Rabanal at 919.257.5504, jrabanal@shg ltd.com to book your teams hotel accommodations

Fairfield Inn & Suites Marriott RDU (www.marriott.com/rdufa)

TownPlace Suites Marriott Cary / Weston Parkway (www.marriott.com/rdutw)

Marriott Raleigh Crabtree – Amysue Kashubara (704)-299-5030, amysue.kashubara@Marriott.com \$84 w/ breakfast

RESULTS All results will be posted at the top of the stands, at www.flashresults.com and at www.gopack.com.

MEET SCHEDULE

SATURDAY, March 27, 2010

9:30 am 5000m RACE WALK WOMEN & MEN FINAL

**** This race will be the USATF-NC and USATF South Region Championship for the 5000m distance. Awards will be given to USATF members in both categories for the overall top 3 finishers for Men & Women at the conclusion of the race. ****